

2015 Faculty Staff Wellness Health Fair



Vendors At Health Fair:

- Orion Physical Therapy (free walk-in functional screenings)
- Lifeworks: EAP Program
- American Cancer Society
- Kettering Health Outreach: bone & heart health
- Day yoga
- Aromatherapy/Meditation
- RecPlex (fitness tips)
- Public Health Dayton & Montgomery County
- Mission of Mary Farms
- Avada Audiology (free walk-in hearing screenings)
- Right Directions (depression awareness initiative)
- Anthem & Live Health online registration

****You MUST bring your Anthem ID card to register for Live Health Online—earn points on Health Activity Tracker**

**September 24, 2015
10 a.m. – 2 p.m.
Kennedy Union
East Ballroom**

- Earn points for Health Activity Tracker for 2015-16
- Receive a 100-page wellness booklet
- Raffle Drawings at Noon and 2 p.m.
 - Win wellness apparel or wristband activity trackers
 - 25 winners at each drawing (can only win once)



****The annual health evaluation must be completed before the Health Activity Tracker may be used.**

**Mark your calendars for a fun and exciting event!
Please support UD's first wellness health fair!**

Contact Theresa Gilbert with questions at:
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