

March 2016

# PREMED NEWSLETTER



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Spring is almost here and that means things are bustling in the Premedical Programs office. Some upcoming events and deadlines to keep on your radar:

- If you are planning to apply to medical or dental school this year, your online requests for evaluation forms are due on Friday, March 11 and signed forms are due March 18.
- Student registration is now open for the Seventh Annual University of Dayton & Miami Valley Hospital Healthcare Symposium. The symposium will be held on Saturday, April 23. This year all students are welcome and encouraged to attend the morning sessions as well as the student symposium in the afternoon. Take a look at the schedule on page 3 to see the list of panels and topics. The lower middle photo is the PA panel from last year.
- The deadline for the poster session of the Symposium has been extended until March 14. You can find more information about the poster session and how to submit a poster at the web page listed at top right. The picture opposite shows last year's morning speakers.
- If you are interested in applying for the Medical/Dental/Public Health Brigade to Nicaragua in January 2017, meetings are being held on March 16 and 18. See page 2 for details.

Congratulations to the 60+ new active members of AED, initiated in a ceremony on February 16. Welcome to the Ohio Eta Chapter of AED.

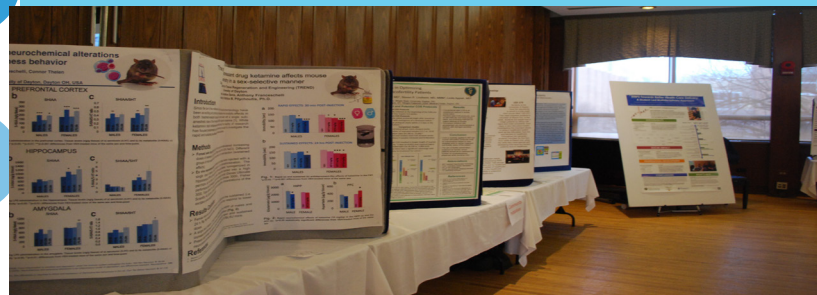
Happy Spring,

Dr. Scheltens and Dr. Simon



## 7TH ANNUAL UNIVERSITY OF DAYTON & MIAMI VALLEY HEALTHCARE SYMPOSIUM APRIL 23, 2016

REGISTER AT [GO.UDAYTON.EDU/UDMVHSYMPOSIUM](http://GO.UDAYTON.EDU/UDMVHSYMPOSIUM)



Newly initiated members of Alpha Epsilon Delta

## GLOBAL BRIGADES INFORMATION SESSIONS >>

Information sessions for the January 2017 Medical/Dental/Public Health Brigade to Nicaragua will be held this month. The sessions will be on March 16 at 5 pm and on March 18 at 3:30 pm. Both will be held in SC 114. All students interested in applying for the January 2017 Brigade should attend one of these sessions. Online applications will open March 18 and close March 29.

## REQUEST FOR EVALUATION >>

Attention students applying to medical or dental school in this application cycle: Your online Requests for Evaluation are due March 11. Signed Request for Evaluation forms and evaluator's forms are due in the office by March 18. All students who wish to use a composite letter and summary evaluation packet must comply with these deadlines or expect a significant delay in your composite letter process.

## PRE-VETERINARY CLUB >>

Pre-Veterinary Club will be hosting an informative presentation by UD alumna Kelly Schwaner and Lauren Gravatt who are both first year students at Michigan State University, College of Veterinary Medicine.

When: Sunday, March 13th at 7:00 pm

Where: Science Center 150

What: The presenters will talk about the vet school application process, their experience as first year students and more, and answer questions.

For questions about the event or the pre-vet club, please email Carly Giel at [cgiel1@udayton.edu](mailto:cgiel1@udayton.edu).

## RESCUE SQUAD >>

UD Rescue Squad will hold the following events for first and second year students who are interested in applying for next year's Rescue Squad.

### Info Sessions

Wednesday, March 9th - KU 331 6-7pm

Thursday, March 10th - KU 207 6-7pm

### Meet and Greet

Friday, March 11th - KU Hangar 6:30-8:30pm \*\*\*Opportunity to meet current members, take a tour of the ambulance, and get any questions answered! Food and drinks will be provided

### Ice Cream Social

Sunday, March 20th - UD EMS House

Garage (214 Lawnview) 12-2pm

Only first and second year students may apply to Rescue Squad. The application is live at <https://www.udayton.edu/publicsafety/ems/squad/prospective.php> and will close on April 1 at 11:59 pm.

## MED/DEN SCHOOL APPLICATION WORKSHOPS >>

Professional school application workshops will be held at 5:00 pm on April 13 and at 5:45 pm on April 14, both in SC 114. These workshops are for students planning to apply to medical or dental school this summer. They will be continuations of the application workshops that were held in January. They will focus on the steps you will take in completing your AMCAS, AADSAS, or AACOMAS application. You need attend only one of these two workshops. These are important workshops for you to learn about the next steps in the application process.

