

UNIVERSITY OF DAYTON CAMPUS RECREATION

INTRAMURAL SPORTS HANDBOOK

2022-2023



University of Dayton

**Campus
Recreation**

PROGRAM OVERVIEW

Intramural Sports programming is designed to provide a structured form of sporting events for the university community. These leagues and tournaments offer a chance for students at a variety of skill levels to participate in a relaxed atmosphere. While we have competitive divisions in many of our sports, recreation remains the number one purpose of our leagues. From an officiating standpoint, our goal is to ensure that we provide quality service consistent with upholding our department and university values.

The University of Dayton offers a variety of intramural sports throughout the entire year through the use of its state-of-the-art facilities: Stuart Field and the RecPlex. These sports can range from competitive to recreational, and leagues can be men's, women's, coed, or open. From our traditional sports like volleyball and flag football, to more unique offerings like battleship, wiffleball, and floor hockey, you can find numerous ways to get active with Intramural Sports.

So sign up, play, have fun, and compete against other members of the UD community to become an Intramural Champion!

CAMPUS RECREATION MISSION, VISION, VALUES

MISSION STATEMENT

Campus Recreation is an energizing force that utilizes play to enrich the lives of others through education, inclusion, and the relentless pursuit of excellence. Rooted in our values, we motivate, inspire, and empower the UD community to lead healthy, active, and balanced lives.

VISION STATEMENT

Intentional, developmentally focused experiences meet fun on the journey to where sport, play, and life meld to create the foundation for lifelong wellness.

VALUES

- Healthy, active lifestyles
- Safety
- Inclusion
- Fun
- Innovation
- Leadership
- Personal Growth and Development

ADMINISTRATIVE STAFF

ANTHONY CARSON

Assistant Director, Intramural Sports

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Email: acarson1@udayton.edu

OFFICE HOURS AND CONTACT INFORMATION

OFFICE HOURS:

Sunday-Thursday: 1:00pm-4:00pm

*Summer office hours will vary on Monday-Thursday

PHONE: 937-229-2396

OFFICE LOCATION:

RecPlex Main Office, Room M24D

2 Evanston Ave.

Dayton, OH 45409

WEBSITES:

[University of Dayton Campus Recreation | Intramurals
IMLeagues](#)

EMAIL: udcrintramurals@udayton.edu

SECTION 1: ELIGIBILITY

ELIGIBILITY

All active Campus Recreation members are eligible to participate in Intramural Sports. It is the responsibility of the team captain to verify the eligibility of their teammates.

GUEST PASS POLICY

Individuals who purchase a daily guest pass are considered Campus Recreation Members and may participate in intramural sports on the day(s) their pass is valid. They must present their University of Dayton ID or transaction receipt upon check-in at their game, and must be on the IMLeagues roster.

ENTRY PROCEDURE

Teams and individuals are required to sign up for Intramural Sports activities through IMLeagues.com. Every player must **create a profile on IMLeagues** and sign-in for their respected team(s) prior to playing in their first game. IMLeagues is free and information provided is completely confidential within Campus Recreation. IMLeagues is UDCR Intramural Sports' team registration system and captains must create their teams during the applicable sport registration dates to be able to participate. It is best practice to register as early as possible as all of the sports are filled on a first come, first served basis.

Teams are not confirmed and locked into a division until they have reached minimum player requirement. Teams that do not meet the requirements may be placed on a waitlist.

Teams on a waitlist may have the opportunity to get into a division/league if confirmed teams drop out of their division/league.

If you have any problems with team registration, contact us at udcrintramurals@udayton.edu or (937) 229-2396. The sports offered and their respective registration periods can be found on IMLeagues and on the **Campus Recreation Intramural Sports Schedule page**.

NUMBER OF TEAMS

In a single season of a sport, participants are limited to a certain number of teams.

