

-Spring 2024-

WELCOME TO THE OSHER LIFELONG LEARNING INSTITUTE AT THE UNIVERSITY OF DAYTON

The Osher Lifelong Learning Institute (UDOLLI) began 29 years ago as the University of Dayton Institute for Learning in Retirement or UDILR. Since 2004, we have been proud members of the Osher Lifelong Learning Network, a group of 125 institutes across the country dedicated to meeting the needs of adult learners over 50 years of age who wish to gather for the joy of learning and personal fulfillment.

OUR MISSION STATEMENT

The purpose of the Osher Lifelong Learning Institute at the University of Dayton is to offer adults 50 years or better a wide variety of seminars based on the peer-learning concept and designed to be intellectually stimulating in an informal and noncompetitive environment.

We are a vibrant community

We are adults with wide-ranging interests in art, current events, health and fitness, history, literature, music, religion, and science. A curriculum committee works with the Executive Director of Special Programs and Continuing Education to select our curriculum on the basis of member requests, the expertise of moderators, variety and balance. Moderators include University of Dayton (UD) professors and community professionals who lead peer-to-peer informal lecture and discussion seminars that typically meet once a week for two hours, for three to eight weeks.

Our seminars are noncredit

There are neither tests nor grades, nor educational requirements. Participation is essential, ranging from keeping up with assigned readings and contributing to seminar discussion to sharing the results of one's own research. A majority of our seminars are held on the University of Dayton River Campus in Daniel J. Curran Place, 1700 South Patterson; others are on the UD main campus with a few at off-site locations, such as the Boonshoft Museum of Discovery.

UDOLLI is a cooperative venture

We rely on the contributions and participation, both in seminars and out, of each member. Members assist the Executive Director of Special Programs and Continuing Education by moderating seminars, coordinating lecture series, leading small group discussions, organizing activities and volunteer projects, serving on the board of advisors and committees, acting as seminar liaisons, helping in the office, and volunteering for all other tasks that keep us going.

Becoming a member of UDOLLI is easy

Registering for seminars is simple and convenient. Page 50 gives complete registration information and procedures. Once you register for a seminar, you automatically become a UDOLLI participating member for the current academic year. The term of membership conforms to the academic calendar, beginning in September and ending in June.

Friends of the Institute are individuals who donate \$80 or more each year to support UDOLLI's goals; Life Members are individuals making a one-time donation of \$2,000 or more; and Distinguished Service Life Members are individuals giving UDOLLI extraordinary service. Life and Distinguished Members may attend seminars at no cost.

We are part of the University of Dayton's Office of Special Programs and Continuing Education, directed by Julie Mitchell, and sponsors lifelong learning and professional development programs. Founded in 1994 as the University of Dayton Institute for Learning in Retirement, we have grown from the original ninety-eight members to more than 2,000 members.

Enjoy member benefits

As a UDOLLI member, you are invited to participate in UDOLLI activities and related continuing education-sponsored events such as the Duane W. Chapman Senior Symposium, Senior Fellows undergraduate audit program, New Horizons Music, Dayton Celebration Chorus and University programs. Page 46 gives more information about these programs.

As a UD community member, you are invited to participate in UD-sponsored activities such as lectures, recitals, and art and cultural events, and enjoy campus privileges such as Roesch Library and the RecPlex (membership fee required). You're welcome to shop at the UD bookstore and eat at the campus coffee bars or Riverview Cafe, Curran Place. For identification, you'll use your name badge received upon registering for your first seminar.

You may qualify for a grant

If you meet certain financial criteria, you may qualify for a UDOLLI grant, entitling you to enjoy all UDOLLI member benefits and attend seminars at no cost or a reduced cost. Please contact Julie Mitchell at jmitchell1@udayton.edu, or call the office of Special Programs and Continuing Education at 937-229-2605 for additional information. All requests are confidential.

RTA

If you wish to ride the RTA, call the RTA Ride Line at 937-425-8300 for schedule and senior discount information.

Are you interested in moderating a seminar?

UDOLLI is grateful to its volunteer moderators who share their knowledge and provide a comprehensive curriculum. Moderators become Friends of the Institute for the academic year in which they teach. They and their spouses can enjoy member benefits and may attend seminars during the year at no cost. If you are interested in learning more about becoming a moderator, Julie Mitchell will be happy to talk with you. Call Special Programs and Continuing Education at 937-229-2605 or email jmitchell1@udayton.edu for more information.

UDOLLI Privileges

Your UDOLLI nametag gives you access to:

- University Libraries
- The RecPlex (membership fee required)
- UD Bookstore

Call 937-229-2347 for more information.

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Techniques for Making Beautiful Greeting Cards

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Getting More Out of Your Apple Watch ZOOM

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Frances Perkins: Agent of Change NEW ZOOM

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For questions and additional information

UDOLLI is interested in helping you attain your lifelong learning goals. To read our catalog online, visit go.udayton.edu/UDOLLI. For more information or to be added to our mailing list, please call the office of Special Programs and Continuing Education at 937-229-2605 or 937-229-2347.

MONDAY SEMINARS

Amendments to the Constitution: Adopted, Rejected, and Proposed ZOOM

This seminar covers the 27 Amendments to the Constitution with some of the history leading to adoption. It also covers the 6 Amendments approved by Congress but not ratified by the States. Some of the many proposals for amendment are discussed along with consideration of the amendments that should be made.

6 Mondays, March 18-April 22

9:30-11:30 a.m., ZOOM

Alan Biegel graduated from the University of Dayton in 1963 with a Bachelor of Arts, and from Chase College of Law in 1967, with a Juris Doctorate. Alan practiced law in Montgomery County, Ohio, for 47 years. He has presented seminars in UDOLLI on the Constitution and other legal subjects.

Among the Best Joel McCrea Westerns NEW

In this seminar we'll focus on the films: *Wells Fargo* (1937), *Buffalo Bill* (1944), *Ramrod* (1947), *Colorado Territory* (1949), *Stars in My Crown* (1950), *Ride the High Country* (1962). There will be an introduction before and a discussion after each film.

6 Mondays, March 18-April 22

9:30-11:30 a.m., Daniel J. Curran Place

Michael McFadden has a B.S. in education (1967) and an M.A. in history (1971), both from the University of Dayton. He taught English and Social Studies at Chaminade High School from 1967-1973

and was a trainer at Metropolitan Insurance from 1979-1984. As a film buff, he has seen thousands of movies including almost all of Joel McCrea westerns.

Architecture in Dayton

You have probably driven, walked, or biked past them many times, or seen pictures in books, magazines or postcards. They are the residential, commercial, and institutional buildings, and public “spaces” that make up our environment ... the Architecture in Dayton. This seminar will pull back the façade of some of the most recognizable buildings of the 19th – 21st century in Dayton and beyond. We will discover the “story” behind the architect, and architecture ... the power and vision that made it happen ... and reflect on how architecture is a product of its time. We will include 2-3 field trips.

Seminar limit: 30

5 Mondays, March 18-April 15

9:30-11:30 a.m., Daniel J. Curran Place

***Tom Thickett** retired as president of the Dayton architectural firm of Levin Porter Architects Inc., a regional architectural firm with education, medical, and cultural projects in Ohio, Indiana, and Michigan. A Dayton native, he received his Bachelor of Architecture degree from The Ohio State University and served as president of the Dayton Chapter of the American Institute of Architects. He is a member of Holy Angels Parish. In addition to his volunteer involvement in UDOLLI, he currently volunteers as a historical interpreter for Dayton History at Carillon Park, Hawthorn Hill, and the Patterson Homestead.*

Creation through Evolution - Science meets Faith

Evolution illuminates that creation in our universe involves ongoing change and complexification through cycles of “birth, life, and death”. This seminar will promote basic understanding of scientific methods, cosmic, planetary, biological and human evolution and discuss challenges for humanity. Though scientific, the seminar will also discuss world views and religious faith in line with Pope John Paul II’s statement, “truth does not contradict truth.” The moderator provides preparatory material for each topic.

6 Mondays, March 18-April 22

9:30-11:30 a.m., Daniel J. Curran Place

***Rev. William Stang M.D.** taught 40+ years as a Professor of Biology at St. Joseph’s College, Indiana. He taught anatomy, human and cellular physiology, histology, and microbiology/immunology. He also*

was Dean and teacher in the College's liberal art Core program whose courses were team taught using readings, lectures, and small group discussion. Fr. Stang's degrees include: M.A. Microbiology, Indiana State Univ.; M.Div. Catholic Theological Union and M.D. Indiana University School of Medicine. He is a retired Chaplain (COL) United States Army.

The Tragedy of Othello NEW

Do you know anyone as evil as Iago? Are you opposed to interracial marriage? However one answers these questions, Shakespeare's *Othello* is bound to intrigue!

Recommended text: Any edition of Shakespeare's *Othello*, though preferably with notes. It is also recommended to read a synopsis of the play prior to the first seminar.

6 Mondays, March 18-April 22

9:30-11:30 a.m., Daniel J. Curran Place

Gary Mitchner is a Professor Emeritus of English at Sinclair College where he taught Shakespeare. He is a poet and Poet Laureate of UDOLLI.

African-Indian Quilting: Design and Create Your Own Art Quilt

The seminar presents the history of African-Indian quilts and the techniques used to make them. Participants will design and create their own art quilt in class. Everyone is welcome. No prerequisite skills needed except the desire to create an art quilt. Participants will need to bring scissors to each session. All other materials will be supplied.

Seminar limit: 15

6 Mondays, March 18-April 22

12:30-2:30 p.m., Daniel J. Curran Place

*After at least 60 years as a seamstress, but with a love of visual arts, **Carroll Schleppi** began art quilting upon her retirement twenty plus years ago. She has exhibited in national quilt shows and locally. At the University of Dayton she taught in the Engineering Technology and Mathematics departments.*

Jeanne Schoenharl has been sewing since she was a teen but did not quilt until she discovered this technique. She is active with the Nordale Park Community Garden and taught English at Sinclair Community College

Behind the Scenes at the Human Race Theatre Company NEW

This seminar will cover the process of staging a play, from deciding to do a play through opening night. Session one will cover artistic aspects such as which play, finding a director and cast, etc. The second session addresses production planning covering topics such as set design, lighting, costumes, etc. The third session will cover the production process where we will see how things are built and see the sets going up. The sessions will have short presentations and then be guided by questions from attendees. The seminar will be held at the Loft Theatre in Downtown Dayton.

Seminar limit: 30

3 Mondays, March 18-April 1

12:30-2:30 p.m.; The Loft Theatre, 126 N Main St, Dayton, OH 45402

Emily N. Wells is an award-winning theatre director, creative producer and educator with over 25 years of experience, including a significant emphasis on new plays and musicals. She joined The Human Race Theatre Company as its 4th Artistic Director in 2022 directing *Grounded* to kick off her first season, following that with the world premiere of *This is Tom Jones!* Emily also directed the recent Houston Grand Opera World Premiere *Another City*, a new opera that tells the true stories of un-housed Houstonians and those who aid them. This winter, she directed *A Doll's House, Part 2* at Wright State and serves on the Advisory Board for the Sinclair Department of Fine and Performing Arts. Other directing credits include Rice University, Gulfshore Playhouse, Circuit Playhouse, Theatreworks/USA among others. She holds an MFA in Directing from the University of Memphis, a BA in Theatre from Washington University in St. Louis, and is an SDC and AEA Member. In her early career, Emily stage managed on and off Broadway, regionally and on national tours. She is proud to call Dayton home.

Jim Longley is a retired engineer who worked for the Air Force at WPAFB for over 38 years. He has been attending UDOLLI seminars for over 10 years. He has been volunteering at Dayton Live since 1993 and has been impressed by the plays presented by The Human Race at the Loft Theatre.

Famous American Paintings and What They Teach Us About Our History

This seminar will view and study famous American paintings from the Puritan times to present. Famous artists will include Gilbert Stuart, Thomas Moran, Homer Winslow, Norman Rockwell and many others providing us with a lens upon American history. We will examine how the paintings not only reflected history but life.

6 Mondays, March 18-April 22

12:30-2:30 p.m., Daniel J. Curran Place

Greg Gibson is a former Presbyterian minister, attorney, professor and now a professional artist. He studied history in college and theology at Princeton Seminary. He is a graduate of University of Dayton Law School and practiced law in Dayton for 35 years.

Gardening Success Through Plants ZOOM

This seminar will be about plants, plants, and more plants... with only a brief introduction to garden design. Annuals, perennials, shrubs, trees, and vines will be discussed. The seminar will also look at key selection points that will add them to the gardening palette: shady favorites, naturally natives, yummy edibles, herbs for beginners and the seasoned veteran, and the problem solver plants (rain garden plants, drought tolerant, slope/erosion control plants and critter proof/resistant). Understanding the plant is just the start and working on how to make it happen within your landscape is the goal.