## MVH SHADOWING >>

Spots are still available to Juniors who wish to shadow at Miami Valley Hospital this spring. Students can shadow for one morning each in Interventional Radiology, Endoscopy, Emergency, and Heart & Vascular Procedures. Applications and information can be found at [premed.udayton.edu](http://premed.udayton.edu) on the "Opportunities and Activities" tab under Hospital Observation or contact Dr. Simon for more information.

## PRE-PA CLUB >>

For current Juniors and Seniors looking to apply to PA programs this summer, the CASPA workshop hosted by Sue Wulff, Director of the UD PA program, on March 30th would be very informative and an opportunity for students to get answers to questions regarding the application process. Additional meetings are listed below. All Pre PA Club meetings are at 8:00 PM in SC 114.

3/16: Kettering PA student panel

3/30: CASPA workshop

4/13: Social with UD PA students

4/27: Senior sendoff!

## REGISTRATION FOR FALL COURSES >>

Registration for Fall courses begins on March 30. The following courses should be of interest to MED/DEN majors. Many of them fulfill CAP requirements. Some can also be counted toward the Medical Humanities minor and/or MED/DEN major requirements.

VAF 230: Anatomy Drawing (does not count as CAP Arts but does count toward the Med Hum minor)

PHL 315: Medical Ethics

ENG 373: Writing in the Health Professions

ENG 366: Health Literacy and Social Justice

SWK 331: Death, Dying, and Suicide

PSY 422: Physiological Psychology

Minicourses:

UDI 270: Premedical Community Experience

UDI 276: Pre dentistry Experience at Good Neighbor (requires DEN major and junior standing)

UDI 277: Medical Documentation in the EMR Age and The Medical Scribe

# University of Dayton & Miami Valley Hospital Healthcare Symposium

## Building a Healthy Dayton One Connection at a Time

April 23, 2016, Kennedy Union, University of Dayton

8:00 – 8:45	Registration/Continental Breakfast and Poster Session		
9:00 – 10:00	<p>“‘The Upstream Effect’ – What Makes Us Get Sick?”</p> <p>Dr. Joseph Scherger will serve as moderator. Dr. Rishi Manchanda will deliver the keynote address. Dr. Manchanda will talk about his work to improve primary care by getting to the root cause of what is making people ill. He looks at “upstream” factors like a poor diet, a stressful job, and a lack of fresh air. He aims to teach doctors to think about and treat these social and environmental conditions that often underlie sickness.</p>		
10:00 – 10:30	Poster Session		
10:30 – 12:00	<p>The morning session will be followed by three breakout sessions (choose one):</p> <ul style="list-style-type: none"> <li>• Advance Care Planning: Implementing the Dayton Model</li> <li>• Healthy Children: Addressing social needs to improve health outcomes</li> <li>• Guiding Patients toward Health and Wellness through Nutrition and Healthy Lifestyle</li> </ul>		
12:00 – 1:00	Luncheon		
	<p><b>Student Symposium</b></p> <p>The afternoon session is designed for students planning and preparing for a career in healthcare.</p>		
1:30 – 2:20	Global Medicine	Doctors, PA’s, and NP’s Working Together	Life in Dental School
2:30 – 3:20	Practicing Medicine in Specialty Fields	Gap Year Experiences	PA’s and NP’s
3:30 – 4:20	Life in Medical School	Medical School and the Application Process	Pediatrics

The 2016 University of Dayton & Miami Valley Hospital Healthcare Symposium will take place on April 23 at Kennedy Union from 8:00 am until 4:30 pm. This year all students are encouraged to attend the morning session as well as the student symposium in the afternoon.

This year’s title is “Building a Healthy Dayton One Connection at a Time.” It will focus on ways to expand our vision of healthcare to better meet the physical, social, emotional, and spiritual needs of patients and families and build a healthy community.

The morning will kick off with a continental breakfast and poster session. The posters are submitted by UD students as well as medical and graduate students from Wright State University Boonshoft School of Medicine and are on topics related to health and healthcare.

This year the morning session is open

to all undergraduates along with professionals, medical and graduate students. The morning will kick off with a talk by Dr. Rishi Manchanda titled “‘The Upstream Effect’ – What Makes Us Get Sick?” He will talk about a new model of healthcare that includes “upstreamists” who work to improve social determinants of health. The opening session will be followed by break-out sessions:

- Advance Care Planning: Implementing the Dayton Model — Update on the Dayton area advance care planning initiative along with guidelines and tools for promoting advance care planning with patients.
- Healthy Children: Addressing Social Needs to Improve Health Outcomes — Discussion of two innovative clinical-community initiatives at Dayton Children’s Hospital that aim to improve health beyond the walls of the hospital.

