



Support for those affected by the mass shooting in Las Vegas

A mass shooting at a concert festival in Las Vegas on Sunday evening, October 1, has left at least 50 people dead and hundreds wounded, making it one of the deadliest mass shootings in U.S. history. Our thoughts are with those who were affected. If you or someone you love is struggling with grief, fear, anxiety, or anger, the LifeWorks program can help. Even if you were not directly impacted by these events, you or family members may be experiencing difficult or painful emotions. Please know that we can support you.

Our caring, professional consultants can provide guidance, resources, and support. LifeWorks is available 24/7, whenever you need us—the service is completely confidential and brought to you at no cost to you.

You can also access helpful resources, including:

- [Coping with Feelings of Fear and Anxiety About Violence](#)
- [Coping with Grief and Loss After a Traumatic Event](#)
- [Helping a Child Manage Fears After a Traumatic Event](#)
- [Helping Your Teenager Cope After a Traumatic Event](#)
- [How the EAP Can Help in a Crisis](#)
- [How to Use the Employee Assistance Program](#)
- [Taking Care of Yourself After a Traumatic Event](#)
- [When You or Your Children Are Upset by News Reports](#)

Call LifeWorks at 800-346-9188 anytime.

En español: 800-346-9188 TTY: 888-732-9020

You can also visit [LifeWorks](#) (username: university; password: dayton).