Seminar limit: 25

6 Mondays, March 18-April 22

12:30-2:30 p.m., ZOOM

Yvonne Dunphe has been a UDOLLI supporter and horticulture presenter since 2003. She is a graduate of Purdue University, earning a Bachelor of Science degree from the school of Agriculture with a minor in Marketing. She has had a diverse professional career and found her passion for gardening later in life. She earned her designation as a Master Gardener in 2001 from The Ohio State University, has taught classes in various gardening topics and sustainable landscaping, and has continued her education with focus in the area garden design and permaculture. She has been with Five Rivers MetroParks since 2001, starting as a volunteer at Wegerzyn Gardens MetroPark. From volunteer to horticulture to education to conservation, Yvonne currently is a Volunteer Coordinator with Five Rivers MetroParks. Yvonne was the Horticulture Consultant for Washington Township for 22 years. She and her husband, Jim, also own an orchid business traveling to shows and giving orchid presentations around the Midwest.

Writes of Passage NEW

This seminar will examine the transition between two of the foundational periods of all our lives: childhood and adolescence. We will read, discuss, and analyze poetry, short stories, and music lyrics revolving around our essential coming-of-age. The seminar will also include writing informally (no papers!) using invention such as brainstorming and freewriting to react and respond to various prompts, including: first crush/love, dreams and aspirations, conflicts with parents, sibling

interactions, pressure to conform to society's expectations, self-discovery, sexual awakening, teen angst, etc. We will discuss how the rites of passage are universal in some aspects and highly individualistic in others, filtered through the lenses of gender, ethnicity, and social class. We will reflect on this tumultuous period with its profound effect on the rest of our lives.

Seminar limit: 20

6 Mondays, March 18-April 22
12:30-2:30 p.m., Daniel J. Curran Place

***Rick Strader** is retired from teaching in the English Department at Wright State University, where he taught for over 30 years. He taught English 1100 (academic writing and reading), English 2100 (research writing and argumentation), English 204 (Great Books) and a few writing courses in the Honors Department. He won several teaching awards at WSU and received excellent student evaluations consistently in his seminars and online at ratemyprofessors.com. Rick received his Bachelor of Science in English education and his Master of Arts degrees in English from Wright State.*

Peace and Harmony in Chinese Brush Painting NEW

This is an interactive seminar on traditional Chinese ink and wash painting, one of the oldest and major art forms in the world. Through presentation and painting demo, participants will learn the history and basic styles and techniques of Chinese brush painting shared by East Asian countries over the past centuries. Participants will appreciate this simple art form as a powerful tool of maintaining physical and mental wellness.

1 Monday, April 29
3-5 p.m., Daniel J. Curran Place

***Yufeng Wang, Ph.D.** is a Chinese brush painting artist and college professor. As a teenager, Yufeng's love of traditional Chinese paintings was inspired by the renowned artists Sun Qifeng and Fan Zeng in Tianjin, China. In recent years, Yufeng studied Chinese brush painting with noted artist Mr. Abu Hong from Fujian Province in China.*

Yufeng desires to reflect and create a sense of peace and harmony in nature and humanity in the artwork. Through Chinese brush painting and calligraphy, Yufeng tries to convey the inner spirits and outer beauty of our surroundings. Yufeng's artwork was featured in the Chinese Brush Paintings for Peace and Harmony exhibit at the Dayton International Peace Museum, April – June 2011, at Wright State University's exhibition "Seasons in Harmony" April 8-27, 2012 and in the "Living Green" art exhibition at the University of Dayton in May 2012.

Stars, Planets, and Universes – Oh My! Introduction to the Night Sky

Connect (or re-connect) with the vastness of the universe and the tantalizing knowledge, wisdom, beauty, and mystery it reveals to those who give it even an occasional pensive look. Especially suitable for first-time stargazers and for those who wish to renew their interest or tackle new celestial realms. This seminar will study the science of modern astronomy focusing on what can be seen by just looking up – no telescope or previous experience is needed!

In this seminar participants will learn:

- How to identify the major kinds of sky objects and phenomena, and their traits
- How to find and observe some classic naked-eye objects
- Cultural ties to skies and what this reveals about civilization
- To distinguish between science and speculation in space news media

6 Mondays, March 18-April 22

3-5 p.m., Daniel J. Curran Place

***Bill Russo** is a retired electronics engineer and Sinclair Community College professor who developed a lifelong interest in the heavens as a result of elementary school field trips to the American Museum of Natural History – Hayden Planetarium in New York City. He holds two Engineering degrees from Cornell University.*

The Gatekeepers NEW

In this seminar, we'll discuss how the White House Chiefs of Staff define every Presidency. We'll look at how the office developed and the importance to every Presidency.

6 Mondays, March 18-April 22

3-5 p.m., Daniel J. Curran Place

***Terry Martin** retired from Coca-Cola USA. He majored in history and is a book collector and seller of used books.*

TUESDAY SEMINARS

Getting More Out of Your Apple Watch

By the end of this brief two session seminar, participants will know major features and clever uses of the Apple Watch.

Note: There is an alternative ZOOM seminar covering the same material on two later dates. Please sign up for only ONE of these seminars.

Seminar limit: 12

2 Tuesdays, March 19 and 26
9:30-11:30 a.m., Daniel J. Curran Place

Tim Riordan has been an avid user of Apple products for 30 years and loves his Apple Watch.

Getting More Out of Your Apple Watch ZOOM

By the end of this brief two session seminar, participants will know major features and clever uses of the Apple Watch.

Note: There is an alternative in-person seminar covering the same material on two earlier dates. Please sign up for only ONE of these seminars.

Seminar limit: 12

2 Tuesdays, April 2 and 9
9:30-11:30 a.m., Daniel J. Curran Place

Tim Riordan has been an avid user of Apple products for 30 years and loves his Apple Watch.

Jesus in Matthew's Gospel ZOOM

This seminar focuses on the way Jesus is presented in Matthew's Gospel. Special emphasis is placed on Jesus' healing ministry, his teaching through parables and the connection between his ministering and his dying and rising.

Recommended Text: The New Testament

6 Tuesdays, March 19-April 23
9:30-11:30 a.m., ZOOM

Dr. Bill Roberts is professor emeritus in Theology at the University of Dayton.

What's the Story? Your Ohio Neighbors Share Their War Memories

This seminar will focus on personal, first-hand accounts from WWII veterans of Ohio - where they came from, what life was like prior to the war, where did they serve, and where and when feasible, what happened to these men and women from the greatest generation after the war. All accounts

presented in the timeline of the war, separated between European Theater and Pacific Theater. The narratives I have been told will touch all twenty-seven human emotions. As of November 15, 2023 there are only two of these courageous Americans from the book who are still with us.

Recommended Text: *What's the Story? Your Ohio Neighbors Share Their War Memories: From Pearl Harbor to V-J Day* by Ken Serey. Available on Kenserey.com

6 Tuesdays, March 19-April 23

9:30-11:30 a.m., Daniel J. Curran Place

Ken Serey, along with his brother, owned a business working with the visually impaired, legally blind, and blind throughout Ohio. Through the business they made numerous contacts with VAs, enabling them to work with thousands of veterans, hundreds from WWII. Prior to this most rewarding work experience, he was a general manager of a local beverage distributor and a store manager within Federated Department stores in Cincinnati.

Write From the Heart NEW

Each of us has a history filled with moments worth remembering. Often, we have created stories to entertain children and grandchildren, stories that come from our lives and our hearts. In this seminar, we will explore the possibility of telling those stories in print, decide on an audience, craft, and refine a text, hear from those who have achieved this goal and share in the joy of creating and crafting our own projects.

6 Tuesdays, March 19-April 23

9:30-11:30 a.m., Daniel J. Curran Place

J. E. (Janet) Irvin is a career educator, author, and poet. She holds a BA in Spanish and English from Ohio University, an M.S.Ed from the University of Dayton, and an MA in Spanish from the University of Cincinnati. Irvin is the award-winning author of seven mystery/thriller novels. Her shorter works have appeared in a variety of print and online publications, including *Hawaii Pacific Review*, *Creosote*, *The Raven's Perch*, *Alfred Hitchcock Mystery Magazine*, *Sky Island Journal*, and *Literary Mama*. Irvin is a member of *Sisters in Crime*, *Central Ohio Fiction Writers*, and *Buckeye Crime Writers*. In addition to writing, she serves on the *Springboro City Park Board* and is an active member of the *Springboro Area Historical Society*. She and her husband reside in southwest Ohio on the edge of a nature park, which serves as inspiration for much of her work.

Beginning Zentangle

Zentangle is an easy to learn, meditative art form which uses pattern drawing to create beautiful original pieces of art. During the seminar we draw the patterns one stroke at a time. It is relaxing and not difficult. This seminar is for those who have never taken a Zentangle class before. **Beginners only**, please. All supplies will be provided by the moderator for a **fee of \$15 per participant**.

Seminar Fee: \$15

Seminar limit: 20

6 Tuesdays, March 19-April 23

12:30-2:30 p.m., Daniel J. Curran Place

***Peg Farmer** has been a Certified Zentangle Teacher (CZT) since 2010 and enjoys sharing it with other UDOLLI participants. She has been involved with UDOLLI as an attendee, seminar liaison and moderator since 2004. Her work experience was in social service, as well as public and private administration. In addition to Zentangle, her interests include reading, experimenting with different art forms, playing the Native American flute and supporting the Dayton Dragons.*

History of Rock and Roll NEW

Rock and roll music started in the late 40's with rhythm and blues. Country, folk, and blue grass were also an influence on rock and roll. Many of the music artists from the rock and roll era are not in the Rock and Roll Hall of Fame; we will discuss their history and contribution to this music. Music videos, records and discussion will be included as we learn about and listen to over 100 artists.

6 Tuesdays, March 19-April 23

12:30-2:30 p.m., Daniel J. Curran Place

***Gary Ruff** has degrees from Wright State University and University of Dayton and is a retired high school teacher. Gary's hobbies include music and adult softball. He has moderated over 50 seminars for UDOLLI. Gary has over 4,000 45 RPM records from mostly the 50s, 60s and 70s. Gary has moderated History of Sci-Fi Films, Major Events of the 20th Century and many music seminars.*

Hometown Boy Makes Good: Revisiting Dayton Native and Comedy Legend Jonathan Winters

Blessed with what one critic called "one of the most gifted improvisational minds in existence," Dayton native, Jonathan Winters, never relied on conventional jokes but instead commented on the foibles of everyday life in a skewed, exaggerated manner. Indeed, unlike many of today's comedians,

he refused to tell dirty jokes! Winters won scores of recognitions and honors and in 1999 he became only the second person to receive the Kennedy Center's Mark Twain Prize for American Humor.

In this seminar we'll have some fun exploring both the comedic and serious sides of this native son's body of work on television, the stage, in the movies and through his often under-appreciated paintings and drawings. Just to be upfront, we'll also address the unspoken and uneasy relationship between mental illness, comedy and art. As humans do we sometimes laugh to keep from crying? Is reveling in absurdity enough to keep us from going over the edge? Ah, only a few of the existential questions we'll explore together.

6 Tuesdays, March 19-April 23

12:30-2:30 p.m., Daniel J. Curran Place

***Dr. Ed Garten** served 40 years in administrative and faculty positions with five universities. He retired from UD in 2008 as a Dean and Professor Emeritus and is a UDOLLI Distinguished Moderator. This will be his 25th UDOLLI seminar. Ed offered this seminar four years ago and between two sections had close to a hundred UDOLLI members rolling with laughter recalling one of the funniest men who ever lived! Since first offered, he has updated this seminar with much new material and looks forward to a fun time once again.*

Modern Physics in Our Daily Life NEW

The discovery of relativity and quantum mechanics (QM) in the beginning of the twenty century totally transformed human society. Our daily life today is heavily dependent on science-based systems and high-tech gadgets, such as GPS, fiber optics communication, lasers, cellular phones, medical imaging (MRI), nuclear energy, and space travel. All these amazing technologies were made possible by the discoveries of relativity and QM. In this seminar, we will describe the basic ideas behind these theories, examine what does it mean that time and distance are "relative", can an electron be in two locations at the same time, what is quantum "entanglement", and how certain findings in QM seems to defy our logic and common sense. We will provide some examples of modern industries that emerged, based on these foundational theories, such as semiconductor devices, medical imaging, astronomical observations, GPS, and the atomic clock.

