

FORMS:

UNIVERSITY OF DAYTON – DEPT. OF CAMPUS RECREATION - CLIMBING WALL RELEASE OF ALL CLAIMS AND COVENANT NOT TO SUE ASSUMPTION OF RISK / LIABILITY WAIVER FORM

Notice: This is a legally binding agreement. By signing this agreement you give up your right to bring court action or recover compensation or obtain any other remedy for any injury to yourself or your property or for your death however caused arising out of your use of the University of Dayton Climbing Wall now or anytime in the future.

Assumption of Risk

I hereby acknowledge and agree that wall climbing and the use of the University of Dayton Climbing Wall has inherent risks. I have full knowledge of the nature and extent of all risks associated with wall climbing, including but not limited to:

1. All manner of injury resulting from falling off the Climbing Wall and impacting against the wall or ground.
2. Injuries resulting from being dropped to the ground during belaying or lowering.
3. Failure of rope, slings, harness, climbing hardware, anchor points, or any part of the Climbing Wall or structure.
4. I understand that helmets are available upon request.
5. You are responsible for the condition of personal gear (harness, helmet, climbing shoes).

Release of All Claims and Covenant Not to Sue

In consideration of my use of the University of Dayton Climbing Wall, I agree to release and on behalf of myself, my heirs, representatives, executors, administrators, and assigns **HEREBY DO RELEASE** the University of Dayton, its officers, agents, and employees from any causes of action, claims, or demands of any nature whatsoever, which I, my heirs, representatives, executors and assigns may now have, or have in the future against the University of Dayton on account of personal injury, property damage, death or accident of any kind, arising out of or in any way related to my use of the Climbing Wall.

In consideration of my use of the Climbing Wall I, the undersigned user, agree to **INDEMNIFY AND HOLD HARMLESS** the University of Dayton, its officers, agents, and employees from any and all causes of action, claims, demands, losses, or costs of any nature whatsoever arising out of or in any way relating to my use of the Climbing Wall.

I hereby certify that I have full knowledge of the nature and extent of the risks inherent in the use of the Climbing Wall and/or Climbing Tower and that I am voluntarily assuming these risks. I understand that I will be solely responsible for any loss or damage, including death, I sustain while using the Climbing Wall and/or Climbing Tower and that by this agreement I am relieving the University of any and all liability for such loss, damage, or death. I further certify that I am in good health and that I have no physical limitations that would preclude my safe use of the Climbing Wall and/or Climbing Tower.

BY SIGNING THIS DOCUMENT, IT IS OUR INTENTION TO EXEMPT AND RELIEVE THE UNIVERSITY OF DAYTON, ITS OFFICERS, AGENTS, OR EMPLOYEES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE, OR WRONGFUL DEATH CAUSED BY ANY REASON WHILE PARTICIPATING AT THE CLIMBING WALL AND/OR CLIMBING TOWER.

Date

Climbing Wall user's signature

Parent or guardian's signature (if under 18)

Climbing Wall user's printed name

Parent or guardian's printed name (if under 18)

The undersigned below agrees to follow the rules listed below, as they are in place for their safety, and for the safety of others using the wall as well.

