

## ALUMNI ANNOUNCEMENTS

We'd love to let your fellow alumni know what you are doing. Send us news about your life and your practice to include in Alumni Announcements for our next edition of LifeLine! Just fill out our short Alumni Spotlight Survey at [www.surveymonkey.com/s/UDalumspotlight](http://www.surveymonkey.com/s/UDalumspotlight).

## HEALTHCARE CONNECTION

Successful candidates at health professional schools need more than a good GPA and high test scores; they need to observe and experience work in healthcare first-hand.

As the University of Dayton continues to expand the geographical diversity of the student body, the premedical programs office would like to expand our pool of alumni who will give these students clinical opportunities. We have developed an effective system of matching our students seeking clinical experiences with our alumni who would benefit from mentoring future practitioners.

Please consider lending a mentoring hand. We strongly encourage you to complete

our survey at [www.surveymonkey.com/s/healthcareconnection](http://www.surveymonkey.com/s/healthcareconnection).

By completing the survey, you will be joining "Healthcare Connection." Once we receive your survey, we will periodically contact you to see if you are interested and able to have a student shadow you. Any information you share with us will be kept strictly confidential until you give us permission to share it. Please join the UD Healthcare Connection by completing the survey or by contacting our office directly at 937-229-3545. Thank you for helping us continue to provide UD students with a quality educational experience and to help them prepare for a successful career in healthcare.

## PROGRAM STAFF

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### YOUR COMMENTS AND SUBMISSIONS ARE ENCOURAGED!

Please visit our website for more information about our program and services: [premed.udayton.edu](http://premed.udayton.edu)

Don't forget! Fourth Annual UD/Miami Valley Hospital Healthcare Symposium is Saturday, March 23, 2013. Register at [premed.udayton.edu](http://premed.udayton.edu).

Winter 2013

# LIFELINE

Premedical Programs Alumni Newsletter



## WHAT'S HAPPENING ON CAMPUS?

### University of Dayton/Miami Valley Hospital HEALTHCARE SYMPOSIUM

March 23rd is the date of the fourth annual UD/Miami Valley Hospital Healthcare Symposium. This year's symposium will feature Dr. Marjorie Bowman, Dean of Wright State University Boonshoft School of Medicine, who will moderate a program titled "Controversies in Prevention: The role of immunizations, screenings and genetics." A panel of local physicians will discuss specific controversies in their area of practice, and Dean Bowman will facilitate the conversation.



Last year's symposium was held on March 31, 2012. More than 80 students and 100 health professionals attended the event.

Last year's symposium included two morning sessions focused on the Patient Centered Medical Home (PCMH) Model and Medicine and Spirituality. Dr. Ted Wymyslo, Dr. Joseph Scherger, Dr. Barbara Tobias, Mr. Jeff Biehl and Ms. Donna Hedrick discussed "Are You Ready for PCMH? Incorporating the PCMH Model into Practice." Dr. Philip Diller and Dr. Evangeline Andarsio, along with keynote speaker Dr. Harold Koenig, discussed the role of spirituality in both the physician's professional practice and in the patient's medical experience.

The keynote address "Religion, Spirituality and Medicine: Research and Clinical

Applications" was delivered by Dr. Harold Koenig, Director of the Center for Spirituality, Theology and Health at Duke University. He spoke about the vast research being conducted investigating the relationships between spirituality and health, and described how religious involvement may impact health. Afterward a reception and luncheon were held in the Torch Lounge.



During the afternoon, the student symposium was held, which included panels of physicians, medical students, dental students, and UD students and alumni. They discussed a variety of topics including preparing for medical school, life in medical school, preparing for a career in dentistry, other healthcare options such as PA, optometry, podiatry, pharmacy and nursing, and research and clinical opportunities for undergrads. The UD alumni who participated as presenters included Kaitlin Fries, Ashley Gerdeman, Jared Castro, Chris Doyle, Krista Rath, Eric Whitney, Liz Barton, Laura DeVida, Teresa Meier, Katie Wood, Andrew McBride and Kelly Thobe.

Thank you also to the physicians who helped plan the symposium including UD alumni Dr. Michael Craig, Dr. Ranjana Sinha and Dr. Christine O'Dea.

## DIRECTOR'S WELCOME

Happy New Year! I hope the new year finds you well. This is a great time for us to pause and reflect on the past year and bring our alumni up to date on UD premedical happenings.

The year 2012 brought big changes to the premedical programs office. In July, Dr. Bob Kearns completed his appointment as director of premedical programs, and I was hired as the new director. Dr. Kearns is enjoying a year of sabbatical and will return to UD as professor in biology in August 2013. Dr. Julie Simon was hired in the role of assistant director of premedical programs. Dr. Simon had been teaching at UD as a lecturer in mathematics before her appointment.