6 Tuesdays, March 19-April 23

12:30-2:30 p.m., Daniel J. Curran Place

***Moshe Oren** is a retired Ph.D. physicist specialized in the field of optics and solid-state physics. He worked for over 35 years in industry, in the areas of fiber optics communication, semiconductor lasers, holography and display technology. He produced numerous scientific papers and holds six patents.*

The Effects of Twenty Famous Tales NEW ZOOM

Encounters with great literature intrigue in this seminar. Enjoying these twenty mostly short stories will encourage us to penetrate their various intended effects. What adventure! What do Nathaniel Hawthorne (six stories), Leo Tolstoy (“The Death of Ivan Illich”), Stephen Crane (four stories), Jean-Paul Sartre (“No Exit”), C.S. Lewis (“The Voyage of the Dawn Treader”), and Ursula K. Le Guin (seven stories) want of us? Shall we agree?

Recommended Text: The twenty short stories that will be covered in the seminar. All of the tales can be easily found online, in libraries and bookstores. Four Hawthorne tales, to be identified before the seminar begins, will be the subject of the first session’s discussion.

6 Tuesdays, March 19-April 23

12:30-2:30 p.m., ZOOM

***Frank Henninger** taught college and graduate courses in American and world literature for 57 years and has continually moderated seminars for UDOLLI since its first years. He directed the University of Dayton American Studies Program from 1968-98.*

Fun with Grapes (North American Edition) NEW

Join us as we explore the interesting world of North American Wines. Our primary focus will be on the major wine growing regions of the West Coast (Washington, Oregon, and California); but we will also learn about wines in other parts of North America (US, Canada, and Mexico). Each week, we will sample several wines representing the major wine producing regions, grapes, and styles. The purpose of the seminar is to have fun and get past the snobbery associated with the world of wine. No experience necessary. **The cost of this seminar is \$40/person.**

Recommended Text: *The World Atlas of Wine* by Hugh Johnson And Jancis Robinson; *The Wine Bible* by Karen MacNeil; *The New Wine Lovers Companion* by Ron Herbst and Sharon Tyler Herbst

Seminar Fee: \$40

Seminar limit: 36

4 Tuesdays, March 19-April 9

3-5 p.m., Daniel J. Curran Place

***Dennis Hall** has been involved with the American Wine Society (AWS), the country’s largest consumer wine education organization, for over 30 years, including Chair of the local Dayton chapter for the last*

15 years; leading monthly educational tastings. He has managed gourmet grocery wine departments in Los Angeles and Dayton (DLM Oakwood) as well as owned Fairfield Wine in Beavercreek for 6 years. He has degrees in Hospitality Management and Beverage Management from UCLA as well as numerous professional seminars across all aspects of the wine, beer, and liquor industry.

History of Jazz - Part II

The second of four seminars covering the history of jazz; we pick up where we left off at the end of the Swing Era in the mid 1940's. At that time, there was a radical change in the music, as jazz moved away from being popular dance music and grew to a more complex art music, with the advent of modern jazz. We will cover the Bebop period, illustrating what distinguished it from Swing, examining Dizzy Gillespie, Charlie Parker, Bud Powell, and others. From here, we will cover cool jazz (Miles Davis, Lennie Tristano, Stan Getz, Gerry Mulligan, Dave Brubeck), hard bop (Clifford Brown, Sonny Rollins, Art Blakey, Horace Silver, Cannonball Adderley), soul jazz (Jimmy Smith, Gene Ammons, Ray Charles), modern big bands (Stan Kenton, Woody Herman, Gil Evans, Thad Jones), and third stream music. We will cover important pianists of the post-bop era (Erroll Garner, Oscar Peterson, George Shearing, Bill Evans). We conclude with an examination of the music of important small group composers and bandleaders Thelonious Monk and Charles Mingus.

7 Tuesdays, March 19-April 30
3-5 p.m., Daniel J. Curran Place

***Bill Lavin**, a retired radiologist who minored in jazz studies, has moderated jazz-related seminars since 2017. He shares his vast collection of recordings and video performances. Piano demonstrations by the moderator will round out the presentations in seminars.*

Passport to Retirement ZOOM

Take charge of your financial affairs! Learn how to manage your retirement to be financially secure. This seminar provides a comprehensive approach that helps you set realistic goals and make more informed decisions for your overall financial retirement management in today's retirement landscape. Address your concerns with tools that will last a lifetime. The moderator will use full-color graphics to explain concepts clearly and concisely. You will receive a 120-page full-color workbook packed with explanations and self-analysis quizzes. This valuable resource helps you apply what you learn to your personal financial situations.

6 Tuesdays, March 19-April 23

3-5 p.m., ZOOM

Gary Hollander, CFP, is a practicing financial professional with 48 years of experience who conducts financial workshops to help with financial success in retirement. An accredited A+ Member Cincinnati BBB since 1991 and has been awarded the "FIVE STAR Best in Client Satisfaction Wealth Manager" each year from 2012-2023 by Cincinnati Magazine. Gary has been president of Hollander & Associates LLC since 1976.

Tennis Instruction

This is a tennis seminar based on the fundamentals of the game. We will cover the ground strokes, net play and serves.

Equipment required: Each participant will need to bring their own racquet to each session

Seminar limit: 16

6 Tuesdays, March 19-April 23

3-5 p.m., UD Graul Tennis Complex at the University of Dayton

Oliver Davis graduated from the University of Dayton in mechanical engineering technology in 1983. He got involved in tennis in 1969 at Dunbar High School and has coached at the high school and collegiate levels. He has taught tennis classes at Sinclair Community College for 13 years. Oliver still plays and gives private lessons to youth and adults. He also conducts youth and adult tennis camps.

WEDNESDAY SEMINARS

A History of England for Tourists

Many U.S. tourists in England have little knowledge of the history of the country they are visiting and therefore cannot fully appreciate the significance of the sights that they see. This seminar will provide a concise history of England from the Roman invasion to World War I. Each session will also include pictures and descriptions of selected historical sites in present day England or Wales pertaining to the time period covered in the session. Maps of modern England and Wales, showing the locations of all the sites will be presented.

6 Wednesdays, March 20-April 24

9:30-11:30 a.m., Daniel J. Curran Place

Mark Cannon has a PhD in Sensory Physiology and has had a lifelong interest in history. He has moderated UDOLLI English history seminars on *The Tudors and the Plantagenets*. He is also moderated military History seminars on *Napoleon, the Civil War, WWI, WWII, The American Revolution* as well as several seminars on military aviation, including the *US Air force, US Navy and the RAF*.

Bring a Mac and Learn II NEW

This 3-week seminar offers hands-on instruction for MacBook laptop users. It is a continuation of the Fall 2023 seminar of the same name, but that seminar is not a prerequisite. You must bring your MacBook to every session. Topics covered include searching, organizing your Mac, navigating notes, calendar, reminders, and Safari. Moderators will be demonstrating with the latest operating System 14, Sonoma, so participants will need to have this system installed on their Mac. Class size is limited and consistent attendance is required. If you are uncertain about your equipment, contact the moderator, Mary Riordan, before signing up for the seminar.

Note: There is an alternative ZOOM seminar covering the same material on three later dates. Please **sign up for only ONE** of these seminars. Participants will need access to a Mac computer.

Seminar limit: 15

3 Wednesdays, March 20-April 3

9:30-11:30 a.m., Daniel J. Curran Place

Mary Riordan is a long-time Mac user. She is rarely seen without her laptop. Her professional background is in *Educational Technology, High school teaching, and Guidance Counseling*

Helpful Lessons on the Second Half of Life (From Role to Soul) ZOOM

This seminar will review the major tasks in “the second half of life”. Topics include six factors that predict healthy aging, latest research on happiness, the four major types of regret and coming to terms with regrets, facing the certainty of death, the research and elements of near-death experiences, and elements of a good death, the psychological shadow and its key to wholeness and the four pillars of a meaningful life. This seminar is a combination of lectures, videos, meditations, poems, and questions for great discussion.

Seminar limit: 30

6 Wednesdays, March 20-April 24

9:30-11:30 a.m., ZOOM

Roger Fortman has been a teacher, licensed clinical counselor, consultant, and executive coach for over 35 years. He has worked with UDOLLI for the past 15 years as a consultant and moderator. He has been an executive coach and national presenter for the National Hospice and Palliative Care Organization in Washington, D.C., and a leadership instructor at the University of Dayton's Center for Leadership. Roger has a master's degree in educational psychology from the University of Wisconsin-Milwaukee.

Judaism 101

This seminar will function as an introduction to the basic concepts and workings of Judaism including calendar, life cycle and history.

6 Wednesdays, March 20-April 24

9:30-11:30 a.m., Daniel J. Curran Place

Rabbi Karen Bodney-Halasz graduated from Northwestern University with a degree in Comparative Literary Studies, with her emphasis in Hebrew Literature and Culture, and earned a master's degree in Hebrew Letters from Hebrew Union College-Jewish Institute of Religion (HUC-JIR) in 2002. She has worked at Temple Israel in Dayton since 2003, earning her rabbinic ordination from HUC-JIR in 2007. Rabbi Bodney-Halasz has served as the senior rabbi of Temple Israel in Dayton since 2016.

The Vinyl Era (The Music We Grew Up With) NEW

In this seminar, we will take an excursion down memory lane and look at the music of the vinyl era (1955-1989.) We will discuss and listen to the songs and artists who dominated the Billboard Hot 100 pop charts during those years. We'll journey through the early rock years - Elvis, Everly Brothers, Chuck Berry, etc. We'll relive the British invasion with the Beatles, Rolling Stones, Herman's Hermits, and others. We'll transition from the late 60's psychedelic folk rock, to the 70's bubblegum and soft rock, to the 80's 'hair bands. Each session will end with a music trivia quiz to test your knowledge of vinyl era music.

6 Wednesdays, March 20-April 24

9:30-11:30 a.m., Daniel J. Curran Place

Gary Abernathy has a bachelor's degree in chemical engineering from the University of Missouri and a master's degree in geophysics from Wright State University. He is retired from the U.S. Air Force. He

has a music collection of almost 50,000 records, cassettes, and CDs. This collection includes every "Top-40" song from 1955 to the present.

Zoom a Mac and Learn II NEW ZOOM

This 3-week Zoom seminar offers hands-on instruction for MacBook laptop users. It is a continuation of the Fall 2023 seminar of the same name, but that seminar is not a prerequisite. You must bring your MacBook to every session. Topics covered include searching, organizing your Mac, navigating notes, calendar, reminders, and Safari. Moderators will be demonstrating with the latest operating System 14, Sonoma, so participants will need to have this system installed on their Mac. Class size is limited and consistent attendance is required. If you are uncertain about your equipment, contact the moderator, Mary Riordan, before signing up for the seminar.

Note: There is an alternative in-person seminar covering the same material on three earlier dates. **Please sign up for only ONE** of these seminars. Participants will need access to a Mac computer.

Seminar limit: 10

3 Wednesdays, April 10-24
9:30-11:30 a.m., ZOOM

***Mary Riordan** is a long-time Mac user. She is rarely seen without her laptop. Her professional background is in Educational Technology, High school teaching, and Guidance Counseling.*

Exploring Short Fiction NEW

Stories are the stuff of life, and the good ones entertain, engage and enhance the lives of their readers. During the course of this six-week seminar, we will read and discuss one story per week from an exceptional collection titled *Brief Encounters with Che Guevara* by Ben Fountain (Amazon \$12.49). Most of these stories focus on American characters in exotic (and sometimes dangerous) foreign settings such as Haiti, Columbia, Sierra Leone and Myanmar. We will read and discuss other fictional pieces by a variety of authors, perhaps including one by a local published writer who may visit our classroom.

Required Book: *Brief Encounters with Che Guevara* by Ben Fountain, Amazon \$12.49

Seminar limit: 35

6 Wednesdays, March 20-April 24
12:30-2:30 p.m., Daniel J. Curran Place

***Jim Brooks** taught English and creative writing at Chaminade Julianne High School for 37 years as well as graduate courses for the Ohio Writing Project at Miami University for 12 years. He received his master's degree in English from the University of Dayton in 1986 and occasionally publishes pieces for the Dayton Daily News.*

Historical and Beautiful Churches

Throughout this seminar, we'll visit and tour six historical or beautiful houses of worship in the Dayton area, one each week. The hosts at these churches/temples will explain history, architecture, interior statuary, ethnicity of original congregation and make-up of current congregation. Also, their staff might discuss any historical personalities such as clergy or lay person, as well as current challenges. The seventh week provides an opportunity for a field trip by bus to downtown Cincinnati to visit both the Cathedral Basilica of St. Peter in Chains and the Isaac M. Wise Temple.