Male participants may play on:

- 1 Men's Team (Competitive or Recreational) AND
- 1 Coed Team (Competitive or Recreational or Open) AND
- 1 Fraternity/Special Group* Team (includes 6ft. and under basketball)

Female participants may play on:

- 1 Women's Team (Competitive or Recreational) AND
- 1 Coed Team (Competitive or Recreational or Open) AND
- 1 Sorority/Special Group* Team (includes 6ft. and under basketball)

**If you believe your group may count as a special group, it must be approved by the Competitive Sports Professional Staff. Special groups may include, but are not limited to residence halls, sororities, or academic department teams.*

Teams found to have participants not following the above eligibility policies may have games forfeited regardless of the actual outcome. The participants in question may be suspended from that specific team or all intramural activities for any length of time deemed appropriate.

When competitive and recreational divisions are offered for the same sport, individuals may only play in one division.

NONDISCRIMINATION AND TRANSGENDER ATHLETE PARTICIPATION

Guided by the University of Dayton's Catholic and Marianist values, **Campus Recreation is committed to diversity, inclusion, and gender equity for all students.** The program seeks to establish and maintain an inclusive culture that fosters equitable participation for all students.

Recognizing that for many students, understanding one's gender identity is a complex process that occurs over time, Campus Recreation encourages participants to contact the Assistant Director of Intramural Sports to help determine which division would most appropriately fit their participation needs. For non-binary students, please note that while IMLeagues will prompt you to choose whether to participate as a male or female due to their current website settings, you will appear as non-binary to your peers on your IMLeagues profile.

Individuals may play on a team that best matches their gender identity. Individuals who most closely identify as male are welcome to participate in Men's, Coed, or Open leagues. Individuals who most closely identify as female are welcome to participate in Women's, Coed, or Open leagues.

If individuals participating in Intramural Sports experience any form of discrimination, harassment, or bias, please report the behavior to the onsite supervisor immediately and/or **submit a report** through the **University's Equity Compliance Office**. In addition, please see the **Conduct of Players & Fans** section within this handbook for processes related to unsportsmanlike behavior. UDCR Competitive Sports staff respects each individual's confidentiality.

For questions related to this policy, please contact UDCR Intramural Sports Professional Staff or **University of Dayton's LGBTQ+ Student Services**.

SPORT CLUB ATHLETE POLICY

An intramural sports team may not have more than two players from a Sport Club-equivalent sport on their Intramural Sports team roster. A Sport Club player is defined as any individual who has been on a club's roster at any point during the present academic year.

Any Sport Club-equivalent player must participate at the highest level available (if a competitive and recreational league are offered, they may not participate in a recreational league).

The following chart is the Sport Club to Intramural Sport equivalence:

SPORT CLUB	INTRAMURAL SPORT EQUIVALENT	SPORT CLUB	INTRAMURAL SPORT EQUIVALENT
Baseball	Softball	Basketball	Basketball
Ice Hockey	Floor Hockey	Soccer	Soccer
Softball	Softball	Field Hockey	Floor Hockey
Tennis	Tennis	Ultimate Frisbee	Ultimate Frisbee
Volleyball	Volleyball	Water Polo	Innertube Water Polo

VARSITY ATHLETE POLICY

Varsity athletes are not eligible to participate in their equivalent intramural sport until a period of one calendar year has passed following the completion of all activities with the team. After the period has passed, former intercollegiate athletes must participate in the highest available level of play (competitive leagues). Intercollegiate athletes are defined as individuals who are practicing with or competing with a team recognized as a varsity sport. Included in this rule are red-shirt athletes and practice squad athletes.

PROFESSIONAL ATHLETE POLICY

Professional athletes, current or former, may not participate in their respective or alike sport, activity or any event. A professional athlete is defined as a person who has been paid to participate in a sport, under contract with a professional team, included on a professional team roster, practiced with a professional team and/or compensated for trying out for a team.

ID POLICY

It is mandatory that players and spectators have their valid University of Dayton I.D. card to participate in any intramural contest. Providing false identification will result in confiscation of I.D., ejection from the contest, an automatic suspension from Intramural Sports activity, and will be subject to further consequences according to the [University Handbook](#).

