A Reflection on Last Year’s Accomplishments

At the UDOLLI annual meeting on May 12, 2016, I reflected upon certain activities and accomplishments from our previous year. Although we progressed forward in many ways, here are some items I particularly wish to share with you.

One important achievement is our continued growth in UDOLLI membership and seminar offerings, as well as the humble distinction of being the largest endowed program (by the Osher Foundation) at the University of Dayton. It is a significant accomplishment that UDOLLI is the largest single-campus Lifelong Learning Institute in the Osher network — which currently consists of 119 Lifelong Learning Institutes spanning all 50 states and the District of Columbia and representing approximately 151,000 members nationwide. The Osher Lifelong Learning Institute at the University of Dayton serves as a national benchmark for adult education, and our work together makes a difference in the lives of many.

We also reached a major administration goal through the purchase of a new data management system for processing registrations and payments, and maintaining records for all of our continuing education programs. As a result you will have noticed in August some differences in our UDOLLI seminar registration process and procedure. The new system once again allows us to offer a reliable UDOLLI online registration option.

This past year, our various committees continued to exist to serve the needs of the UDOLLI members and to assist with the work of the sponsoring department of the UDOLLI — the Office of Special Programs and Continuing Education. In turn, special programs and continuing education exists to do the same. We are a partnership that is intertwined in all aspects of the Lifelong Learning Institute and therein lies the secret to our success. For the committee chairs’ hard work and dedication, as well as that of the members of each of these committees, I thank you so much. It is my great privilege to work with and learn from you.

I’d like to recognize and thank Stephanie Smith who last year initiated a partnership between UDOLLI and the Foodbank. Along with our fall and winter food drives, our recent spring drive was a great success, with 457 pounds of food collected. This included 236 pounds of peanut butter to support the Dayton Bar Association project, and $640 was also given to the Foodbank as part of UDOLLI’s member donations. Your generous support helped provide food to a network of more than 100 programs in the Dayton area aimed at eliminating hunger. Thanks to all who participated!

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FROM THE PRESIDENT

Sages & Seekers Meets Connecting Generations & Cultures

“From grade schools to senior villages, we now spend much of our lives on separate generational islands. Can we reverse the trend?”

This is a quote from the Sages & Seekers program — a program that honors elders, empowers youth and builds community. The Sages & Seekers program is a national program that UDOLLI Executive Director Julie Mitchell and I discovered while attending the Osher conference last fall. It fits perfectly with our Connecting Generations & Cultures initiative launched a couple of years ago. It provides for another opportunity to use our members’ talents and reach out to younger generations to share those talents and experiences. The Sages & Seekers program has already been used with great success in other Osher Lifelong Learning programs, senior centers and retirement communities across the country.

The Sages & Seekers eight-week intergenerational program brings two different generations together — our UDOLLI members and high school or even college-age students — in order to learn about each other’s experiences. The mission of our Connecting Generations & Cultures program is to share with each other our experience, wisdom, knowledge and talent — a true learning opportunity for everyone involved. That’s why Sages & Seekers fits with our program so well.

In the Sages & Seekers program a facilitator manages the process of getting two generations together, approximately 10 from each generation, to get to know each other over several weeks. The program fosters the opportunities to dissolve age-related segregation and to learn from our members, so the young people of our community can more effectively create positive change in the future, and be stronger and better informed leaders of tomorrow.

In the same vein the members of our UDOLLI program will continue to stay active longer, serving as mentors, leaders, role models and advisers for the younger generation.

Sages & Seekers participants meet once a week for about two hours for an eight-week period. During that time, they pair up — one Seeker and one Sage — initially not knowing what to expect. As the weeks pass and relationships deepen, Seekers find wise and
sympathetic allies in their partners from two generations away. Sages find relevance and value. Each Seeker learns about a Sage's life experiences, gathers this information and writes the Sage's life story, which is shared with the group in the final week. Sages & Seekers both get the opportunity to express what they have learned. Strong bonds are formed during this program.

“I was an athlete. I was a doctor. Now what am I? . . . Participating in Sages & Seekers provided another opportunity I didn't have, a new outlet, a new reason for being.” —Dick, a six-time Sage.