7 Wednesdays, March 20-May 1
12:30-2:30 p.m., Various Local Churches and Temples

***John Bowen** is a retired Air Force officer with experience in Asia, Europe, and several states. He received his MBA from the University of Dayton. John is currently a volunteer docent at the National Museum of the United States Air Force.*

Journey to the Cosmos 3 NEW

In this seminar, we will explore many mysteries of the Cosmos. Galaxies, comets, black holes, quasars, asteroids, planets, our sun and the Big Bang are included. There will be updates on some of the amazing devices currently being used to explore the universe such as the Webb Telescope. The musings and observations of a few interesting scientists will also be included. Amazing images and videos will support our journey through the Cosmos. This seminar will cover mostly new material with some overlap from previous seminars.

5 Wednesdays, March 20-April 17
12:30-2:30 p.m., Daniel J. Curran Place

***Tom Cammel** is an enthusiast of space exploration and astrophysics. He has moderated seminars about exploring the universe and wants to continue the story. He has an engineering degree from the*

University of Dayton, is a retired product manager from Trimble Navigation and is on the board of directors of the Dayton Bookfair Foundation. He is an avid bike rider and birder.

Spring Wildflowers at MetroParks NEW

Springtime brings a wonderful array of ephemeral wildflowers. Join us as we visit four different parks and watch the blooms go from tiny to magnificent. We'll also learn about the pollinators that help these flowers complete their short lifecycle, as well as where and how they grow and how you can start your own spring oasis at home. Be amazed, have fun, and learn a lot in this beautiful season.

Seminar limit: 12

4 Wednesdays, March 20-April 10

12:30-2:30 p.m., locations to include: March 20 Dull Woods; March 27 Wegerzyn Gardens MetroPark; April 3 Cox Arboretum MetroPark; April 10 Aullwood Garden MetroPark. Directions to each location will be sent prior to each session.

***Betty Hoevel** is an Education Coordinator for Five Rivers MetroParks and is responsible for sustainable horticulture, nature appreciation and park history programs. She has an MA from Rice University. A lifelong gardener and veteran of the green industry, she creates, coordinates and teaches sustainable gardening and history classes, gives park tours at MetroParks, develops, and oversees programming and features for Wegerzyn's Children's Discovery Garden and presents gardening talks for news programs, local clubs, and organizations. Betty has presented several MetroParks programs for UDOLLI.*

Talk with the Chief

This discussion-based seminar features law enforcement professionals and those in command positions of police departments throughout the Miami Valley. Law enforcement professionals will make presentations about their police agencies providing information on a wide range of topics to include trends, emerging technologies, information sharing, crime control, investigations, organizational structure, resource sharing, research, policy development, legislation, critical incident management, recruitment, hiring and retention. Each presentation will be followed by a question-and-answer period or focused topics of interest.

6 Wednesdays, March 20-April 24

12:30-2:30 p.m., Daniel J. Curran Place

Jeffrey Mitchell is the Chief of Police for the City of Lebanon, Ohio, an internationally accredited law enforcement agency. A retired special agent, Air Force Office of Special Investigations, he has extensive experience in conducting felony criminal, fraud and counterintelligence investigations. Chief Mitchell has an Associate degree in Criminal Justice, Bachelor of Science degree in Organizational Management and a Master of Public Administration degree from the University of Dayton. He is a graduate of the Police Executive Leadership College, Northwestern University School of Police Staff and Command, and the Certified Law Enforcement Executive program (CLEE).

Chief Mitchell commands a full-service law enforcement agency of 34 sworn officers and 10 civilian employees with an annual budget of \$6.5 million. The department was reaccredited through Commission on Accreditation for Law Enforcement Agencies for the eleventh consecutive time in March 2021. Chief Mitchell is serving his third term on the CLEE Executive Board and represents OACP on the Attorney General's Task Force on Mental Illness and Criminal Justice Task Force, is chair of the board of directors, Countryside YMCA and a board member (past president), National Alliance on Mental Illness (NAMI) of Southwest Ohio.

Beginner Pickleball

Pickleball is the new cool sport. Think of it as ping pong meets badminton meets tennis. And since it's on a smaller court anyone can play! Join us for a ton of fun and a little bit of friendly competition. This six week seminar will be held at Activity Center Park in Centerville. The sessions will be outside so dress accordingly.

Required equipment: Pickleball paddles and outdoor balls

Seminar limit: 20

6 Wednesdays, March 20-April 24

3-4 p.m., Activity Center Park in Centerville (221 N Main St, Dayton, OH, 45459)

This seminar is moderated by two Loris, a Stephanie and a Jack. We started playing pickleball a while back and fell in love with the game. It has changed our lives. We can now run faster, jump higher, move like lightning and our hair has never been shinier.

Baseball History 1960-2010 NEW

This seminar will cover baseball history from 1960 to 2010. Videos from Ken Burns' "Baseball" series will be shown, one for each decade. Detailed handouts will be distributed, one for each session. The handouts will cover the records of baseball superstars and significant World Series and game events.

6 Wednesdays, March 20-April 24

3-5 p.m., Daniel J. Curran Place

***Franklin Lewis** has been a UDOLLI member since 2004 and a moderator since 2005 (37 seminars). He served on the UDOLLI Board of Advisors from 2014-2020. He has a BA in English Literature from Case Western University and a JD from the Ohio State College of Law. After graduation from law school, he served for three years as an attorney (Judge Advocate) in the U.S. Air Force and then practiced public utilities law in Cleveland for 38 years. He served for six years on the Board of Directors of the Dayton Performing Arts Alliance. He has been an avid baseball fan since he was nine years old.*

London – Biography of a City

London is one of the world's great cities. This seminar will survey the two-thousand-year history of London. After its founding by immigrants, London has become host to a diversity of cultures. We will explore the growth of London as one of the greatest trading centers of the world. It has pioneered modern democracy and been home to many great authors, composers and artists. It has survived plagues, civil war, fire and the Blitz. The focus will be on the city and its inhabitants and how their lives changed over 2,000 years.

6 Wednesdays, March 20-April 24

3-5 p.m., Daniel J. Curran Place

***Paul Cooper** is a retired Air Force pilot that grew up in and spent most of his life in Seattle and on the West Coast. He is a graduate of the University of Washington and has a master's degree in history. His daughter is a physician and medical director living in London.*

Biking the Dayton Region's World-Class System of Bike Trails

This is an active participation, recreational biking seminar and is intended to introduce participants to the excellent system of biking trails available to residents of our region. After an initial introductory session on April 24, the moderators and participants will meet over the next 5 weeks to explore a different section of the region's 350-mile system of connected, paved bike trails.

The weekly rides will be approximately 15-20 miles round trip and will include a lunch stop.

Participants will meet weekly at 11 a.m. at a trail access point, bike for 45 minutes to an hour, have a

picnic lunch or stop at a restaurant and return to the starting point. All riding is on easy grade, paved, off-road bikeways. This is low impact, leisurely, recreational biking!

Seminar participants should have a comfortable bicycle that is in good working order, a bicycle helmet and means of transporting a bike to various locations. Padded biking shorts are recommended. Class 1 and 2 ebikes are permitted on the areas bike paths and participants are welcome to use them. While age is not necessarily an issue (the moderators are both 77) participants should be healthy and fit enough for two hours of moderate biking exercise (e.g., approx. 10 miles an hour over level ground). Cautionary note: If you have not been on a bike in a while, some physical training and preparation is highly recommended!

PLEASE NOTE: A brief introductory meeting will be **at 4:30 p.m. on April 24** to distribute materials, review potential routes, safety, gear and to answer any questions. Weather permitting, **biking will begin Wednesday, May 1**, and continue for the following 4 weeks.

Seminar limit: 18

Introductory Meeting April 24; Biking offsite May 1-29

April 24: 4:30 pm; Daniel J. Curran Place

Biking offsite: 11 am, Various offsite locations

Ann and Bill Schuerman are long time UDOLLI moderators who have enjoyed biking the 360-mile system of paved and off-road bike trails in the Dayton region. They find biking to be an enjoyable, low impact way to enjoy outdoor exercise along our beautiful river systems and outlying countryside. They enjoy introducing others to some of their favorite rides.

THURSDAY SEMINARS

Intermediate/Advanced iPhone NEW

The seminar will explore intermediate-level functions and delve into a number of the iPhone's advanced-level features. This seminar is not for the beginning iPhone user. Participants will learn many of the advanced capabilities of the iPhone such as personalized lock screens, specialized widgets, creating shortcuts, enhancing iPhone security and helpful tips. In addition, the seminar will look at some of the advanced features of Apple's native apps. Participants should have been using an iPhone for at least three years and are expected to know many of its basic functions. Participants must bring an iPhone capable of supporting the latest iPhone operating system (OS) to every session.

Required equipment: iPhone SE (2nd or 3rd generation), iPhone XR, XS or XS Max, or iPhone 11 or later

Seminar limit: 20

6 Thursdays, March 21-April 25

9:30-11:30 a.m., Daniel J. Curran Place

***John Bramhall** is a long-time user of Apple products including iPhone, iPad and MacBook. He's moderated many iPhone and iPad seminars for UDOLLI since 2014.*

***Mary Riordan** has a professional background in educational technology, high school teaching, and guidance counseling. She is an avid fan of Apple products.*

Reconstruction: America After the Civil War

The end of the Civil War was only the beginning of the struggle to define what freedom meant for the former slaves, and the larger question of the relationship of the states to the federal government and how that had changed. Out of bitter struggles between the executive and legislative branches, and between those who worked for change in the South and those who resisted it, came a legacy that affected the United States for decades, if not still today. This seminar will discuss these topics and is a follow-up to UDOLLI seminars about the pre-Civil War years and Abraham Lincoln.

6 Thursdays, March 21-April 25

9:30-11:30 a.m., Daniel J. Curran Place

***John Weaver** is a retired history professor from Sinclair Community College and taught at Wright State University and the University of Dayton during his 30+ year career. His special interest is American political history of the mid and late 19th century and has published articles in those fields.*

Sam's Favorite Groups II NEW

Years ago for UDOLLI, I moderated a seminar entitled "Sam's Favorite Groups". It was well-received so this second seminar features more of my favorite groups. We'll cover: America, The Drifters, Fleetwood Mac, The Mamas and the Papas, Three Dog Night and The Traveling Wilburys.

6 Thursdays, March 21-April 25

9:30-11:30 a.m., Daniel J. Curran Place

***Sam Kurtz** is a retired school principal who loves music but has very little talent for it. He has always enjoyed music since his older sister bought a Hi Fi that played 45 rpm records. He was 5 years old at the time.*

The Crusades

Would you like to know more about the Crusades? This seminar is intended to tell you the WHOLE story of these wars – the story of the Latin Christians, the Byzantines, the Jews and the Muslims who were involved in this almost-200-year conflict in the Middle East. You will see pictures and hear about the various people involved in these battles and get copies of the maps where these events took place. You will even see four videos (created by Terry Jones of Monty Python fame) taken in the places where the Crusades happened; and perhaps come to understand the background of the conflict we still see today between West and East.

6 Thursdays, March 21-April 25

9:30-11:30 a.m., Daniel J. Curran Place

***Carolann Cannon** received a Master of Art degree in theological studies from the University of Dayton in 1986 and is certified as both a catechist and a catechetical leader by the Archdiocese of Cincinnati. Her seminars with UDOLLI have included “Christian History”, (3 seminars), “Scripture both Old and New Testament”, “Who do YOU say that I am? Christology”, “The Papacy and the Bishops of Rome” and “Barbarians and the so-called Dark Ages”.*

Auto Ancestry – The Car industry in Dayton NEW

Dayton’s involvement in the auto industry is far deeper than Col. Deeds, Charles Kettering, and the Barn Gang. The first self-propelled vehicle showed up in Springfield in 1886 and over the course of the next 73 years, fifty-three different companies tried to make designing and building cars their business in the Miami Valley. Of course, parts manufacturing has been and still is a vital part of the area’s economy. Some of those companies have very interesting stories. This seminar will look at those stories from the perspectives of the manufacturers who called Dayton home and some of the people who sold them.

6 Thursdays, March 21-April 25

12:30-2:30 p.m., Daniel J. Curran Place

***Tom Gaudion** has moderated seminars for UDOLLI with a look at the fun side of life. He’s taken participants on journeys in the craft beer arena and studied the thought processes used by Beverage Managers at local restaurants as they work to pair wine lists to sometimes unique menus. It’s time to get a little serious while having fun learning about an important part of Dayton’s legacy.*

Japanese Reiki Level 1 NEW

What is Reiki? It is a spiritual energy and a system of energy healing requiring self-practice, self-responsibility, personal development and self-healing. In this seminar we'll learn about the history of Reiki, definition of Reiki, Reiki lineage, finding what you want for your life, energy exercises for learning to sense energy, 5 elements of Reiki: daily precepts, breathing, palm healing, symbols, mantras and reiju (a spiritual blessing), working with three main energy centers in the body and hand positions for self-healing.

