

# PLAYING TO YOUR STRENGTHS

SEPT. 28, 2016 | 8:30 AM – 12 PM | KU

Audience: All Staff

*Most of us have been taught that success comes from being well rounded. However, this sets us up to strive for an unrealistic goal. We all have natural strengths yet most of us take them for granted. Our ability to identify and apply our strengths is the key to success. As a part of this course, participants will complete the StrengthFinder 2.0 assessment and explore how they can intentionally leverage their personal strengths.*

## PERFORMANCE OBJECTIVES

- Define the benefits of focusing on their strengths.
- Describe the difference between a talent theme and a strength.
- Explore how their strengths impact how they make decisions.

## COMPETENCIES DEVELOPED

- **University of Dayton:** Personal Character (Develops Professional and Technical Skills; Leads Courageously)
- **NASPA/ACPA:** Personal Foundations; Leadership
- **Marianist Administration:** Organizational Processes (Service of Authority; Person Centered)

## REGISTRATION

Register online at the Student Development staff page on OrgSync.com.



## MATT BECKER

Matt Becker is the owner of Authentic Excellence LLC, a leadership and career coaching business. He is a professional certified coach (PCC) through the International Coaching Federation and has a master's degree in human resource development from Xavier University. He has been working in the field of human resource development for over a decade in both the private and public sectors, with specialties in leadership development, interpersonal skills development, coaching, mentoring, and team building. colleges internationally.

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