Participating in Intramural Sports is a privilege and the Competitive Sports Staff holds the right to deny anyone participation due to but not limited to the following reasons:

- Participant safety
- Participant appears to be under the influence of drugs or alcohol
- Poor sportsmanship
- Improper equipment
- Other

ILLEGAL PARTICIPATION

Teams found to have participants not following the aforementioned eligibility policies may have games forfeited regardless of the actual outcome. The participants in question shall be immediately ejected and may be suspended from that specific team or all intramural sport activities and Campus Recreation facilities for any length of time deemed appropriate. Participation is defined as the individual's name appearing on the roster and/or stepping onto the field of play for any period of time during game play. The Competitive Sports Staff reserves the right to investigate the eligibility of any participant at any time. It is not necessary for a team to file a formal protest for a player to be ruled ineligible.

SECTION 2: LEAGUES, DIVISIONS, AND SCHEDULING

LEAGUES

- **COED**
For teams who are comprised of men and women. In most sports, these leagues have a gender ratio requirement of men and women.
- **MEN'S**
For teams who are comprised of only men.
- **WOMEN'S**
For teams who are comprised of only women.
- **OPEN**
Offered for both men and women without a gender ratio requirement.
- **FRATERNITY**
For teams who are comprised of individuals of an active traditional or non-traditional Greek fraternity on campus. Participants must be current, active members of the organization they are playing for.
- **SORORITY**
For teams who are comprised of individuals of an active traditional or non-traditional Greek sorority on campus. Participants must be current, active members of the organization they are playing for.
- **SIX FEET AND UNDER**
For participants who are at or under the height of six feet.

In activities with separate divisions for men's and women's competition, no person may participate in a division of the opposite gender. When an activity is not offered to both men and women (in separate divisions) or there is not enough of one gender to form a league, that gender will have the opportunity to compete with the opposite gender.

In addition, many intramural sports provide different levels of competition:

- **RECREATIONAL**
Teams participating at this level will play in a less competitive atmosphere. Player ability is not as important as having fun and socializing. Recreational levels are offered for a range of interests including competitive play, social gathering and/or individuals learning a new sport.
- **COMPETITIVE**
Teams participating at this level will play in a more competitive atmosphere. Players generally are highly skilled and wish to compete at a higher level.

NOTE: Not all leagues are always offered. Teams may also be switched into different leagues at the Competitive Sports Staff's discretion.

DIVISIONS AND SCHEDULING

In most intramural sports, within the respective leagues, teams may sign up to play in a specific division. This division generally plays on the same night and around the same time each week of the regular season. The official days and times of scheduled contests are posted to IMLeagues prior to the season starting, and it is the responsibility of each team member to check their schedule.

Below are a few examples of how divisions may be listed:

- **SUNDAY, 6:00PM**
Teams will play on Sunday every week at 6:00pm.
- **SUNDAY, 6:00PM/7:00PM**
Teams will play on Sunday every week, but their game start time may fluctuate between 6:00pm or 7:00pm.
- **SUNDAY, 6:00PM–9:00PM**
Teams will play on Sunday every week, but their game start time may fluctuate anytime between 6:00pm and 9:00pm.

In most intramural sports with full seasons, teams will receive 2–4 regular season games at the times described above. Please see the **Playoffs** section of this handbook in regard to postseason games.

During summer programming and in Intramural Sports Tournaments without full seasons, divisions are generally not offered, and games are scheduled off team availability inputted into IMLeagues. Number of games and format of these sports vary and are communicated following registration.

SECTION 3: CAPTAIN'S RESPONSIBILITIES

TEAM CAPTAIN

The captain and/or co-captain(s) are responsible for the following:

- Forming their team, and registering the team on IMLeagues.
- Informing his/her team about the rules governing the specific activities, as well as the dates, times, and location of the team's games.
- Ensuring proper behavior of teammates and of the team's spectators, including not allowing teammates and spectators to bring pets into UDCR facilities (exception for service animals).
- Notifying and ensuring all players and spectators that alcohol, tobacco and any other illegal substances are prohibited in all UDCR facilities and nobody is allowed to participate or spectate while under the influence of alcohol or other illegal substances.
- If a team is unable to have enough players at their game, completing the [Default Request Form](#) and submitting the form online by 2:00pm the day of the game.
- Confirming that all players on their team have signed-in with the Competitive Sports Staff with a valid UD ID or UDCR Membership card at least 10 minutes before game time.
- Confirm the game result with the official after the game.
- (If applicable) Selecting a playoff bracket position on IMLeagues when brackets are published.