In the weeks ahead you will hear more about Sages & Seekers and how you can participate in this fabulous intergenerational program.

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**UDOLLI Registration “Myth” Busters**

The Office of Special Programs and Continuing Education frequently hears concerns from members about the UDOLLI registration process. Executive Director Julie Mitchell wanted to clarify some of the misconceptions that might be perceived. Here are a few “myths” she wanted to address. If you have any additional concerns or questions, please feel free to contact Julie Mitchell at 937-229-2605 or jmitchell1@udayton.edu.

**There is a secret conspiracy/inside track (It’s who you know) to get the seminars you want.**
Not true. We treat every registration equally as it comes in, whether you are a moderator, liaison or board member. No one has an advantage over anyone else.

**You must register exactly the minute registration opens to get your favorite seminars.**
Not true. Many times you can register a few days after registration opens and still get into the seminars you want.

**You have to have a college degree, be a UD alum or be Catholic to belong to UDOLLI.**
Not true. To belong to UDOLLI, your education level, financial situation, race, ethnicity, religion or culture does not matter. The only requirement is that you be a living, breathing person 50 years old or more. We welcome and encourage everyone to participate!

**Popular seminars fill up fast.**
True. However, at registration you have options. If a seminar you selected is full, you have a choice to be placed on a “wait list” for that seminar, or to select another seminar that has vacancies. The good news is: 1) members that elect to be put on the “wait list” are notified if and when an opening occurs, and/or often benefit from the moderator agreeing to provide an extra session to accommodate the demand for the seminar, and 2) members that select another seminar (that has vacancies) most often say they enjoyed that seminar more than expected, feeling they had broadened their horizons.
MODERATOR PROFILE

What’s Law Got To Do With It?

Franklin Lewis served as assistant director of law for the city of Cleveland until his retirement in 2004. He holds a prestigious Juris Doctor degree, earned at The Ohio State University law school, and he is an expert in the history of classical music.

Any of the nearly 50 UDOLLI students who attend each of Lewis’ seminars in the history of classical music can attest to his knowledge and expertise in the subject. Each seminar is usually full and often has a waiting list. A specific era of music is covered in each seminar, and the lilting sounds of the music of that era become the background for the discussion of the events of the era and the biographies of the composers.

Background music was always a part of Lewis’ environment. He grew up listening to his mother’s 78s (78 RPM albums). She loved classical music and often took Lewis to the Cleveland Orchestra concerts. Lewis began piano lessons in the first grade, and he continued until he was in high school. He began playing the trumpet in seventh grade and was in the school bands through high school.

His love of music notwithstanding, Lewis did not consider a career in music. His undergraduate work at Western Reserve University began with studies in accounting, at his parents’ suggestion. However, Lewis soon discovered that he had no aptitude for it and after three semesters “crunching numbers,” he switched to an English and prelaw major. “I loved my new major and thought I would enjoy law as a career,” he says. He elected to minor in music history as an undergraduate. “My love of music continued,” Lewis says, and though he took no music courses in law school, he attended concerts and recitals and listened to music while he was studying.

After graduating from Western Reserve, he entered The Ohio State University Michael E. Moritz College of Law, where he earned a Juris Doctor degree. He served as trustee for the Cleveland Institute of Music from 1988 to 1996.

Lewis’ wife, Cheryl, serves as the liaison for his seminar at UDOLLI. An astute and efficient liaison, Cheryl Lewis is revered as the quintessential baker of cookies, which she distributes to the music lovers in Lewis’ seminar. Also an Ohio State graduate, Cheryl Lewis earned a master’s degree at John Carroll University. Franklin and Cheryl retired in 2004. They relocated to Dayton to be close to their daughter, who had married a man from Dayton whom she had met at Ohio State law school. Franklin and Cheryl also have a son who lives in Gaithersburg, Maryland.

