

SUMMER

GROUP FITNESS

MAY 21 – JULY 28

STUDIO A

STUDIO C

NO CLASS MAY 28 OR JULY 4 | ALL ACCESS PASS: \$25

MONDAY

8:00AM–8:50AM
Nina
MEDITATIVE YOGA

5:00PM–5:50PM
Kayla
SPINNING

TUESDAY

8:00AM–8:50AM
Gina
BODY BLAST

6:30PM–7:20PM
Christy
TRX

WEDNESDAY

8:00AM–8:50AM
Nina
MEDITATIVE YOGA

5:00PM–5:50PM
Kayla
SPINNING

THURSDAY

8:00AM–8:50AM
Gina
BODY BLAST

6:30PM–7:20PM
Christy
TRX

Questions?
Contact Jen Brandt at
jbrandt1@udayton.edu

The Summer All Access Pass provides access to all classes for the duration of the summer. For class descriptions please visit our website at go.udayton.edu/campusrec.