TEAM NAMES

The University of Dayton's **Commitment to Community** stresses the importance of treating others with respect, taking responsibility for self and community, and living with integrity. With respect to this mission, we want to practice behavior that is not insulting, demeaning, destructive or harmful to you or others. Therefore, Intramural Sports team names shall not include any of the following:

- Any language not consistent with the C2C Mission
- Sexually suggestive language
- Foul language
- References to alcohol, drugs, or tobacco
- References to race, religion, sexuality/sexual preference
- Any connotation of the above

ADDITIONS TO THE ROSTER

Roster additions can be made at any point during the season. All additions must be made online at IMLeagues. All participants must be on the roster to be eligible to participate.

SECTION 4: PARTICIPANTS

RESPONSIBILITIES

The Competitive Sports Staff is proud to offer a variety of activities and events to the University of Dayton community. However, each person participating in an Intramural Sports event assumes responsibilities as an individual participant. Participants are responsible for:

- Creating an account on IMLeagues.
- Agreeing to the participant waiver on IMLeagues.
- Joining your team roster before participating.
- Completing any applicable participant quiz for the sport you wish to play on IMLeagues.
- Knowing their team's game, time, and location.
- Bringing a valid University of Dayton or Campus Recreation ID to all Intramural Sports games.
- Being familiar with all rules, schedules, policies, and procedures including the sportsmanship and eligibility policies of the Intramural Sports Program.
- Cooperating before, during, and after competition with the Competitive Sports Staff on site.

FREE AGENTS

No team, no problem! You can list yourself as a free agent in as many divisions within a league as you want. You will be visible to all members of the site and can request to join teams or post information about yourself so teams can request to add you to their team.

ALCOHOL & OTHER DRUGS

Alcohol and other drugs are prohibited at the University of Dayton Campus Recreation facilities. All alcoholic beverages are not permitted at any University of Dayton Campus Recreation event. Violators will be asked to leave the playing area. Teams are responsible for the action of their teammates and fans. Any individual participating under the influence of alcohol or other drugs will be subject to disciplinary measures per the **University Handbook**. If alcohol or other drugs are present, the contest will not be played and will be considered a forfeit. Campus Recreation Staff are permitted to inspect items to ensure a safe atmosphere for all participants. If individuals do not comply with Campus Recreation Staff requests, they may be subject to ejection/removal from the game and/or facility.

EQUIPMENT & ILLEGAL EQUIPMENT

Athletic footwear and attire is required and shirts must always be worn—including under UDCR-provided jerseys. All other pertinent game equipment will be provided by the Campus Recreation Department with the exception of gloves for softball. It is also recommended that in any sport where a jersey is required that teams provide their own jerseys of a similar color to be used instead of using the jerseys provided by the Campus Recreation department. *Exception: Sports played on the sand volleyball court prohibit the use of shoes.

The use of illegal equipment is grounds for removal from the remainder of the game. The following items are prohibited in all intramural activities:

- Earrings
- Jewelry of any kind
- Watches (including Fitbits)
- Metal cleats
- Black-sole marking shoes
- Participating without footwear (exception: sports played on sand volleyball court)

Religious medallions and medical alert bracelets may be worn only if given approval by the Competitive Sports Professional Staff. Please e-mail udcrintramurals@udayton.edu to schedule a meeting to have your religious and/or medical equipment reviewed.

JEWELRY

Jewelry is *not permitted* in any Intramural Sports game/event. Captains are responsible for communicating this to their team members. The Competitive Sports staff will enforce penalties if they catch a jewelry violation. Taping or covering up jewelry is NOT permitted.