Shortly after their move to Dayton, Lewis learned about UDOLLI, and he took some seminars in fall 2004. He began moderating in fall 2005. His first seminar was The History of Classical Music Part I. This fall he will moderate his 21st seminar, not in law, but in the history of classical music — a subject he knows well and thoroughly enjoys.
Honor Flight Dayton Takes Two UDOLLI Members to D.C. War Memorials

On Saturday, May 28, 2016, an American Airlines charter flight left Dayton International Airport at 6 a.m. headed for Washington, D.C. On board were 71 Vietnam War veterans, nine World War II veterans and 11 Korean War veterans on their way to see their national war memorials. Two of those veterans were UDOLLI members — Chuck Ritter and Chuck Brecht. The chartered flight was hosted by the Honor Flight Dayton nonprofit organization.

The mission of Honor Flight Dayton is to take veterans of the WWII, Korean and Vietnam wars to see their national memorials in Washington, D.C. The trips, via air or an RVC (Recreational Vehicle Convoy) ground transportation program, are provided at no cost to all qualified veterans and include airfare, bus transportation while in D.C., meals, T-shirts and disposable cameras. Honor Flight Dayton makes six trips to D.C. each year in the spring and fall months, giving priority to terminally ill veterans. Volunteers, guardians and nurses, who pay their own way, accompany the veterans. One hundred percent of all donations to the Honor Flight Dayton chapter go to the expenses of transporting veterans to their memorials.

“We had to be at the airport at 3:30 a.m. and we returned at 10:30 p.m. that night,” said Chuck Brecht. “We were treated with coffee and sweet rolls at the Dayton airport, along with a full breakfast while in flight. Approximately 60 people gathered to greet us at the airport and the fire departments gave us a fire truck water cannon send-off from Dayton, and another on arrival at Reagan National Airport.”

In D.C., the vets boarded three touring coaches and received a double police escort. “We did not stop for a red light or left-hand turn the entire day,” said Brecht. “It was in D.C. that the two of us Chucks ran into each other!” said Ritter. A leader on each coach explained to the vets what would happen next and provided points of interest and background. In addition, three nurses on each coach assisted the veterans, and every one or two vets had a guide to make sure the vets got to do and see what they wanted. Volunteers also assisted veterans in wheelchairs if the walking became too difficult. All of the veterans were attired in their color-coded T-shirts.

The tour began at the Lincoln Memorial, taking two hours to visit the Lincoln, Vietnam and Korean memorials. Next, an Air Force band greeted the vets as they visited the U.S. Air Force Memorial where they attended a flag ceremony for those servicemen who have passed. Group pictures were taken, and before leaving, a motorcycle group delivered an Arby’s box lunch for each. Then, they were off to tour the Marine Memorial, watch the changing of the guard at the Tomb of the Unknown Soldier and visit the WWII Memorial. The vets were then treated to a sit-down buffet dinner before heading home.

On arrival at Dayton International at 10:30 p.m., about 800 people welcomed the vets home — Boy Scouts, young Marines, Airmen from the base, families with young children, dancers, a canine organization, Knights of Columbus in full dress uniform, and more. “Each veteran received a packet of letters and pictures created and signed by school children voicing their gratitude for the veteran’s service to our country,” said Ritter.

Chuck Ritter served in the U.S. Army during the Korean War from 1953 to 1955. He could have avoided the draft with a medical deferment but opted to enlist instead. “I was the youngest of four boys to serve in the military,” said Ritter. “My mother was not happy with my decision.” But the war soon ended, so Ritter was assigned as an instructor, teaching heating and ventilation (along with sheet metal work) to the servicemen. This was essential to maintaining army barracks. He left the Army early to attend the University of Dayton on a G.I. Bill, where he received his bachelor’s degree. He later earned his Ph.D. at another university. Ritter returned to teach geology at UD, retiring in 1994. He currently serves on the advisory board for UD’s ROTC.

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Chuck Brecht served in the Air Force from February 1969 to May 1973, entering right after the Vietnam Tet Offensive. At that time, the U.S. needed more interpreters, so they assigned Brecht as a North Vietnamese linguist. As a sergeant, he intercepted North Vietnamese messages, then transcribed and decoded them. For two and a half years, Brecht flew as a crew member of an RC-135 stationed at Okinawa and performed temporary duty in Cam Ranh Bay for a month at a time flying in RC-130s.