4 Thursdays, March 21-April 11

12:30-2:30 p.m., Daniel J. Curran Place

Linda Healy is a retired registered nurse who was certified in hospice pain and symptom management for 16 years. In retirement, Linda is an author and legacy writer, having been published twice in Chicken Soup for the Soul books and twice in Real Women Write anthologies and nominated for a small publisher prize, the Pushcart Prize for her writing. Linda is also a poet, published in journals. Linda is a visual artist who uses watercolors and also creates Zentangles.

Learning Buddhism Through Literature NEW

This seminar is for anyone who would like to learn about Buddhism and Eastern philosophy. Rather than learn orthodox philosophies, we will use two novels written by two well-known, renowned authors, each telling a story about a quest and discovery of enlightenment via practice and inner transformation. Participants will be expected to read portions of the books before each session. Weekly discussions will follow.

Recommended text: *Siddhartha* by Hermann Hesse; *The Razor's Edge* by Somerset Maugham

Seminar limit: 12

6 Thursdays, March 21-April 25

12:30-2:30 p.m., Daniel J. Curran Place

Brain Mays has both educational and vocational experience teaching gifted children and adults from ages 8-90+ years old. He has degrees in both psychology and biology. His background in philosophy and theology extends from Eastern philosophy and Western philosophical traditions to non-dogmatic Western traditional theology (systematic theology).

Senior Yoga

Yoga is a practice that connects the body, the breath and the mind. It uses physical postures, breathing exercises and meditation to improve overall health. In this seminar we will explore all those

many aspects of yoga. All movements will be done with a chair or standing. There will be no floor movements, so a mat is not necessary. However, you should bring water and wear comfortable clothes and supportive shoes (or go barefoot.)

Seminar limit: 20

6 Thursdays, March 21-April 25
12:30-2:30 p.m., Daniel J. Curran Place

***Bethany Abney** is a retired high school art teacher. She currently teaches classes at the YMCA, loves tending her herb garden and listening to the Blues.*

The Life and Works of Six Famous Artists in Documentary Form NEW

In this seminar we will look at the lives and works of the artists Raphael, Vermeer, Monet, Klimt, Cassatt and Hopper by watching six 100-minute documentaries. These videos aired at The Neon Movies in 2023 on selected dates. There will be time for questions, comments and discussion.

6 Thursdays, March 21-April 25
12:30-2:30 p.m., Daniel J. Curran Place

***Mary Ann Gasior** earned a Ph.D. in English literature from Tulane University, taught college-level English courses at Wright State and other universities, served on the UDOLLI Board of Advisors for six years, and has moderated over 20 seminars on such topics as Agatha Christie, Jane Austen, F. Scott Fitzgerald, science fiction, and the DLPP books since 2013.*

Examining Our Contemporary World

Developed by Jim Cash and Tim Hrastar and then refined by George Grampp, this seminar is a discussion of current issues and events that touch our lives. Participants are asked to bring a suggested topic to each week's session. We will vote on which topics to discuss. Since one purpose of the seminar is to gain insight into different points of view, all views, including controversial ones, are welcome. The moderator will keep the discussions focused and allow all participants to be heard.

Seminar limit: 20

6 Thursdays, March 21-April 25
3-5 p.m., Daniel J. Curran Place

***David Vomacka** is a degreed psephologist who specialized in American elections and minored in American history. His lifelong passions have been education and all things political. He has been a*

member of UDOLLI since 2013 and a member of the Board of Advisors since 2017. He currently serves on the Policy, Technology and Nominations committees and has been the moderator for eight seminars.

Exploring the Catskills: From the Borscht Belt to Woodstock NEW

From Rip Van Winkle to the movie *Dirty Dancing*, from Woodstock to recent episodes of *The Marvelous Mrs. Maisel*, the Catskill Mountains of New York State have inspired storytellers, comedians and musicians for generations. Learn the fascinating history of this region, which was one of the most popular vacation destinations in America for more than 50 years. Known as the Borscht Belt, over one million visitors a year travelled 100 miles northwest of New York City to Sullivan and Ulster counties to stay for a week or for the season at one of its 538 hotels or 3,000 bungalow colonies. This was the favorite spot of many top-name entertainers (Danny Kaye, Jerry Lewis, Henny Youngman, Joan Rivers, Alan King, Milton Berle, Eddie Fisher, etc.) and sports legends (Wilt Chamberlain, Rocky Marciano, Ezzard Charles, Jackie Robinson).

6 Thursdays, March 21-April 25

3-5 p.m., Daniel J. Curran Place

***Sharon Williamson** is a retired marketing executive who spent 42 years in leadership positions with several major corporations in the Dayton area. Originally from Rochester, NY, she earned a BA in economics from the College of William and Mary and an MBA from the State University of New York at Binghamton. Her family is from Sullivan County, N.Y., where her grandparents ran a small boarding house on their farm in the Catskills to earn money for their daughters' college educations. She was in Sullivan County during that fateful weekend in August 1969, but did not attend Woodstock itself, as she was just 13 years old.*

Google Tools: Drive, Calendar, Docs, Sheets, Slides, Maps

This is a hands-on computer seminar in the basics of selected Google Tools. This **three-week** long seminar will cover the following topics: Google Drive, Google Docs and Google Maps.

This seminar requires access to Google Tools via the internet. Each participant must have a computer or tablet that is Wi-Fi enabled. Every participant should have or obtain a Google e-mail account.

Seminar limit: 10

3 Thursdays, March 21-April 4

3-5 p.m., Daniel J. Curran Place

Fran O'Connor is a happily retired businessperson and software systems engineer. Now she enjoys UDOLLI, volunteering, and being a grandmother. She loves new technology and likes to learn new things.

Some Native American Cultures: A Beginning Overview NEW

Before the arrival of the Europeans, North America was inhabited by many different groups of people, some with advanced cultures. Most of these cultures would not survive contact with European diseases and technology. (It is believed that 70%-90% of Native Americans died of smallpox and measles within one hundred years of Cortez's arrival) This seminar will take a look at three of these cultures: the Moundbuilders, Southwest Indian groups and the Pacific Northwest Indian groups. Since there are few to no written records, we will look at the archeological and anthropological records they left behind.

3 Thursdays, April 11-25

3-5 p.m., Daniel J. Curran Place

Janet Hess taught social studies in local junior and senior high schools for over 36 years. She is interested in helping everyone learn more about history, other cultures and the world around them. She is not Native American, so what she will share is a result of research into the topic.

FRIDAY SEMINARS

Socrates Café

Socrates Café is an intentional discussion seminar covering philosophical ideas that have been discussed for millennia, but have current importance in everyday life, in any cultural experience. All participants will be expected to participate in wide-ranging discussions about why things are the way they are, or why things appear to be obscure or obvious, but maybe otherwise.

Seminar limit: 12

6 Fridays, March 22-May 3 (**no session on March 29 in observance of Good Friday**)

9:30-11:30 a.m., Daniel J. Curran Place

Brain Mays has both educational and vocational experience teaching gifted children and adults from ages 8-90+ years old. He has degrees in both psychology and biology. His background in philosophy and theology extends from Eastern philosophy and Western philosophical traditions to non-dogmatic Western traditional theology (systematic theology).

American Civil War: Special Topics 3

Most history studies are a “mile wide and an inch deep”. This seminar, however, will explore a few selected issues in greater detail. We will examine two governments at war; initial preparations, predictions and prospects; Burnside and Hooker; Grant and Vicksburg; Grant takes command in the West; the diplomatic war; the war at sea; Grant takes overall command; Grant moves south to Petersburg; the politics of war, 1863-1864; why the North won; and the struggle to win the peace.

6 Fridays, March 22-May 3 (**no session on March 29 in observance of Good Friday**)

12:30-2:30 p.m., Daniel J. Curran Place

***Allan W. Howey** holds the following degrees: B.S. (History) from the USAF Academy, 1973; M.A. (History) from Indiana University, 1974; A.A. (Music), Sinclair Community College, 2006; B.Music, Wright State University, 2008. He was a USAF Officer from 1973-2003, a command pilot and Pentagon air war planner. He served as Assistant Professor of History at USAF Academy from 1980-1984; Chief of Military History and Strategy, Air Command; Staff College from 1986-1990; lecturer on military history at Joint Military Intelligence College and National Defense University from 1991-1995; and Adjunct Professor on American Civil War at Air Command at Staff College from 2002-2003. Check out Allan’s website www.SpeakeasyJazzBand.com*

Spanish Survival Fun ZOOM

Everyone is welcome to join!! This seminar is specially designed for participants who have never taken Spanish and for those who would like to sharpen their skills. You will practice basic yet relevant short dialogues during each session. A PowerPoint presentation will be shared with you every week by email. It contains everything taught. In addition, each slide includes audio recording with voice-over so you can practice your listening and pronunciation skills. No te lo pierdas! Don’t miss it!

Seminar limit: 20

6 Fridays, March 22-May 3 (**no session on March 29 in observance of Good Friday**)

12:30-2:30 p.m., ZOOM

***Martha Calderon Lahanas** a native of Bogota, Colombia, has taught Spanish at Wright State University, University of Dayton and Sinclair Community College as an adjunct teacher. She has a bachelor’s degree in International Business and Languages from Universidad Colegio Mayor de Cundinamarca, a bachelor’s degree in Mass Communication from Wright State University and an M.S. in Education from Capella University.*

Techniques for Making Beautiful Greeting Cards

In this seminar, participants will be learning fun and new paper crafting techniques to bring a personal touch to greeting cards. In each session, participants will complete 1-2 cards utilizing some fun interactive elements into the card. Possible techniques: pop-ups, spinners or sliders, secret windows, shakers.

Seminar fee: \$30

Seminar limit: 24

6 Fridays, March 22-May 3 (**no session on March 29 in observance of Good Friday**)

12:30-2:30 p.m., Daniel J. Curran Place

***Bobbye Goetz** is a paper-crafter enthusiast. She teaches paper-crafting and stamping seminars and has moderated for UDOLLI since 2018.*

***Lynn Wilmes** has been learning, teaching and selling crafts since she was a child. She became a "paper crafter" in 2018 when she caught the bug taking a UDOLLI seminar. She began moderating with Bobbye in 2019.*

Untold Dayton History: What's Not in the History Books

Dayton is full of fascinating stories. This seminar will take a deeper look at some of the people and events that have contributed to Dayton's history--whether it is one of the city's ethnic populations, a singular street in Dayton, a mansion in Eastern Hills or an incredible entrepreneur that no one knows about. In discussing these stories, we will also look at what it means to *do* history.

6 Fridays, March 22-May 3 (**no session on March 29 in observance of Good Friday**)

12:30-2:30 p.m., Daniel J. Curran Place

***Heidi Gauder** has been a librarian and faculty member at the University Libraries for over twenty years. She teaches research skills to undergraduate and graduate students and has taught several mini courses. Heidi holds a B.A. (University of Dayton); an M.A. (Purdue University) in American Studies as well as an M.L.S. from Indiana University. She regularly writes and publishes on library and history topics.*

FRIDAY SELECTED TOPICS

A Photographic Journey through South Africa and Botswana

Have you ever dreamed about going on an African Safari? The options are endless, but the planning can be daunting. Join us as we explore various approaches to planning your safari adventure, followed by an exciting photo-centric journey of South Africa and Botswana. As a bonus, we will finish with a discussion on several unique ways to share your Safari adventure with friends.

1 Friday, March 22

9:30-11:30 a.m., Daniel J. Curran Place

***Marsha and Stephen Goldberg** are both retired and enjoy traveling the world. Their goal is to visit every continent by the end of 2025. Stephen retired from The Eastman Kodak Company in 2015 where he led the development of major high-technology systems. Marsha retired as the Director and kindergarten teacher at First School in Centerville. Stephen has moderated several UDOLLI seminars relating to travel and photography. Several years ago, he and Marsha presented this seminar which they have recently refreshed.*

Heresy in the Heartland: The Controversy at the University of Dayton, 1960-67 NEW

In this seminar you will learn about the controversy which occurred when tensions between Thomists and proponents of new philosophies came to a head in the University of Dayton's Philosophy Department. The topics ranged from an unchanging view of Thomistic philosophy to moral teachings on contraception, abortion and situation ethics. In fall 1966, an assistant professor wrote to Archbishop Alter naming four faculty he believed were contradicting Church teachings and asked him to intervene. The issues raised and the resolution reached are still important to UD and Catholic higher education.