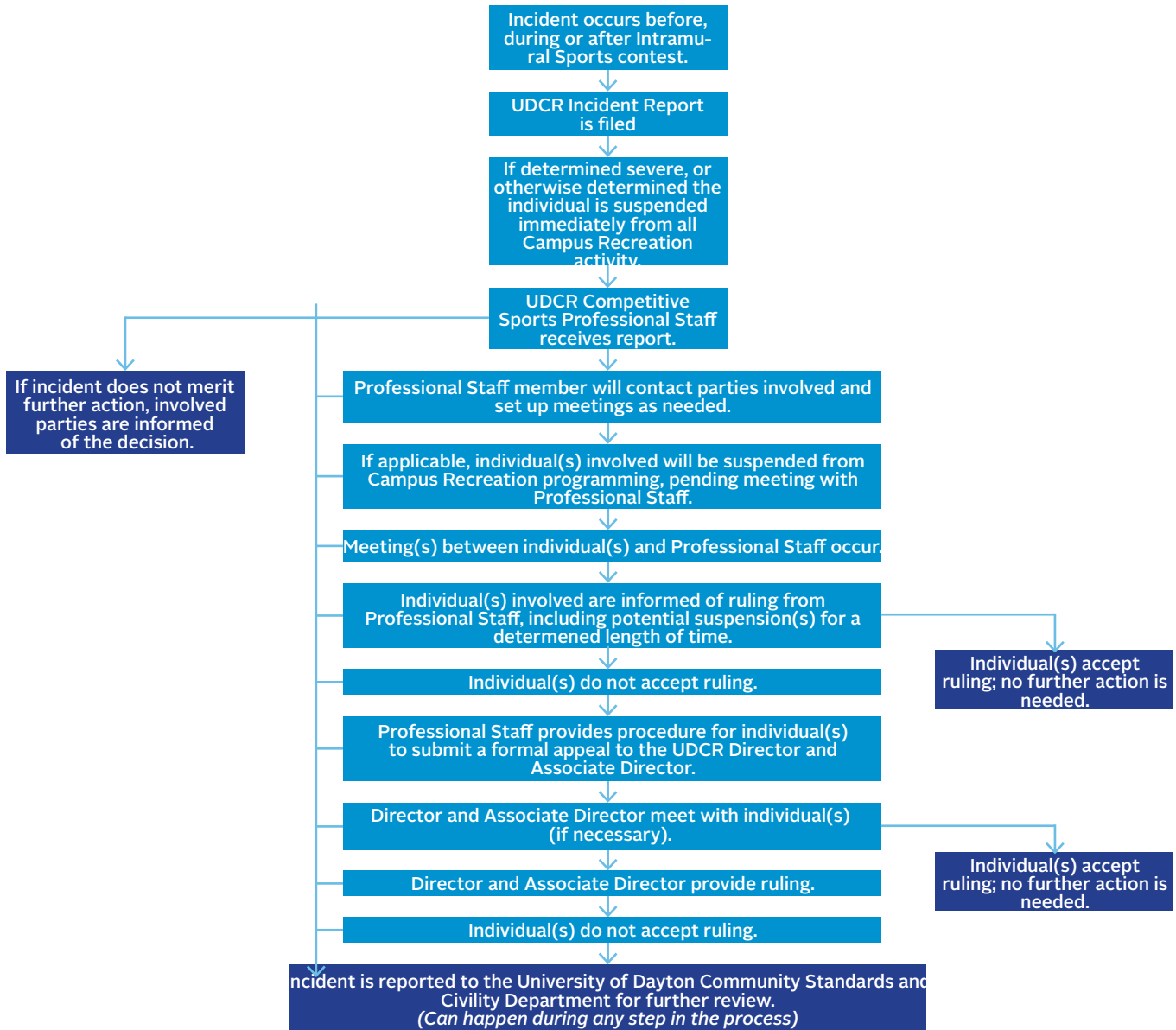
- Sweatbands are permitted; however, hats, bandanas, and any headwear with a knot is not permitted.
- Rubber, cloth, or elastic bands may be used to control hair. Hard items such as beads, barrettes, and bobby pins are not permitted.
- A guard, cast, or brace made of hard and unyielding leather, plaster, pliable plastic, metal, or any other hard substance, even though covered with foam padding, is not permitted on the finger, hand, wrist, forearm, or elbow.
- Knee and ankle braces that are unaltered from the manufacturer's original design/production shall be permitted and do not require additional padding.
- Knee and ankle braces that are altered from the manufacturer's original design/production shall be permitted as long as they are soft and yielding, or all exposed metal and other hard parts are padded with at least ½-inch foam rubber (or ¼ inch closed cell, slow recovery foam rubber).
- Participants may not play while wearing exposed zippers, metal snaps, or exposed metal on clothing and/or equipment.
- The use of any hard or dangerous head, face, or body protection equipment is illegal.