- Guiding Patients toward Health and Wellness through Nutrition and Healthy Lifestyle — Dr. Scherger will discuss his most recent book titled “Lean and Fit: A Doctor’s Journey to Healthy Nutrition and Greater Wellness.”

A luncheon will follow the morning session where students can interact with local healthcare professionals. (Students may register and may attend as space permits, according to seniority.)

The afternoon sessions are designed for all undergraduate students planning and preparing for a career in health care. We have some interesting new afternoon sessions this year. See the schedule above.

Registration is required. The symposium is free for current UD students. For more information and to register go to [go.udayton.edu/udmvhsymposium](http://go.udayton.edu/udmvhsymposium).



# HIGHLIGHTS



## MARCH

**March 8** — National University of Health Sciences table in Science Center Atrium

**March 11** — Online Request for Evaluation form due in the Premed Office for

all professional school applicants using a composite letter and summary evaluation

**March 16** — Global Brigades Information Session, 5 pm, SC 114

**March 18** — Global Brigades Information Session, 3:30 pm, SC 114

**March 18** — Signed Request for Evaluation forms due in the Premed Office

**March 24-28** — Easter Break

## APRIL and MAY

**April 1** — Last day to apply for December 2016 graduation

**April 11** — Last day to drop with a W

**April 13** — Professional school application process workshop, SC 114, 5 p.m.

**April 14** — Professional school application process workshop, SC 114, 5:45 p.m.

**April 20** — Brother Joseph W. Stander Symposium - no classes

**April 23** — University of Dayton & Miami Valley Hospital Healthcare Symposium, Kennedy Union, 8 am - 4:30 pm

**April 29** — Last day of classes

**April 30 - May 1** — Study days

**May 2 - 6** — Final Exams

**May 8** — Undergraduate Commencement

## ACCEPTANCES

### Congratulations to the following UD students who have been admitted to health professional schools for 2016!

Neal Bucher (MED) Ohio U Heritage COM

Arden Burch (MED) Logan U College of Chiropractic

Abigail Carr (MED) Butler U PA, Marian U COM

Kristin Creel (MED) Wright State U Boonshoft SOM

Breonna Curren (MED) Alabama COM

Alicia Dellazoppa (MED) Marquette PA, UDayton PA

Patrick Dugan (MED) Indiana U SOM

Ryan Elser (EPT) Marietta U PA, Kettering PA, U Dayton PA

Drew Elson (MED) Ohio U Heritage COM

Molly Fitch (BIO) Kettering U PA, Baldwin Wallace U PA, Ohio Dominican U PA, Butler U PA, Medical College of SC PA

Sofia Gillum (MED) Marian U COM

Kaleigh Hudak (EEP) U Dayton PA, U of Saint Francis PA

Tim Hunter (MED) AT Still U Kirksville COM, U Cincinnati COM

DJ Kleppel (BIO) U Toledo COM, Penn State U Hershey COM

Katie Korneffel (BIO) U Toledo COM

Jasmine Lahoud (BIO) Kettering U PA, U Dayton PA

Kelsey Maag (MED) OUHCOM Dublin

Seamus Mangan (MED) OUHCOM Cleveland, Marian U COM, LECOM

Maggie McNamara (MED) Emory U Nell Hodgson Woodruff School of Nursing

Emily McNerney (MED) Kettering U PA

Jonathan Melendez (MED) Ohio State U SOM, U Central Florida COM, Boston U SOM

Mario Mutillo (MED) Marshall U School of Pharmacy

Bailey Myers (DEN) Ohio State U COD, Marquette U SOD

Michelle Naporano (BIO) Ohio U Heritage COM

Shayna Niese (EEP) U Findlay PA

Delaine Oda (MED) Kettering U PA, U Dayton PA

John Porter (MED) Ohio State U SOM, U Cincinnati COM, Case Western Reserve U SOM

Maxwell Roeske (BIO) Ohio State U MD/PhD, Stanford U COM, Vanderbilt U MD/PhD, U Wisconsin MD/PhD, Medical Col-

lege of Wisconsin MD/PhD

Kristin Schemine (DEN) U Michigan SOD, Ohio State U COD, Marquette U SOD, Midwestern U CODM

Kathryn Schilling (MED) Marian U COM

Alexandra Shehata (BIO) U Kentucky COD, Ohio State U COD

Jessica Smith (MED) U Cincinnati COM St Louis U COM

Paul Stamas (DEN) U Michigan SOD, Marquette U SOD

Hibba Sumra (MED) U Toledo COM

Meredith Taylor (MED) U Cincinnati COM, Ohio U Heritage COM

Chad Thiemann (MED) Marian U COM

J Drake Wakefield (MED) OUHCOM Dublin

Christopher Watson (MED) OUHCOM, Joan C Edwards SOM at Marshall U

Justin Woodruff (DEN) U of Louisville COD