1 Friday, March 22

12:30-2:30 p.m., Daniel J. Curran Place

***Mary Brown** has a doctoral degree in U.S. Catholicism from the University of Dayton. She was employed at UD for 25 years. At the time of her retirement, she was associate dean for financial, information and data analysis in the College of Arts and Sciences.*

Nine Months in an RV: A Journey Across the US

With no prior experience, we purchased an RV and spent nine months travelling the U.S. In this educational – and sometimes amusing – presentation, we'll share the good, the bad, and the ugly!

Hear the highlights about the sixty-two different places we stayed (including rest areas and a Walmart parking lot). You might be inspired to plan your own trip!

1 Friday, March 22

12:30-2:30 p.m., Daniel J. Curran Place

***Christine Klein** is a travel bug who has spent most of her career as a freelance healthcare writer. She is the founder of CardParties.org which aspires to create unexpected smiles for nursing home residents who feel alone throughout the United States. Chris is the mother of two beautiful adventurous young adults.*

A Trip to Cinque Terre, Florence, and Lugano, Italy, and Interlaken, Switzerland NEW

In this seminar, I'll share a PowerPoint of our twelve-day trip to Cinque Terre, Florence and Lugano, Italy and Interlaken, Switzerland, in 2009, including information on the places visited, my photos, and photos and videos from the internet.

1 Friday, March 22

3-5 p.m., Daniel J. Curran Place

***James Jacobson** is a retired attorney who worked in Dayton for over 40 years and now lives in Cincinnati. He has attended many UDOLLI seminars and has moderated seminars on travel and US Presidents. He enjoys travel and history.*

Frances Perkins: Agent of Change NEW

This seminar is about Frances Perkins (1880-1965), the first woman to serve as US Secretary of Labor. There will be a Power Point presentation, covering her early life growing up in New England to her work with FDR in NY State, and then in the US cabinet, to her retirement when Harry Truman became President. There will be time for participant discussion. Participant learning opportunities include: Perkins' transformation from shy child to skilled debater, to workplace safety advocate; her turn to politics after the Triangle Fire with Teddy Roosevelt, Al Smith, and FDR; her role in the New Deal and changes she made in the department of Labor.

1 Friday, April 5

9:30-11:30 a.m., Daniel J. Curran Place

Mary Ellen Griswold, MSW, is a retired Licensed Independent Social Worker. She studied social policy in an MSW program at SUNY Albany, and in a PhD program at The Ohio State University in 1999. Mary Ellen taught a social policy course as an associate professor in the BSW program at OSU. She has also moderated seminars on the Social Security Act of 1935, *Women of Mystery and Mystery Novels from Different Cultures for UDOLLI*.

Hopes And Tears

In this seminar, we will be visiting two of the major emigration ports from which many of our German and Polish ancestors left Europe for the New World—Hamburg and Bremerhaven. These cities have built extensive centers as repositories for these family stories and the experience in general. These cities contain many cultural and historic sites of interest to travelers. We will talk about several of those as well. Genealogy is a natural side topic for this seminar. We will cover how we approached our discovery process and some of our results.

2 Fridays, April 5 and 12

9:30-11:30 a.m., Daniel J. Curran Place

Suzanne Crippen began her career with Ohio Bell/AT&T in 1968 as a service representative and worked for them and their divested companies until her retirement from Avaya in 2001. **Patrick Crippen** worked in marketing for Frigidaire in Dayton and later for parent Electrolux International. He traveled the world arranging conferences and did market planning with appliance dealers. They have attended seminars at UDOLLI and OLLI at the University of South Carolina for 20 years. They have moderated in the Travel Adventure Series on Ireland, Poland, Germany, Napa Valley, US Capitals, western New York, Canada and a seminar on the history of the circus.

Recently they moderated a six-week seminar on postwar Germany. Suzanne has moderated a seminar on *Working Towards Greater Understanding with retired USAF Civility consultant Carol Prewitt*. Suzanne and Patrick have also served as seminar and technology liaisons. They travel extensively and are avid genealogists.

Jumpstart Your Memoir NEW

Do you want to write your memoir but just cannot seem to get started? This seminar will provide the tools and the motivation you need to get your thoughts out of your head and onto your computer screen or notebook. We'll talk about how to organize your thoughts, various types of memoirs, how to make this project fun for you and your reader and steps to publication.

There is no right or wrong approach to writing your memoir. The best approach is the one that makes sense to you. Let's get started!

1 Friday, April 5

12:30-2:30 p.m., Daniel J. Curran Place

***Christine Klein** is a travel bug who has spent most of her career as a freelance healthcare writer. She is the founder of CardParties.org which aspires to create unexpected smiles for nursing home residents who feel alone throughout the United States. Chris is the mother of two beautiful adventurous young adults.*

Frontier between the Miami's 1783-1800s NEW

With the signing of the Treaty of Paris that ended the American Revolutionary War, Americans soon crossed over the mountains from the East Coast looking for new land and new economic opportunity in Ohio country. Conflicts often resulted with the natives that inhabited the land. Floating down the Ohio River was the main pathway west. As more settlers arrived, they left the villages on the Ohio and moved up the Miami Valley to create new towns.

1 Friday, April 5

3-5 p.m., Daniel J. Curran Place

***Paul Cooper** has always had a fascination with frontier history as his grandmother told stories of covered wagons heading west past the home where she grew up and his mother was born on a prairie homestead that her father claimed and built the cabin, dug the well, and broke ground on for crops. He completed almost 35 years of military service with the United States Air Force and the Air Force Reserve. He is past President of UDOLLI and has moderated seminars in history and airpower.*

How To Communicate Effectively with Your Doctor or Other Healthcare Provider

This seminar will identify factors which can impede communication between you and your doctor or other healthcare provider. Ineffective communication can result in sub-optimal care which is frustrating to provider and patient alike. Some factors are beyond your control, such as the time allotted for your visit. However, there are many factors which you can control, such as prioritizing your questions (ask the most important ones first) and organizing your medical information (use the format provided by the providers practice or hospital). Concerns such as how to ask for a second opinion without offending the provider or identifying red flags in the relationship with your provider, will also be discussed.

Seminar limit: 30

1 Friday, April 12

12:30-2:30 p.m., Daniel J. Curran Place

Bob Goldenberg is a retired physician and retired faculty member in the Department of Surgery at the Wright State Boonshoft School of Medicine. He graduated from Stanford University in 1963, the University of Louisville School of Medicine in 1968 and completed his residency in ENT at the University of Illinois in 1973. After a fellowship following his residency, he limited his practice to surgery of the ear. He was stationed at the US Naval Hospital Camp LeJeune North Carolina from 1974 to 1976 then returned to practice at Good Samaritan Hospital where he was born.

Paul Harvey Remembered – The Rest of the Story

Do you remember the radio announcer Paul Harvey when you were growing up? I sure do. I loved listening to his short common-sense articles on numerous subjects of current events. He would build his stories and after giving a surprise ending would use the phrase “and that’s the rest of the story”. This seminar will be a compilation of subjects he discussed on his shows and how they relate to life today. This is not meant to be a political discussion but a look back at how he simply viewed the world.

1 Friday, April 19

9:30-11:30 a.m., Daniel J. Curran Place

Chuck Brecht is a graduate of Capital University with a degree in Technical Management. He retired after 37 years as a defense contractor at Wright-Patterson AFB. He is also an Air Force Vietnam veteran and is active with the Dayton Honor Flight organization. He has moderated UDOLLI seminars on the Bourbon Trail, New England Road Trip, Andy Griffith, Tim Conway and The Evolution of the Dayton VA Center.

The President is Dead! A Medical Look at the Cause of Death of Every U.S. President NEW

There is something compelling about U.S. presidents; the mediocre, the good, the great. Almost every aspect of their lives has been meticulously studied. Yet, there is less known about many of their deaths. Some early historic reports about their deaths have been inaccurate under today’s lens (we will update these). A number of presidents were doomed by the current medical treatment options. This seminar will discuss the medical cause of death of every US President. Which presidential deaths would not have occurred under today’s medical knowledge/treatment? Which presidential deaths were directly caused by the medical “care” they were subjected to? This seminar, part history and

part medical, will include presentation of many health topics, most of which are relevant today, while it gives a glimpse into medical care at an earlier time.

1 Friday, April 19

12:30-2:30 p.m., Daniel J. Curran Place

***Bill Lavin**, a retired radiologist, has moderated 15 UDOLLI seminars, mostly on musical topics. He also moderated *Medical Myths and Misconceptions*.*

What it's Like to Own and Drive an Electric Car NEW

Have you wondered what it would be like to have an electric car in your garage? Here is your chance to get facts and figures from a neighbor and UDOLLI member. In this seminar you will get information on buying, driving, and re-charging.

1 Friday, April 26

9:30-11:30 a.m., Daniel J. Curran Place

***Neil Jones** has been driving a Tesla since April 2023, including local and long-distance travel. He has been a UDOLLI member since 2005.*

The Dayton Foundation: How We Help You Help Others

The region's largest community foundation has been helping you help others locally and around the world since 1921. In this seminar you will learn about the way we provide unmatched services, resources, support and counsel to help individuals achieve their charitable giving goals; assist other nonprofits by funding important initiatives and offering our expertise to help them operate more effectively; and help to build a better community by identifying important issues and bringing together the people and organizations who can solve them.

1 Friday, April 26

12:30-2:30 p.m., Daniel J. Curran Place

***Michelle Lovely** has 23 years of customer relationship management, business development, banking, and wealth advisory experience. She is currently the senior vice president of Development and Donor Services at The Dayton Foundation. She oversees outgoing donor grant requests, fund development and gift planning activities. A lifelong Preble County resident, Michelle earned her Bachelor of Science degree from Miami University and is a Certified Fund Raising Executive (CFRE). She is also a very active community volunteer and has served on numerous not-for-profit boards and committees.*

Nakia Lipscomb joined The Dayton Foundation as the senior development director. In this role, she is responsible for fund development and gift-planning activities. Nakia has more than 27 years of experience in banking, finance, wealth management and trust administration. She spent 18 years as the lead banking advisor in the wealth management department of PNC Bank in Dayton. Most recently, she held the role of assistant vice president and trust officer for LCNB National Bank. Nakia earned her BS in business management from Park University at Wright-Patterson Air Force Base.

Steeped in Tradition: The Story of Tea

The most popular beverage in the world, tea has its own history, culture and traditions. Originally found only in China, it is now raised in many areas of the world, including here in the U. S. In this seminar you can learn more about its history, types, processing, tools and brewing methods. We hope to make this a multi-sensory experience involving smell, touch and taste. This seminar is for all, not just those who like tea as a regular beverage or who enjoy a nice cuppa in the afternoon.

1 Friday, May 3

9:30-11:30 a.m., Daniel J. Curran Place

*Both **Janet Hess** and **Robyn Wolf** prefer tea to any other beverage, and each have tea from several different providers. Janet kept a hot pot at the schools where she taught so she could enjoy a cup of tea during breaks. She was also known to offer the occasional tea party when discussing the American Revolution in US history classes. Robyn has been a long-time tea drinker (coffee has never passed her lips). She enjoys all tea flavors and drinks it hot or cold. Herbal teas are her current passion.*

Memory Health - Even Elephants Forget Sometimes NEW

We all worry about memory loss as we age. In this seminar we will define the continuum of memory loss, review reversible causes, review medications, supplements and lifestyle choices to prevent/treat memory loss.

1 Friday, May 3

12:30-2:30 p.m., Daniel J. Curran Place

***Dr. Cathy Rosenbaum** is a holistic clinical pharmacist who has traveled to China to study herbal research and global healthcare solutions. She has a background in the pharmaceutical industry, hospital-based practice, academia, medication quality/safety and integrative health, consulting and health coaching. She is a published author, national radio host and international speaker.*

UDOLLI AT NIGHT

Frances Perkins: Agent of Change NEW ZOOM

This seminar is about Frances Perkins (1880-1965), the first woman to serve as US Secretary of Labor. There will be a Power Point presentation, covering her early life growing up in New England to her work with FDR in NY State, and then in the US cabinet, to her retirement when Harry Truman became President. There will be time for participant discussion. Participant learning opportunities include: Perkins' transformation from shy child to skilled debater, to workplace safety advocate; her turn to politics after the Triangle Fire with Teddy Roosevelt, Al Smith, and FDR; her role in the New Deal and changes she made in the departure of Labor.