CONDUCT OF PLAYERS & FANS

A main objective of the UDCR Intramural Sports Program is congruence with the University of Dayton’s **Commitment to Community**. As such, practicing good sportsmanship is vital to the success of every contest. In order to maintain this philosophy, each participant is accountable for his/her actions and each team captain is responsible for the actions of the team members, as well as team spectators. In order to encourage proper conduct during games, officials and supervisors shall make decisions on whether to warn, penalize, or eject players or teams for poor sportsmanship. These decisions are final.

Any participant, fan, or spectator who is ejected from a game will be immediately suspended from all Campus Recreation activities including all or some remaining intramural sports contests and access to the RecPlex and Stuart Field. The Professional Staff have the right to also suspend the captain or anyone else involved in the incident. A meeting must be set up with the respective Professional Staff member in order to discuss the incident to determine future participation.

An incident report is filed by UDCR Staff for any technical foul, yellow card, warning, or other sportsmanship or safety violation before, during, or after an intramural sports contest. The below diagram details the procedure UDCR Staff will enact once an incident occurs:



SECTION 5: GAME POLICY (FORFEITS, DEFAULTS, RESCHEDULES, & PROTESTS)

READY FOR PLAY

All teams are expected to be “ready for play” at the scheduled start time of their game, as listed on IMLeagues. “Ready for play” means the minimum number of players required to begin a game have checked-in, are properly equipped, and are standing on the court/field waiting for officials to start the game.

GRACE PERIOD PENALTIES

Teams that are not “ready for play” at their scheduled game time shall start the game with a “3” sportsmanship rating and are subject to the grace period penalties outlined in each sport’s rules. Teams that are “ready for play” may choose to decline any and all sport-specific penalties for their opponent. However, the game clock will start at the scheduled game time regardless of the number of teams “ready for play”.

FORFEITS AND FEES

A forfeit occurs if a team is not “ready for play” ten (10) minutes after their scheduled game time. Teams that forfeit receive a “1” sportsmanship rating.

Teams that forfeit during the regular season or playoffs are subject to a \$20.00 forfeit fee. Forfeit fees are the responsibility of team captains and must be paid at the RecPlex Main Office or Welcome Desk. Teams that forfeit twice, or at any time during the playoffs are automatically removed from the league and their team captain is subject to the penalties listed above.

RESCHEDULING POLICY

Due to the amount of games played each night, UDCR Competitive Sports DOES NOT reschedule games for any teams. To play at a different time, please contact the captain of another team in your league (men’s, women’s, coed, etc.) and see if they are willing to switch game times. If agreed upon, ALL CAPTAINS INVOLVED must email udcrintramurals@udayton.edu by 2:00 PM on the day of the game, and the Competitive Sports staff will confirm with both teams and make the change on IMLeagues. Playoff games may not be rescheduled unless done by UDCR Competitive Sports staff.

DEFAULTED GAME FORMS

Teams that are unable to play in their scheduled game but wish to avoid forfeiting may complete the online Defaulted Game Form. The submission deadline is 2:00pm on the day of the game being defaulted or Noon on Sundays. The opponent will be awarded a “win”, and the defaulting team will receive a “loss” and “3” sportsmanship rating for the game. Teams that default during the playoffs are automatically eliminated from the bracket. Teams that miss the submission deadline are required to play in their scheduled game. If they are unable to play, the game is considered a forfeit.

POSTPONEMENTS & CANCELLATIONS

During the regular season, games that are cancelled prior to their scheduled start time or postponed mid-game due to weather or unforeseen circumstances will not be rescheduled by UDCR unless facility time and space is available. During the playoffs, cancelled or postponed games will be rescheduled for a later date. In all cases, teams should assume they are playing at their scheduled time unless contacted by UDCR Staff via IMLeagues, email, phone call, or text message.