Both Ritter and Brecht want other UDOLLI members and veterans to know about Honor Flight Dayton. “I believe the Honor Flight brought a beautiful and significant closure to my military career,” said Ritter. “Our welcome home at the Dayton airport was the ‘welcome-home’ that the Korean and Vietnam guys didn’t receive,” Brecht said. “It was unbelievable! Everyone was fighting tears.”

For additional information about Honor Flight Dayton, to make a donation or to apply as a veteran, guardian or volunteer, visit HonorFlightDayton.org.

RAGBAGPHARMACY

'Twas crestor and the slimy mucinex
Did tujeo and zeljan in the trulicity:
All prevnar were the linzesses,
And the zifaxan wallowed in orencia.

“Beware the Ragbagpharmacy, my readers!
The stomach that gurtles, the throat that gargles!
Beware the rexulti pill, and do not swallow
The jardiance Nocturnapram!”

She took her kerydin lozenge in hand;
Long time the humira she sought --
So filled, she rested by the enbrel tree
And stood extremely baffled.

And, as in a nasacort it waited,
The Ragbagpharmacy, with esophagus enflamed,
Came swirling through the areds tongue,
And burbled as it came!

Three, four! Three, four! And down and down
The kerydin lozenge went gulp, gulp!
She left it to wallow, and with its mouth
It went vomiting back up.

“And hast thou injested the Ragbagpharmacy?
Come to my clinic, my harvoni mates!
O prevagan night! Accutane! Plavix!
She chortled in her joy.

'Twas crestor, and the slimy mucinex
Did tujeo and zeljan in the trulicity:
All prevnar were the linzesses,
And the zifaxan wallowed in orencia.

Gary Mitchner will conduct a UDOLLI poetry reading on November 3, 2016, at 5:30 p.m. in the River Campus auditorium. He will read his own poems and then introduce the following UDOLLI members who will also read: Priscilla Mutter, Suzanne Smith, Paula and Jim Hemmerly, Betsy and Jim Hughes, Cecile Cary, Margaret and Jim Brooks, and perhaps others. For more information, call 937-229-2347.
**Items Good to Know**

- The University of Dayton Osher Lifelong Learning Institute acronym “UDLLI” has been changed to “UDOLLI” to better reflect the Institute’s identity as being part of the Osher network of Lifelong Learning Institutes.

- The Office of Special Programs and Continuing Education has purchased a new data management system allowing you to register for seminars online. With the new online process, you will be asked to preregister (that is, to set up sign-in access) prior to your seminar selections. This new online procedure requires you to have an email address, and is the most efficient and fastest way to register for your preferred seminars. However, you may still register by mail (University of Dayton Special Programs and Continuing Education, 300 College Park, Dayton, Ohio 45469-7011) or telephone (937-229-2347). **Hand-deliveries/ walk-in registrations and email registrations will no longer be accepted.** Additional information is available in the “Registration and Related Information” and “Registration Procedures” sections of the program brochures. If you need assistance to register online, you may call 937-229-2347.

- The University of Dayton breast cancer research team is beginning a new study examining the impact of perceived stress on arm function. The team is seeking women who have had breast cancer to participate. A woman may qualify for this study if she is between the ages of 30 and 69, and was diagnosed with breast cancer between one and five years ago. This study consists of a single data collection session and includes completing several questionnaires, being interviewed by students about how you use your arm, and having your strength, motion and muscular endurance measured. If interested, please contact Mary Fisher at bcresearch@udayton.edu or 937-229-5600.

- The Office of Special Programs and Continuing Education offers additional adult programs to UDOLLI members. **Senior Fellows** — On an audit basis, you may attend any two UD undergraduate or graduate classes (call Julie Mitchell at 937-229-2605). **New Horizons Music Program** — Learn to play an instrument or refresh your previously learned musical skills. **Dayton Celebration Chorus** — Enjoy the thrill of chorus singing, and no audition is required. **Travel abroad programs** — Travel with experienced UD professors to many favorite world locations. For information on the above, call 937-229-2347.
MARK YOUR CALENDAR . . .

- **UDOLLI 2016-2017 Programs**
  
  Sunday, September 18, 2016: UDOLLI Program Year Kick-Off Event, 1:30–4 p.m. Invitations will be mailed to members.