1 Tuesday, March 19

6-8 p.m., ZOOM

***Mary Ellen Griswold**, MSW, is a retired Licensed Independent Social Worker. She studied social policy in an MSW program at SUNY Albany, and in a PhD program at The Ohio State University in 1999. Mary Ellen taught a social policy course as an associate professor in the BSW program at OSU. She has also moderated seminars on the Social Security Act of 1935, Women of Mystery and Mystery Novels from Different Cultures for UDOLLI.*

Imperial Faberge: Jeweler to the Tsars NEW ZOOM

The greatest jewelers of all time are mostly closely associated with the Romanovs, the richest emperors of the time. Providing adornments for the tsarist court set fashions for the rest of the European royal families. The end of the Romanov empire might have terminated the ability to continue producing these delicate works, but the mystique has never ended. This seminar is filled with examples of jewelers' artistry and describes the court life in which such art was possible. It also will chronicle what happened to these artifacts when the Romanov rule ended.

2 Tuesdays, March 19 and 26

6-8 p.m., ZOOM

***Carol Veldman Rudie**, education outreach coordinator at The Museum of Russian Art, uses her college teaching skills to research and to present background to Russian art and culture. She has been the lead docent at TMORA since 2005 and developed its docent training program. Since then, she has received multiple invitations to share her research through presentations. As a special interest she led*

tours to Russia. She has her MA from the University of Minnesota and subsequently did graduate work that included Art History. Sharing her love for visual, performance and literary arts motivates her involvement with TMORA.

Ba Duan Jin Qigong Exercise

In this seminar you will learn about Ba Duan Jin Qigong. Dating to the Song Dynasty (960-1279), Ba Duan Jin Qigong is a complete set of exercises that was passed down from ancient China. It was developed based on the Classic Chinese medicine theory and practices. Ba Duan Jin is comprised of eight movements that are relatively simple and can be practiced at any place or time and it can be practiced by people of all ages, and it is very beneficial. If practiced on a regular basis over time, Ba Duan Jin exercise will significantly yield positive health effects.

Seminar limit: 20

4 Tuesdays, March 19-April 9
6-8 p.m., Daniel J. Curran Place

Dr. Ping Yang worked as a design engineer in China after graduating from college. Her dream of completing an advanced degree brought her to Manhattan, KS, where she received her master's degree in Grain Science. She attended the University of Illinois and obtained her Ph.D. in Agricultural and Biological Engineering and completed an M.B.A. from the University of Dayton. Dr. Yang currently works as a Principal Research Scientist at Cargill. As a native Chinese, Dr. Yang is very passionate about her cultural heritage. She often finds answers from the classic Chinese teachings for modern day challenges. Ba Duan Jin is one of Dr. Yang's daily routines and is excited to share the ancient body-mind exercise with you!

Feeling the Beat

Everyone is welcome to join!! Dancing and listening to Salsa and other happy rhythms is wonderful fun! Start dancing! Learning to dance is as easy as one, two, three. It's easier than you think. Transform your lifestyle today by learning easy, low impact fun steps to feel the beat while having a great time. Interesting "delicious salsa recipes" as well as learning about famous singers and dancers will be part of the learning experience in this seminar.

Seminar limit: 20

6 Tuesdays, March 19-April 23
6-8 p.m., Daniel J. Curran Place

Martha Calderon Lahanas a native of Bogota, Colombia, has taught Spanish at Wright State University, University of Dayton and Sinclair Community College as an adjunct teacher. She has a bachelor's degree in International Business and Languages from Universidad Colegio Mayor de Cundinamarca, a bachelor's degree in Mass Communication from Wright State University and an M.S. in Education from Capella University. Martha loves dancing and loves teaching.

In Peace and War: Our 32nd President, Franklin Delano Roosevelt ZOOM

Nearly every poll of Presidential scholars ranks FDR in the top five of all American presidents, and usually in the top three. So, what specifically earns him such overwhelming respect and admiration? In this two hour Zoom seminar we'll find out. We'll begin by recognizing that the catalyst for presidential greatness is the existence of tremendous obstacles: without extraordinary challenges, a president's greatness may go forever untested and unknown. That level of extreme challenge is why FDR is so often placed in the same category as George Washington and Abraham Lincoln. Without those three Presidents' adroit leadership at the most critical junctures in American history our nation as we know it would not exist.

We'll look at FDR's background, the personal and professional crucibles that prepared him for the Presidency, and his successes in steering the nation through the travails of the Great Depression. We'll then cover FDR's last two terms as he led America and the Allies in the struggles against the Axis Powers of World War II. We'll close with an assessment of his many strengths, but also his weaknesses, and some significant blind spots.

1 Tuesday, April 2
6-8 p.m., ZOOM

Dr. Bud Baker is Emeritus Professor of Management at Wright State University where he spent 30 years in various teaching and administrative positions. Prior to that, he served for 20 years in the US Air Force, as a cargo jet navigator, Strategic Air Command missile crew commander, US Air Force Academy professor, and aircraft acquisition program manager at Wright Patterson AFB. A frequent guest speaker in various UDOLLI seminars, Dr. Baker has also moderated Zoom seminars on military aviation, the momentous presidency of Franklin Delano Roosevelt and contemporary business issues in the media. He is very much looking forward to this seminar, in which he plans to show persuasively why FDR's presidency was the most momentous of America's last one hundred years.

Putinism and the Russo-Ukrainian War NEW ZOOM

This seminar will examine Putinism in detail and evaluate the Russo-Ukrainian War 2022-2024. The first session features a political and economic account of Putin's Kremlin dictatorship. It will include his invasion of Ukraine, how he will lose the war and the prospect for a fragmentation of Russian control over Siberia. The second session will cover military details of the war including the major combat systems, as well as strategies and tactics. The result in global geopolitics will conclude the seminar.

2 Tuesdays, April 9 and 16

6-8 p.m., ZOOM

Dr. Elmo E. (Joe) Roach is a native Daytonian, graduating from the University of Dayton with a Bachelor of Art degree in 1963. He is also a USMC veteran. He earned his PhD in Russian History from Ohio State University in 1968. As a professor of History at Bradley University, in the 1990s, he served as a consultant for Caterpillar Inc. joint venture efforts in Russia and Siberia and the Samara Oblast on the Volga River. In 1994 he was selected as a Foreign Member of the Russian Academy of Natural Sciences, Moscow, Section on Geopolitics. He is a Bradley Emeritus Professor.

SEMINARS FILL QUICKLY!

Register early. Online registration begins Monday, February 5th.

81 seminars 13 ZOOM 37 New 44 Updated or Repeated

ADDITIONAL PROGRAM INFORMATION

Severe Weather and Other Community Emergencies—UDOLLI seminars will be cancelled when the University of Dayton is closed for inclement weather. If the situation is ambiguous, there will be a message on the office phone at 937-229-2347. Listen for details on WHIO-TV or WHIO-AM/FM radio.

Housekeeping—We are a program run mostly by volunteers. Please help by keeping classrooms and common areas clean.

Lunch—Options include the Daniel J. Curran Place cafeteria, ArtStreet Café, Kennedy Union and nearby restaurants—or you may bring a bag lunch.

Quiet in the Halls—Socializing is highly encouraged, but not outside seminars in progress.

Seminar Liaison—UDOLLI members act as seminar liaisons for the moderators, helping to ensure that announcements are made, and equipment is set up and handouts are distributed. Not only are seminar liaisons essential to the smooth functioning of UDOLLI, but volunteering as a liaison also provides an opportunity to become better acquainted with moderators and seminar participants.

Training will be provided! If you would like to volunteer to be a seminar liaison, please contact the UD Special Programs and Continuing Education at 937-229-2605. Thank you!

ATTENDANCE

We encourage you to attend all seminars and activities for which you have registered. Our moderators volunteer their time, so it is important for them to know it is valued and appreciated.

- If you are registered for seminars and circumstances prevent you from attending seminars, before the session begins or after the session has started, please call Special Programs and Continuing Education at 937-229-2347 to cancel your seminar registration.
- An early cancellation helps another member attend a seminar that was full or at its capacity.
- Do not attend a seminar for which you have not registered, because some seminars have seminar limits or recommended text readings or materials.

UDOLLI MEMBER MERCHANDISE

Express your UDOLLI pride with merchandise that has been created with you in mind. UDOLLI has partnered with the University of Dayton bookstore to showcase a collection of apparel and bags that allows you to show your support of this special program in a subtle and professional way. The items from this collection are perfect for the classroom, a Flyers basketball game, or any occasion. The proceeds from items purchased from this collection will support UDOLLI initiatives and programming. Items can be purchased online at <https://shop.udayton.edu/blog/udolli-partnership>. Once on the site please scroll down for the information. If you have any questions, please contact the University of Dayton bookstore at (937) 229-3233.

THANK YOU CONTRIBUTORS

Thank you to all the life members, distinguished service life members, friends and financial supporters. Your support and hard work have contributed greatly to UDOLLI.

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OTHER CONTINUING EDUCATION PROGRAMS AT UD

SENIOR FELLOWS

If you are 60 years of age or better, you can become a UD Senior Fellow. Membership in the Senior Fellows program includes the privilege of attending any two seminars for which you meet the prerequisite—undergraduate—each term on an audit basis. (*Books and special fees are extra.*)

DAYTON CELEBRATION CHORUS

The Dayton Celebration Chorus is an adult community chorus that serves the city of Dayton and the Miami Valley region. Open to all interested adult singers and requiring no audition, the Chorus sings a diverse repertoire of both sacred and secular choral literature, with an emphasis on American music. Founded in 2003 as the Schuster Center Celebration Choir, the organization was first sponsored by the Victoria Theatre Association. In 2014, the group affiliated with the University of Dayton Office of Special Programs and Continuing Education.

Performance venues have included the Schuster Center for the Performing Arts, Courthouse Square Grande Illumination, Kroc Center, Dayton Art Institute, Victoria Theatre, The Greene, UD Arena, Fifth Third Field, and various churches, and retirement communities. Chorus members have enjoyed performance opportunities with the Dayton Philharmonic Orchestra's Holiday Festival Community Chorus, the UD New Horizons Band, the Miami Valley Symphony, and various guest artists and conductors. DCC has been selected annually to sing the National Anthem for the Dayton Dragons at Fifth Third Field.

For registration information, please visit:

Udayton.edu/continuing_education/noncredit_offerings/daytoncelebrationchorus/.

NEW HORIZONS MUSIC

Learn to play music in a band as a senior adult—even if you have no musical experience! Playing music is a special joy that will help you maintain mental and physical health. It is also a way of experiencing life—playing music from the past keeps us in touch with those feelings; daily practice keeps us active in the present; and striving for new goals attaches us to the future. One band member describes it as “serious fun.”

As a member of New Horizons Music, you will meet new friends and work with them as a team to learn music for concerts and other performances in the community. New

Horizons ensembles typically perform many times each year in venues ranging from formal concerts to shopping malls and from parks to retirement and nursing homes.

UD New Horizons Music offers adults 50 years of age or better the opportunity to begin a musical instrument and provides a re-entry point for those who have been away from active music making for many years. Instruments taught include flute, oboe, bassoon, clarinet, saxophone, trumpet, French horn, trombone, baritone, tuba and percussion.

For registration information, please visit:

https://www.udayton.edu/continuing_education/senior_programs/nhmp/index.php

THE FANTASTIC FLYER FOLLIES

The University of Dayton Special Programs and Continuing Education recently launched a traveling performance company exclusively for seniors. Are you a singer, dancer, musician, or actor? Join us! No experience? No problem. Just bring your energy, enthusiasm and most importantly your love of musical theater!

Stay active, have fun and be a part of Dayton's Fantastic Flyer Follies!

Enrollment is \$40 for each six-month period.

For additional information and how to register, Contact Jacqueline Heman at 937-435-3353, or Barbara Hayde at bhayde043@gmail.com.

CONNECTING GENERATIONS & CULTURES

A TALENT BANK & CLEARING HOUSE PROGRAM

With age comes experience and wisdom that can be priceless when shared with others

1. What Is This Program About?

The UDOLLI Connecting Generations & Cultures (CGC) program connects UDOLLI to the Dayton area community utilizing our vibrant, highly educated, experienced and talented members. Connecting Generations & Cultures is a Talent Bank & Clearing House program for community organizations. We put your talents to work by connecting you to organizations to help carry out their mission. As members of our program, many of you are ready and anxious to share your decades of knowledge, experience, and wisdom with those who can benefit.

2. Connecting Criteria

The CGC program has been reaching out to various community groups, and many have reached out to us. We connect to organizations that meet any one of these criteria: is it educational, cultural, civic, social, governmental, inter-generational? Can our members and the organization's members contribute to and benefit from the connection experience? As opportunities come along, we promote them to UDOLLI members. Check out our connected organizations at right. Let us know of any organizations you feel would make a good connection with our program.*

*NOTE: A recommendation is no guarantee we will make a connection. We carefully review every idea to ensure it fits within UDOLLI's mission and the objectives of the Connecting Generations & Cultures program. Our Executive Director makes all final decisions. All UDOLLI members involved with any Connecting Generations & Cultures program must understand and accept that they represent the Osher Lifelong Learning Institute at the University of Dayton and must adhere to all rules and regulations that may apply to the University and our program.