- 1 – The users of the wall will always listen to the climbing wall staff.
- 2 – The users will always use the climbing gear in the proper manner that they were intended.
- 3 – Climbers will always wear and display their color coded climbing card.
- 4 – Climbers will not bring food or drink into the climbing wall “Zone”.
- 5 – Only climbers or belayers are allowed in the wall zone. All others must stay out of the zone.
- 6 – All belayers and climbers agree to utilize proper belaying technique and agree to double check their setup before they begin the climb. The belayer agrees to check the climber’s gear and knots, and the climber will check the belayer’s system and exchange confirmation that the setup is correct. This is an important step and must be performed at the start of each and every climb.
- 7 – Lead climbing is a privilege. Lead climbers that do not abide by the Lead climbing rules will be warned and lead climbing privileges may be taken away. Practice lead falls are not allowed in the facility except in lessons supervised by appropriate RecPlex Wall staff.
- 8 – All climbers who use bring in and use their own harnesses, agree to having their harness checked out by the RecPlex wall staff before it is used at the wall. They also further agree that if the wall staff deems their own equipment not to be safe, that it is not allowed to be used at the wall.
- 9 – All climbers will display either a yellow or green color coded card on the back of their harnesses when climbing, to identify their climbing ability. If such cards are not displayed, then the climbers will be asked to come down off the wall.
- 10 – Climbers using their own harnesses will be required to wear a blue display card on the back of their harnesses.
- 11 – Bouldering is only allowed in the bouldering cave, and climbers that boulder should never go any higher than their feet being above where their shoulders would reach if they were standing on the ground. It is also required that at least one spotter be present and spotting for the person doing the bouldering whenever someone is bouldering.
- 12 – All climbers and belayers must check in with the wall supervisor and display their color coded cards at all times.
- 13 – All climbers/belayers must take and complete the climbing fundamentals class or the challenge test before they are allowed to use the wall.
- 14 – All climbers must sign a liability waiver/assumption of risk form to be kept on file at the climbing wall.

Climbing Terms

Top Roping – a style of rock climbing where the climber is secured from a fixed point at the top of the climb.
Lead Climbing – a style of rock climbing where the climber secures himself/herself at designated points along the climb.
Bouldering – a style of climbing that uses no rope. The climber doesn’t go above the top of the Bouldering Cave.
Belay – to secure.
Belay Device – device that is used to belay. Examples: GriGri, ATC, figure 8 (we use gri-gri’s at the RecPlex).
Double Check – every single time, no matter experience level, climbers should always double check their partners gear and gear setup.
Kilonewton (kN) – measure of force. 1 kN = 224.8 pounds of force
Carabiner – a device used in climbing to assist in securing the rope to points.
Harness – the device that is used to hold the climber to the rope.

Commands to be used between climber and belayer.

--The belayer is entering into an agreement that he/she is going to be solely focused on the climber.
Climber – “On Belay.” -- the climber asking the belayer if he is ready
Belayer – “Belay On.” -- belayer telling the climber that he is ready
Climber – “Climbing.” -- climber telling the belayer that he/she is going to start climbing
Belayer – “Climb On.” -- belayer telling the climber that he/she can start climbing
Climber – “Take” -- climber telling the belayer that he/she wants to take a rest in the middle of the climb.
Belayer – “I got you.” -- belayer acknowledging that he is ready for the climber to release from the wall
Climber – “Belay Off.” -- climber telling the belayer that he/she is finished climbing
Belayer – “Off Belay.” -- belayer acknowledging that he/she is done climbing

Duty to Notify

- **All types of rock climbing are inherently dangerous.** Meaning that by the nature of the act of climbing there is always a chance of falling and seriously injuring oneself.
- Failure of equipment in rock climbing is very, very rare. Human error is what causes most accidents.
- What the UD RecPlex teaches is indoor rock climbing. If you would like to climb outdoors we strongly recommend that you take an outdoor rock climbing course.
- If you choose to use your own rock climbing equipment, it must first be inspected by a rock wall employee. When using your own equipment, we strongly recommend that you adhere to the manufactures’ recommendations.
- The ropes that we use,, are designed to withstand about 5,000 pounds of force.
- The top rope anchors are each designed to withstand 4,500 pounds of force; therefore, resulting a total of 9,000 pounds of force. (4,500 x 2)
- The harnesses we use at the RecPlex, **Edelweiss**, are built to withstand 4,000 pounds of force.
- Skill in top roping does not instantly transfer to another type of climbing. We strongly recommend that you do not attempt sport/lead climbing or bouldering outside of the UD RecPlex without receiving special instruction first.

I have read the above and understand the concepts described.

Signature _____ Print Name _____

Date _____