

# The Frequent Flyer

## UD ARMY ROTC DETACHMENT

MARCH 2016

18 MAR: All cadets assembled on the range for the upcoming field exercise order. Briefed by the MSIV leadership, the order denotes the plan and logistics for the weekend, allowing adequate preparation for this semester's culminating training event.



17 MAR: MSI and II cadets provide security on KU field while MSIIIs gain experience planning and executing a platoon attack for the upcoming leadership exercise with Wright State.



### MORE THAN A MOVIE: PROJECT 22



On March 22nd, cadets attended the premiere of the documentary *Project 22*, presented by UD's Keller Law School veteran's advocacy group. The film brings to light the suicide epidemic afflicting combat vets-claiming 22 victims daily. Cadets attended to educate ourselves and our future soldiers about the crisis our brothers and sisters in arms are facing. For more information on *Project 22*, visit their website, [medicinalmissions.com](http://medicinalmissions.com).

### LET'S GET PHYSICAL!: COMBAT WORKOUT CHALLENGES AND MOTIVATES

Not one PT uniform could be seen on Stuart Hill the morning of the 14th as the Fighting Flyers conducted Combat PT. This workout simulated a combat environment, replacing weights with dummy rifles and fellow cadets and sprints with litter carries and combat rolls. This workout, created by



MSIV Cadet Katie Schlather, adds variety into the usual rotation of strength circuits and cardio as well as builds squad cohesion. The 4 squads worked cohesively and encouraged each other, successfully completing the workout and strengthening team bonds.



## FLYERS NEED WINGS!

If you're in the Dayton area on April 19th, come out and support the Fighting Flyers! We are taking over the Buffalo Wild Wings on Brown Street all day. Present the flyer included in this mailer and 15% of your total bill will help us fund future cadet needs. See you there!

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## UPCOMING EVENTS FOR THE FIGHTING FLYERS

**April 1-3:** We are looking forward to the Combined Leadership Development Exercise and the opportunity to conduct training at Ft. Knox. Planned by the MSIV cadets, MSIs, IIs, and IIIs will practice land navigation, platoon patrolling missions, and complete an obstacle course with cadets from our sister program at Wright State University to prepare for summer training.

**April 8-10:** The MSIV cadets are headed to Ft. Knox for a leadership conference with all 7th Brigade MSIVs (Midwest region). Cadets will hear senior officers and cadre speak on what it means to be an Army leader, participate in workshops and attend panel discussions to prepare them for commissioning in May.

**April 15-16:** Dust off the dress uniforms because it's the annual Dining Out! Every year, the detachment celebrates an excellent year of training and leader development with an awards banquet and dinner, inviting family and friends to share in recognizing our accomplishments.