PROTESTS

All protests must be submitted at the time of the infraction and submitted to the Competitive Sports Supervisor on-site. Protests may be made on the participation of an ineligible player or rule interpretation. Protests on the basis of rule interpretation must be made prior to the next live ball. Protests on the basis of player eligibility may be made at any time. Under no circumstances will an official's judgment be grounds for a protest. In the case of rule interpretation, the Competitive Sports Supervisor is permitted to make a decision immediately if they so desire. If a decision is not made on-site, it will be submitted via a formal protest form for review by the Competitive Sports Professional Staff. After receiving the protest, information of the protest will be clarified and the Professional Staff member will respond no later than two business days with a decision to either uphold or deny the protest. During playoffs, the response will be the following day. All decisions of the Competitive Sports Professional Staff are final.

SECTION 6: SPORTSMANSHIP RATINGS

REGULAR SEASON

At the conclusion of each regular season game, teams receive a sportsmanship rating from the officials who worked their game. Team captains are advised to confirm their sportsmanship rating with the game officials following the conclusion of the game. Ratings are based on a GPA scale, and are as follows:

4.00

3.00

2.00

1.00

Teams must accumulate an average sportsmanship rating of 2.75 or higher during the regular season in order to be eligible for playoffs. Teams that do not meet this rating will not participate in playoffs.

PLAYOFFS

Teams must maintain a minimum sportsmanship rating of 2.75 throughout all playoff contests to remain eligible for further play. If a team wins a playoff contest but does not receive a sportsmanship rating above a 2.75, they automatically forfeit their game, and their opponent advances. If neither team finishes the game with a sportsmanship rating of at least 2.75, neither team advances in the playoffs. If a team drops below 2.75 during the course of a game due to unsportsmanlike behavior, the game is ended immediately, and their opponent is awarded a victory regardless of the current score.

SECTION 7: PLAYOFFS AND AWARDS

PLAYOFFS

For all regular season team sports, a single-elimination playoff will be held at the end of the regular season to determine the campus champions. All teams that completed the regular season and maintained a sportsmanship rating of at least 2.75 will be eligible for the playoffs. Playoffs may be held on any day of the week and teams must be prepared to play at different times from when they played during the regular season. For many sports, captains will have the opportunity to select their spot in the playoff bracket. There is no rescheduling of playoff games unless done by the Competitive Sports Staff.

AWARDS

Intramural Sports Championship T-Shirts will be presented to all postseason champions. In order to be eligible to receive a shirt, the player must be signed-in on the roster and have stepped onto the court or field to play some amount of time in the championship game. If a player signs in but does not enter the game at any point, he or she is not eligible to receive a t-shirt. Anyone who is/was ejected from an intramural contest during the season or playoffs will not be eligible for a t-shirt. T-shirts will be distributed immediately following the conclusion of a championship game. A team picture will also be taken at this time, and will be posted on UD Campus Recreation social media outlets.

Maximum allotment for shirts per team is as follows:

- **SOFTBALL** — 15
- **BASKETBALL** — 10 (5 for 3v3)
- **FOOTBALL** — 12 (6 for 4v4)
- **SOCCER** — 12 (8 for indoor)
- **HOCKEY** — 10
- **VOLLEYBALL** — 10 (6 for sand)
- **ULTIMATE FRISBEE** — 12
- **OTHER** — Competitive Sports Office discretion
- **INDIVIDUAL/DUAL SPORTS** — Top finishers will receive t-shirts

SECTION 8: GAME OFFICIALS

GAME OFFICIALS

The success of the UDCR Competitive Sports Program is contingent upon the quality of its sports officials and participants. Intramural Sports contests are officiated by University of Dayton students. They are not professionals and are paid modestly for the service they perform. They deserve and expect your cooperation, respect, and sportsmanlike behavior. UDCR Student Employees are trained to perform these jobs, and we expect them to officiate to the best of their ability.

BECOMING AN OFFICIAL

If you are interested in becoming an Intramural Sports Official, please contact the UDCR Competitive Sports Office (udcrintramurals@udayton.edu or 937-229-2396).

OFFICIALS FOR YOUR EVENT

If you would like to obtain officials for your own event or tournament, please contact the UDCR Competitive Sports Professional Staff.