

UD Campus Recreation

Overview

The department of Campus Recreation provides a variety of recreational programs, services, and facilities for the UD community to exercise one's body, mind, and spirit. Our state of the art facilities include a 125,470 sq. ft. recreation complex and a 5.5 acre turf field; both offering opportunity for endless recreational pursuits. With a variety of activity and meeting spaces, Campus Recreation offers facility space for activities including tournaments, competitions, fitness, dance, exhibitions, receptions, classes, and other such functions.

The RecPlex contains a four court gymnasium; three racquetball courts; two multi-use activity courts; rock wall and bouldering cave; an aquatic center featuring eight-lanes, a spa, and diving well; 1/8 mile indoor track; fitness center which includes 180 pieces of strength and cardiovascular equipment; locker rooms; and a lounge. Additionally, Campus Recreation facilities include a sand volleyball court, outdoor basketball court, and Stuart Field, which allows for endless outdoor sport and game activities.

Rental Request

Groups interested in renting recreation space for exclusive use must submit a *Facilities Request Form*, which can be found online at <http://www.udayton.edu/studev/campusrec/facilities/reservations.php>. Requests must be submitted 30 days prior to your visit.

NOTE: Access to Campus Recreation facilities is not guaranteed and is based upon availability. Age restrictions are applicable for specific areas, while general rules and guidelines must be adhered to accordingly.