It has been an active year for students as well. Our students have been very active in the local, regional and global health communities. Our medical and dental brigade to Central America is become a very popular program on campus. Closer to home, our students have developed a partnership with Reach Out Montgomery County, an organization that provides healthcare to uninsured individuals in the Miami Valley. We are in the process of developing an internship program at Miami Valley Hospital, and our student organizations such as Healing Hearts, Alpha Epsilon Delta and Dental Interest Group are going strong.

We hope you have a terrific year and that our paths cross. Please consider visiting us in 2013. We would love to see you at our Healthcare Symposium on March 23rd. Keep an eye on your mail for registration information or visit [premed.udayton.edu](http://premed.udayton.edu).

Best Wishes,  
Kathleen Scheltens, Ph.D.  
Director of Premedical Programs

## ALUMNI SPOTLIGHT



**Dr. Joseph Scherger** ('71, summa cum laude) received his M.D. from the UCLA School of Medicine ('75) and completed a Family Medicine Residency at the University of Washington as well as earning an M.P.H. ('78).

He served in the National Health Service Corps as a migrant health physician before starting a private practice in California. Over the last 20 years, he has held a number of positions focusing on education, healthcare reform and quality of life including teaching medical students and residents at UC Davis, serving as a VP for Family Practice and Primary Care Education at Sharp HealthCare in San Diego, Chair of the Department of Family Medicine and Associate Dean at UC Irvine and as the founding dean of the Florida State University College of Medicine.

He serves on the editorial board of Medical Economics and is an Assistant Editor of Family Medicine. He has been an editor of multiple journals, served on many boards, has received numerous awards, has authored more than 400 medical publications and has given over 900 invited presentations.

Currently, Dr. Scherger is Vice President for Primary Care at Eisenhower Medicine Center in Rancho Mirage, California. He is Clinical Professor of Family Medicine at the University of California, San Diego School of Medicine (UCSD) and at the Keck School of Medicine at the

University of Southern California (USC). He was formerly Consulting Medical Director for Quality and Informatics at Lumetra Health-care Solutions. Dr. Scherger's main focus is on the redesign of office practice using the tools of information technology and quality improvement.

Dr. Scherger enjoys an active family life with his wife, Carol, and two sons, Adrian and Gabriel. He has completed 28 marathons and three 50K Ultramarathon trail runs.



**Dr. Mary (Pelszynski) Buchwalder** ('82, summa cum laude) received her M.D. from The Ohio State University College of Medicine in 1986. She completed a three year

Family Medicine residency at St. Elizabeth Medical Center in Dayton and is a board certified Family Physician.

After residency, Dr. Buchwalder worked part-time for 14 years while raising her daughters. Her jobs included shifts in the Wayne Hospital Emergency Room as well as private practice. Since 1996, she has precepted at Dayton Community Family Medicine Residency, teaching in the residency office when she worked part-time, and having residents come to the UD Health Center in recent years.

She is currently the Medical Director (since 2003) at the UD Health Center, where she has worked since 1991. She is involved in direct patient care as well as administrative duties. During her tenure as Medical Director, she has changed a number of policies and procedures including having scheduled appointments, adding electronic medical records, increasing staff and securing University support for immunization and TB screening. She regularly interacts with many diverse offices and programs across campus to improve student health and well-

being and serves as a Marianist Educational Associate. Her door is always open to UD students interested in discussing a medical career or those interested in ways to combine work and family.

In addition to her primary responsibilities in the Health Center, Dr. Buchwalder participates in Bike to Work Day, Marianist Environmental Education Center Art Exhibits and UD Band Alumni. She is married to fellow UD alumnus Mark Buchwalder, and her interests outside of work include cycling, making jewelry, sustainable gardening and travel.



**Dr. Ranjana Sinha** ('93) received her M.D. from the Medical Academy of Lublin in Lublin, Poland.

She completed her pediatric residency at Bridgeport Hospital/ Yale University School of Medicine in New Haven, Connecticut and Cincinnati Children's Hospital Medical Center. Dr. Sinha is board certified in pediatrics.

Dr. Sinha recently completed a Master of Health Administration degree from Ohio University. She has special interests in Pediatric Research in the Inpatient Setting, Quality Improvement and Patient Safety Initiatives.

In 2011, Dr. Sinha was named medical director of general inpatient services at Dayton Children's. Previously she was the medical director for the Children's Urgent Care Center in Springboro for two years. Prior to that, she was in a private pediatric practice and pediatric urgent care center in Louisville, KY.

Dr. Sinha has been a member of the planning committee for the UD/Miami Valley Hospital Healthcare Symposium for the past two years. Her involvement has been

instrumental in expanding the role of Dayton Children's in the UD/Miami Valley Healthcare Symposium.

Dr. Sinha enjoys spending time with family, cooking and traveling. She is involved in many community projects outside the hospital. Currently, she is collaborating with a team of physicians to begin a Global Health experience for medical students at a pediatric institution in India.

## ALUMNI NEWS

## ACCEPTANCES Congratulations to 2012 graduates entering health professional schools

**Emily Baker (DEN)** Marquette University Dentistry  
**Alyssa Breagh (MED)** Michigan State University COM

**Katherine Bruening (MED)** Wright State University  
**David Cable (BSE)** Shenandoah University P.A.  
**Tyra Campbell (MED)** Nova Southeastern University P.A.

