

Saving for your retirement



Introducing “National Save for Retirement” Week

“National Save for Retirement Week” is October 20-26 and marks a good time for you to assess your savings situation and your goals for retirement.

Each day this week, you'll receive an email describing the many resources available to help you reach your goals. Please visit the [National Save for Retirement Week website](#) to see all of the useful tools that can help you stay on track and save even more for retirement.

This week will give you the chance to take a fresh look at your savings achievements and what you should do going forward.

Follow TIAA-CREF on [Twitter @TC_Talks](#) for retirement savings tips using the hashtag [#save4rw](#).

This is the week to get focused! Visit your Benefits Office to enroll in your plan or to increase your contributions.



[Learn more about TIAA-CREF](#)



Investment, insurance and annuity products are not FDIC insured, are not bank guaranteed, are not bank deposits, are not insured by any federal government agency, are not a condition to any banking service or activity and may lose value.

TIAA-CREF products may be subject to market and other risk factors. See the applicable product literature, or visit tiaa-cref.org for details.

You should consider the investment objectives, risks, charges and expenses carefully before investing. Please call 877-518-9161 or log on to www.tiaa-cref.org for underlying product and fund prospectuses that contain this and other information. Please read the prospectuses carefully before investing.

TIAA-CREF Individual & Institutional Services, LLC and Teachers Personal Investors Services, Inc., members FINRA, distribute securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association (TIAA) and College Retirement Equities Fund (CREF), New York, NY.

© 2013 Teachers Insurance and Annuity Association-College Retirement Equities Fund (TIAA-CREF), 730 Third Avenue, New York, NY 10017

C12060