  September 19–November 11, 2016: UDOLLI Fall Program.

  January 17–February 27, 2017: UDOLLI Winter Program.


  May 11 and June 7, 2017: UDOLLI Summer Program (May 11 includes the UDOLLI Annual Meeting and Moderator Appreciation Luncheon).

- **Special Programs and Continuing Education’s Travel Program**
  
  October 7-15, 2016: A return to a few of Northern Italy’s cities while exploring A Harmony of the Arts, a music trip hosted by Andria Chiodo and Linda Snyder.

- **Food Drive**
  
  October 10-14, 2016: Bring nonperishable food items to the River Campus Resource Room, or make a cash donation. All items and monies go to Dayton’s Foodbank.

- **Poetry Reading Featuring UDOLLI Poet Laureate Gary Mitchner**
  
  November 3, 2016, 5:30 p.m., River Campus Auditorium: Gary Mitchner will recite several of his poems, then numerous UDOLLI members will share their works.

2016 Fall Program Review of New Seminars

*The UDOLLI fall program, September 19 to November 11, 2016, offers 78 seminars — 40 of which are new. Here is a sample of just five of the new seminars, one for each day of the week, along with a Friday “Selected Topics” seminar. UDOLLI mailed a program brochure to each member describing all of the fall seminars and registration procedures. If you did not receive a brochure, call 937-229-2347 or search “UDOLLI seminars” online.*

**Photographers Today! A Photographic Art Appreciation Seminar**

Take a look at some not-quite-so-famous others with a camera or cell phone in hand and their view of the world. We will be highlighting contemporary international photographers as well as local photographic artists, and featuring past and current trends, styles, values and the future of photographic images. This is also a look at “street photography” and selfies, and we will question if everyone today is a photographer. Several guest photographers will present their viewpoint and favorite subject matter, speaking on aviation, news media, nature, history, fine art and digital possibilities.

6 Mondays, September 19 – October 24, 9:30–11:30 a.m. at River Campus

*Marvin Christian has been a commercial photographer for more than 60 years and photo editor for six local history books and since 2012 has presented UDOLLI seminars on Dayton history and famous photographers. He has served as president of Aviation Trail Inc. since 2004 and is a trustee on the National Aviation Heritage Area board. He is a past president of the Dayton Advertising Club (AAF Dayton), and he is a recipient of the American Advertising Federation Silver Medal Award for Lifetime Achievement.*

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Build the Business of Your Dreams
Do you own a business or have you considered going into business for yourself? Do you remember why you went into business in the first place ... before it became a daily fight for survival? Or are you looking to take your business to greater heights? Come to this participatory series and learn specific strategies to build the business of your dreams. First, gain a bird’s-eye view of how to build a successful business. Then learn details such as how to increase profits through sales, marketing and customer service; work fewer hours by systematizing your business; and develop an awesome team.

6 Tuesdays, September 20 – October 25, 12:30–2:30 p.m. at River Campus

Michael Barnes has a Ph.D. from the University of Cincinnati. He spent 12 years at Cincinnati Children’s Hospital where he built the Cincinnati Biobank, which is transforming how we understand diseases of childhood. He then spent 1.5 years as director of laboratory operations at Assurex Health, a clinical genetic testing company that is transforming treatment of patients with ADHD, PTSD and depression. He is currently a certified business coach and owner of Barnes Business Coaching, an ActionCOACH franchise.

Literature About Small Towns
This seminar will examine both the positive and the negative of small-town life. American literature is rich in its exploration of the small town — from poems to essays, from short stories to short story cycles, from novels to trilogies. As a microcosm for all the large questions we ask about the human condition, the small town provides material that reverberates far past the local and regional perspectives and out into the universal. Richard Russo’s Empire Falls will start us off, and then a variety of short works will take over, including Fitzgerald’s “Winter Dreams” and Hemingway’s “The Killers” and “Soldier’s Home.”

7 Wednesdays, September 21 – November 2, 3–5 p.m. at River Campus

Required Text: Richard Russo’s Empire Falls is available used or new, in both paperback or hardcover formats. Try Amazon, AbeBooks or Half Price Books. Shorter works will be provided in class, either online or as handouts.