**Ashley Cattran (MED)** University of Cincinnati COM  
**Bridget Conlon (BIO)** Des Moines COM  
**Kayli Deckert (MED)** Lake Erie COM at Seton Hill University

**Kevin Donnelly (CME)** The Ohio State University  
**Kelly Gartland (HSS)** University of Kansas  
**Daniel Goldbach (MED)** Lake Erie COM  
**Benjamin Gough (MED)** Lake Erie COM  
**Kailyn Hagerty (BIO)** Midwestern University College of Dental Medicine

**Shannon Hallinan (BIO)** University of Louisville COM  
**Emily Huffman (BIO)** Ohio University Heritage COM  
**Jennifer Hurtubise (CME)** Wright State University

**Jillian Jadzak (MED)** Scholl School of Podiatric Medicine

**Jessica Jose (MED)** University of Missouri – St. Louis Optometry

**Glenna Knappe (BIO)** Michigan State University CHM  
**Christopher Kovaleski (MED)** University of Cincinnati COM

**Courtney Kutsulis (DEN)** Indiana University Dentistry  
**Catherine Leatherwood (MED)** Edward Via-Spartanburg

**Corin Marshall (MED)** University of Cincinnati COM  
**Yvonne Marten (DEN)** Marquette U. Dentistry

**Trisha Miller (MED)** Wright State University  
**Sara McCrate (BIO)** University of Cincinnati COM  
**Jill Pockras (MED)** The Ohio State University Pharmacy

**Jeannette Poissant (MED)** Ohio University Heritage COM

**Hannah Raffoul (BIO)** The Ohio State University Dentistry

**Sara Roessner (BIO)** The Ohio State University Dentistry

**Mary Ryan (CME)** The Ohio State University COM  
**Lindsey Salchli (MED)** Ohio University Heritage COM

**Nicole Scheckelhoff (DEN)** Ohio State University Dentistry  
**Anna Scott (MED)** University of Cincinnati COM

**Sneha Srinivas (MED)** Pikeville University Kentucky COM

**Christopher Stucke (MED)** Ohio College of Podiatric Medicine

**Zachary Stueve (BIO)** The Ohio State University Dentistry

**Patrick Sweigert (BCM)** Loyola U. Chicago Stritch COM

**Grant Turek (MED & MET)** Loyola U. Chicago Stritch SOM

**Melanie Vandermeir (MED)** Ohio College of Podiatric Medicine

**Haley Ward (BCM)** University of Cincinnati COM

## UD STUDENTS CONTINUE GLOBAL HEALTH INITIATIVES

In January 2012, the UD Medical/Dental Brigade traveled to Honduras with the organization Global Brigades. The trip was sponsored by UD campus ministry and the UD premedical programs office. A group of UD students assisted physicians Dr. Tom Herchline, Dr. Marylynn Herchline and Dr. Annette Chavez along with R.N. Kim Kantzer. The brigade served over 500

patients. Each brigade member took along a 50 lb. suitcase filled with donated medications and supplies, which were used or donated for future use. In 2013, two more student groups will travel with Global Brigades. One group travels to Panama this month, and a second group will go to Honduras in May 2013. If you would like to donate medical or dental supplies

or funds to help meet expenses, please contact premedical programs director Dr. Kathleen Scheltens at [kscheltens1@udayton.edu](mailto:kscheltens1@udayton.edu). If you would like more information about Global Brigades, you can go to their website at [www.globalbrigades.org](http://www.globalbrigades.org).

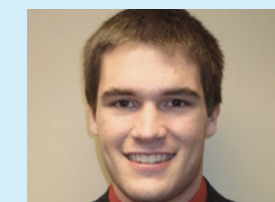
## GRADUATE SENIOR AWARD WINNERS

**GLENNA KNAPE**

Glenna M. Knappe received the Joseph E. Scherger, M.D., MPH Leadership in Medicine Award, which is presented to a graduating premedical student who has demonstrated leadership toward improving the health of the public through better healthcare. Glenna attends Michigan State University College of Human Medicine.

**SHANNON HALLINAN**

Shannon C. Hallinan received the Miami Valley Academy of Family Physicians Award, which goes to the graduating senior whose activities exemplify the philosophy of family medicine. Shannon attends the University of Louisville School of Medicine.

**DAVID CABLE**

David Cable received the Brother Francis John Molz Memorial Award, which goes to the Outstanding Senior in Premedicine who best demonstrates the qualities of unselfishness, community service and academic achievement. David attends Shenandoah University Physician Assistant Program.

**TRISHA MILLER**

Trisha L. Miller received the Montgomery County Medical Society Award, which goes to the outstanding Senior in a Premedical Curriculum. Trisha attends the Boonshoft School of Medicine at Wright State University.

**CONGRATULATIONS AWARD WINNERS!**