

Your Six Month Re-Check Opportunity is Here!



Don't miss out on your mid-year health check

A six month re-check is an great chance to check your health status (and assess your progress) between annual health evaluations.

The six month re-check:

- Is offered to all Interactive Health members who completed a University of Dayton health evaluation in 2013
- Is available at off-site lab facilities only
- Provides you with a chance to check your health status. It includes a lab report mailed to you that that assesses the following metrics (results are also available online):
 - Fasting Glucose
 - Total Cholesterol
 - Triglycerides
 - HDL Cholesterol
 - LDL Cholesterol
- Can be requested by contacting Member Services at (800) 840-6100 and asking for a six month re-check packet. This will be mailed to your home with paperwork needed to take to the lab

Interactive Health will not calculate a new Personal Health Score. The purpose of the re-check is to give you an opportunity to compare your latest lab values against previous lab results to determine if you are on track to meet your personal Health Goal.

Call to schedule your appointment today !