Anne and Joe Pici have thoroughly enjoyed team-teaching many classes for UDOLLI. Joe is starting his 51st year teaching literature and creative writing at UD (but who’s counting?). Anne is retired after 30+ years teaching rhetoric and composition at UD, but still works as a freelance editor.

The Ever-Growing, Ever-Changing English Language
We will look at the history of the English language from the pre-English days of Celts and Romans, through Anglo-Saxon “Old English,” Norman “Middle English” and the origins of Modern English (yes, that includes Shakespeare). We will examine the influences of many languages upon the development of English, and see how American and British English came to a parting of the ways. Finally, we will see how English continues to grow and change as words and idioms come and go, taking on new and different meanings.

6 Thursdays, September 22 – October 27, 9:30–11:30 a.m. at River Campus

Rita Dushman Rich is a speech/language pathologist who is currently enjoying a state of semiretirement. She has a lifelong love of the English language, which, combined with her professional focus on communication and her enthusiasm for British history, leads her to preparing this seminar.

Ba Duan Jin Qigong Exercise
Ba Duan Jin Qigong, which dates back to the Song Dynasty (960-1279), is a complete set of exercises that was passed down from ancient China. It was developed based on the classic Chinese medicine theory and practices. Ba Duan Jin is composed of eight movements that are relatively simple and can be practiced at any place or time and by people of all ages. It is very beneficial. If practiced on a regular basis over time, Ba Duan Jin exercise will significantly yield positive health effects.

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Dr. Ping Yang worked as a design engineer in China after graduating from college. Her dream about an advanced degree brought her to Manhattan, Kansas, where she received her master’s degree in grain science. Then she went to the University of Illinois and obtained her Ph.D. in agricultural and biological engineering. She also holds an MBA from the University of Dayton. Dr. Yang currently works as a principal research scientist at Cargill. As a native Chinese, Dr. Yang is very passionate about her cultural heritage. She often finds answers from the classic Chinese teachings for modern-day challenges. Ba Duan Jin is one of Dr. Yang’s daily routines, and she is excited to share the ancient body-mind exercise with you!

Selected Topic:
America’s Best Idea: Celebrating 100 Years of the National Park Service
In 1916, Woodrow Wilson signed the National Park Service Organic Act. Subsequently, over 400 parks and historic sites have been added. Enjoy the history of the National Park Service and how it has been able to preserve these sites for our perpetual enjoyment.

Bill Deitzer has hiked in 51 national parks and in all 50 U.S. states. He is a member of the 900 Miler Club, having hiked all 800 trail miles in the Great Smoky Mountains National Park. He also completed seven hikes to the bottom of the Grand Canyon. Deitzer is retired as CFO of Cincinnati State Technical and Community College.

UDOLLI Remembers Larrell Walters and John Quinn
UDOLLI moderator Larrell Walters passed away in the spring of 2016. Larrell moderated a seminar titled Hands-On Photography. Attendees noted that Larrell always brought in tons of equipment to ensure a better experience for his students.

While working at the University of Dayton Research Institute, Larrell created IDCAST, a national center of excellence in advanced sensor technologies. In 2007, he was named division head of UDRI’s new Sensor Systems Division. Larrell enjoyed many community and philanthropic pursuits, including Daybreak Dayton and the Downtown Dayton Partnership.

Distinguished moderator John Quinn passed away July 13, 2016. John was a professor emeritus from the philosophy department at the University of Dayton. One of the courses he taught regularly was Environmental Ethics. He had a special interest in Kant’s ethics, ecology and environmental philosophy. John presented a number of papers on these topics around the world and at the United Nations.

Seminars John moderated for UDOLLI included Islamic individuals, civilization, art and culture, and world art and philosophy.

UDOLLI is grateful for Larrell Walters’ and John Quinn’s generous contributions. They will be deeply missed.
Photo Gallery

UDOLLI’S ANNUAL MEETING, SUMMER PROGRAMS, CELEBRATION CHORUS CONCERT, MCGINNIS FAREWELL AND ROCK & ROLL HALL OF FAME TOUR