3. Connecting You

Here's how we get you connected. We communicate an organization's needs in a variety of ways: email, newsletter, seminar announcements, special presentations, and promotional flyers. You'll learn about the organization, decide if you're interested and then you reach out to the organization's contact directly. You are then on your way to a new adventure.

Your connection could be for a single project or an ongoing program. For example, you could share your ideas during a creative planning session or work with the organization on a regular basis to carry on their mission. There may be several of your fellow UDOLLI members involved in the same activity, or it might be just you. Whatever project or organization you get involved with, you will meet new friends and perhaps build lifelong relationships. You may even find that a connection can be life changing. You may be a senior, but you are not done yet! You can share your years of experience and wisdom to make our community a better place.

4. Our Connected Partners

The following list includes all organizations to-date we have connected with since the inception of CGC in 2013. With some of our connections our members have been deeply involved working on a variety of projects, while with others we are just getting started in making deeper connections. The connection may currently be active or inactive. Our members have contributed their expertise in a variety of ways: teaching, mentoring,

donating, facilitating deliberation discussions, and facilitating creative and strategic planning sessions.

1. National Issues Forums Institute (Kettering Foundation)
2. Mound Street Academies
3. Miracle Clubhouse (Miami Valley Goodwill Easter Seals)
4. Ohio Law Enforcement Association
5. UD Center for International Programs
6. UD Center for Human Rights
7. UD Alumni Mentoring
8. The Collaboratory
9. The Dayton Foundation Del Mar Encore Program
10. Discovery Lab Global
11. Village to Village Network
12. Miami Valley Foodbank
13. Hillel Academy

REGISTRATION AND RELATED INFORMATION

Remember these helpful tips and important facts as you register.

- The \$80 registration fee entitles you to select as many seminars as you wish.
- Payment is due when you register. Your confirmation letter serves as your receipt/invoice.
- You can register for UDOLLI seminars online, by phone or by mail. Email requests will not be accepted.
- Seminars may be cancelled if fewer than 10 persons register. You will be notified should that occur.
- Once a seminar reaches its specified “seminar limit,” you will be waitlisted and notified if an opening occurs.
- If you cannot attend the first day of your seminar, please let us know by calling 937-229-2347. Otherwise, you may be withdrawn from the seminar.

About refunds. To receive a refund of your \$80 registration fee, please notify Special Programs and Continuing Education, 937-229-2347, by **Monday, March 11**. After that date, refunds are not given.

Parking permits. To park on campus, everyone must properly display a valid University of Dayton permit. This also includes handicapped-designated spaces.

The fee for parking is \$60 per permit issued; however, as a courtesy and thank you for your continuing support of the UDOLLI, especially during the pandemic, we are offering **one pass per household free of charge to you**. If a spouse or someone else in the household requires a second permit, the fee of \$60 will apply.

After you have registered and prior to the start of the spring program, you will be contacted by the Office of Special Programs and Continuing Education with regard to ordering your parking permit. You may then stop by the office during the first week of seminars to pick up the permit you have ordered. Office hours are Monday through Friday 8:30 a.m.-4:30 p.m.

The R1 permit is also valid on the main campus, after 4 p.m. weekdays; open parking (without a permit) is allowed on weekday evenings after 7:30 p.m. and on weekends.

Once you receive your permit, please keep it in a safe place for use during the program. Remember to display it properly from the rearview mirror. Lost or stolen permits, as well as parking citations, are the responsibility of the member. Replacement permits cost \$60 per person, per permit.

Face coverings. Face coverings remain optional in most shared indoor spaces on campus.

FOOD DRIVE

University of Dayton Special Programs and Continuing Education and UDOLLI will be holding a food drive.

Please lend a hand and bring in canned goods during the dates provided below:

Spring Program: April 8-12, 2024

DATES TO REMEMBER

2024 SUMMER PROGRAM

Registration Begins May 6, 2024

Seminar Dates June 10–August 14, 2024

SEMINARS IN SEARCH OF A MODERATOR

Are you interested in moderating a seminar?

- Great American Cities
- Adventures in Drawing
- Basketball Hall of Fame
- George M. Cohan
- Mark Twain
- Trail of Tears and Indian Removal
- Pulitzer Prize Photographs
- The Library of Congress
- Assassinations in America
- Important Supreme Court Justices
- The Packard Museum
- Royal Families
- Sea Stories — hearing from UDOLLI veterans

Moderators are the life blood of our program: without moderators, there is no UDOLLI. If you have a passion for a subject that might be interesting to others, consider offering it as a seminar. It can be a lot of work, but it's almost always very rewarding and a lot of fun. It also comes with perks: free seminars for you and your spouse for a year and complimentary parking for the term in which you teach. Best of all, it's easy! If you would like to propose a topic, send a proposal to jmitchell1@udayton.edu. Include the following:

1. Your name, mailing address, phone number and email address
2. The title of your seminar, with a brief description of what the seminar participants will learn
3. Any special requirements
4. A brief biography demonstrating your expertise in the subject area and your presentation abilities.

Let us know if you would like a sample proposal. Julie Mitchell, the executive director of UD's office of Special Programs and Continuing Education, will discuss your seminar proposal with the UDOLLI curriculum committee. If your topic is selected, you will be asked to fill out a moderator/seminar information form. This will give us the information we need for our program catalog, explain your room setup and audio/visual requirements, and tell us the days and times you are available to moderate.

REGISTRATION PROCEDURES

You can register for UDOLLI seminars online, by phone or by mail. Due to the popularity of UDOLLI seminars, please register promptly and whenever applicable, please indicate 1st, 2nd and/or 3rd choices, if registering by telephone. If registering online, selections are live so alternative choices are unnecessary.

Online Registration — **Recommended Registration Option** (beginning Monday, February 5th at 9 a.m.) Each registrant will need to have his/her own individual email address. (Payment is required at time of registration.) While there are three methods to register, the online choice is recommended. Online registration begins Monday, February 5 at 9 a.m. — telephone and mail requests will be accepted on/after Monday, February 12th.

Please contact the Special Programs and Continuing Education Office **prior to February 5** for information on pre-registering an online profile if one has not already been created for you. If unsure, the office can assist with information regarding profiles, setting up email accounts or other registration questions.

To access the registration site, there are three options:

TO REGISTER

Online (Beginning Monday, February 5th)

To access the registration site, there are two options:

1. Go directly to the online registration site at:
<https://udayton.eventsair.com/udolli/031824reg>
2. Access the main UDOLLI webpage at go.udayton.edu/udolli. Click the navigation link **Spring 2024 Seminars**. Click **Online-Registration**, choose the correct prompt to either **create a new user account**, or sign in with your existing account.

Phone Registration (Beginning Monday, February 12th)

Call 937-229-2347 to talk with the Special Programs and Continuing Education registration specialist. If you receive a recorded message please leave your name, telephone number and seminar selections, including alternative choices.

If registering by telephone, you may be requested to submit the completed registration form on page 54.

Mail Registration (Beginning Monday, February 12th)

All mail-in registrations must be postmarked after **February 12th**.

1. Complete the registration form on page 54.
2. If you pay by check or money order, make it payable to "University of Dayton." If you pay by credit card, complete the method of payment information and include your signature.
3. Any registrations received before the first date of mail registration will be held for processing on **February 12th**.
4. Mail to:
University of Dayton
Special Programs and Continuing Education
300 College Park
Dayton, Ohio 45469-7011

UDOLLI SPRING 2024 CATALOG CALENDAR

MONDAY SEMINARS

9:30-11:30 a.m.

Amendments to the Constitution: Adopted, Rejected, and Proposed ZOOM

Among the Best Joel McCrea Westerns NEW

Architecture in Dayton

Creation through Evolution - Science meets Faith

The Tragedy of Othello NEW

12:30-2:30 p.m.

African-Indian Quilting: Design and Create Your Own Art Quilt

Behind the Scenes at the Humans Race Theatre Company NEW

Famous American Paintings and What They Teach Us About Our History

Gardening Success Through Plants ZOOM

Writes of Passage NEW

3-5 p.m.

Peace and Harmony in Chinese Brush Painting NEW

Stars, Planets, and Universes – Oh My! Introduction to the Night Sky

The Gatekeepers NEW

TUESDAY SEMINARS

9:30-11:30 a.m.

Getting More Out of Your Apple Watch

Getting More Out of Your Apple Watch ZOOM

Jesus in Matthew's Gospel ZOOM

What's the Story? Your Ohio Neighbors Share Their War Memories

Write From the Heart NEW

12:30-2:30 p.m.

Beginning Zentangle

History of Rock and Roll NEW

Hometown Boy Makes Good: Revisiting Dayton Native and Comedy Legend Jonathan Winters

Modern Physics in Our Daily Life NEW

The Effects of Twenty Famous Tales NEW ZOOM

3-5 p.m.

Fun with Grapes (North American Edition) NEW

History of Jazz - Part II

Passport to Retirement ZOOM

Tennis Instruction

WEDNESDAY SEMINARS

9:30-11:30 a.m.

A History of England for Tourists

Bring a Mac and Learn II NEW

Helpful Lessons on The Second half of Life (From Role to Soul) ZOOM

Judaism 101

The Vinyl Era (The Music We Grew Up With) NEW

Zoom a Mac and Learn II NEW ZOOM

12:30-2:30 p.m.

Exploring Short Fiction NEW

Historical and Beautiful Churches

Journey to the Cosmos 3 NEW

Spring Wildflowers at MetroParks NEW

Talk with the Chief

3-4 p.m.

Beginner Pickleball

3-5 p.m.

Baseball History 1960-2010 NEW

London – Biography of a City

4:30 p.m. on April 24; (11:00 a.m. May 1 – 29)

Biking the Dayton Region's World-Class System of Bike Trails

THURSDAY SEMINARS

9:30-11:30 a.m.

Intermediate/Advanced iPhone NEW

Reconstruction: America After the Civil War

Sam's Favorite Groups II NEW

The Crusades

12:30-2:30 p.m.

Auto Ancestry – The Car industry in Dayton NEW

Japanese Reiki Level 1 NEW

Learning Buddhism Through Literature NEW

Senior Yoga

The Life and Works of Six Famous Artists in Documentary Form NEW

3-5 p.m.

Examining Our Contemporary World

Exploring the Catskills: From the Borscht Belt to Woodstock NEW

Google Tools: Drive, Calendar, Docs, Sheets, Slides, Maps

Some Native American Cultures: A Beginning Overview NEW

FRIDAY SEMINARS

9:30-11:30 a.m.

Socrates Café

12:30-2:30 p.m.

American Civil War: Special Topics 3

Spanish Survival Fun ZOOM

Techniques for Making Beautiful Greeting Cards

Untold Dayton History: What's Not in the History Books

FRIDAY SELECTED TOPICS

March 22

9:30-11:30 a.m.

A Photographic Journey through South Africa and Botswana

12:30-2:30 p.m.

Heresy in the Heartland: The Controversy at the University of Dayton, 1960-67 NEW

Nine Months in an RV: A Journey Across the US

3-5 p.m.

A Trip to Cinque Terre, Florence & Lugano, Italy & Interlaken, Switzerland NEW

April 5

9:30-11:30 a.m.

Frances Perkins: Agent of Change NEW

Hopes And Tears

12:30-2:30 p.m.

Jumpstart Your Memoir NEW

3-5 p.m.

Frontier between the Miami's 1783-1800s NEW

April 12

12:30-2:30 p.m.

Hopes and Tears (Week 2)

How To Communicate Effectively with Your Doctor or Other Healthcare Provider

April 19

9:30-11:30 a.m.

Paul Harvey Remembered – The Rest of the Story

12:30-2:30 p.m.

The President is Dead! A Medical Look at the Cause of Death of Every U.S. President NEW

April 26

9:30-11:30 a.m.

What it's Like to Own and Drive an Electric Car NEW

12:30-2:30 p.m.

The Dayton Foundation: How We Help You Help Others

May 3

9:30-11:30 a.m.

Steeped in Tradition: The Story of Tea

12:30-2:30 p.m.

Memory Health - Even Elephants Forget Sometimes NEW

UDOLLI AT NIGHT

6-8 p.m.

March 19

Frances Perkins: Agent of Change NEW ZOOM

March 19 and 26

Imperial Faberge: Jeweler to the Tsars NEW ZOOM

March 19-April 9

Ba Duan Jin Qigong Exercise

March 19-April 23

Feeling the Beat

April 2

In Peace and War: Our 32nd President, Franklin Delano Roosevelt ZOOM

April 9 and 16

Putinism and the Russo-Ukrainian War NEW ZOOM