



## **Ice Climbing at Peabody's Fenton, Michigan**

9am Saturday March 10<sup>th</sup>- 6pm Sunday March 11th, 2018

**Program Start Time and Location:** Meet in the Outdoor Engagement Center at 9am on Saturday

**Pre-Trip Meeting:** 8pm Thursday February 2nd at the RecPlex Rock Wall. Be ready to climb and belay.

**Registration Deadline:** 9pm Thursday February 2nd.

**Program Cost:** \$90 includes transportation, lodging, climbing and climbing equipment on Saturday, a day hike on Saturday. Option to climb on Sunday for an additional \$35 payable on site.

### **Description**

Challenge yourself to a weekend adventure of ice climbing on a 45 and 75 foot iced tower in the beautiful Fenton, Michigan. Participants will receive an introduction to ice climbing, belay each other, and have the opportunity ice climb using ice axes and crampons. The trip will include an overnight at a bunkhouse located onsite. Sunday morning, participants may choose to engage in a second climbing session for an additional \$35, hang out at the heated clubhouse, or embark on a 2-3 mile hike nearby before heading back to Dayton. All participants are required to be belay certified at the

Campus Recreation Rock Wall prior to registering. Learn more about Peabody Ice Climbing on their website at <https://www.peabodyiceclimbing.com/>

### **Goals**

- Learn about and practice ice climbing.
- Connect with nature and community.

### **Difficulty**

This trip is designed for intermediate climbers who want to practice climbing on ice. Moderate physical activity is required. It is required that you be belay certified at the RecPlex Rock Wall prior to registering for this program.

### **Trip Price Includes**

- 25% Discount on gear rental through the Outdoor Engagement Center (backpack, sleeping bag, ground pad, stuff sacks).
- Group equipment (stoves, kitchen equipment, food, first aid)
- Instruction
- Transportation
- Climbing equipment rental
- Overnight accommodations in the onsite bunkhouse

### **Be Prepared**

- Closed toed shoes are required and boots are recommended.
- Wear comfortable clothing and dress for the weather. Remember, you will be outside for an extended time. What you might wear outside for an hour is not the same as a half day. To anticipate inclement weather, please bring a rain jacket. Gloves, a hat, and layers are required. See the packing list below.
- Bring a small backpack and be sure to pack:
  - Snacks
  - One full water bottles. Minimum, 1 Liter. We will have a jug for refilling
  - Spending money
  - An extra layer
- Nutrition:
  - A cooler, two burner stove, pots and pans will be available for participants to use. You may pack your meals or eat out locally. No food is provided.

### **Planned Itinerary & Menu:** Subject to Variation

#### *Saturday*

- Meet at the Outdoor Engagement Center 9am

- Drive to Fenton, Michigan (4 hours)
- Stop for Lunch en route to Peabody Ice Climbing
- Arrive at Peabody by 2pm
- Location & Program Orientation
- Climbing 3-7pm
- Packed Dinner-stove, pots, pans available or dinner out.
- Overnight in bunkhouse

### *Sunday*

- Packed Breakfast-stove, pots, pans available or breakfast out. Coffee and tea provided.
- Local Day Hike (Free) or Additional Climbing (+\$35) 10am-2pm.
- Pack a lunch for Sunday. No option to eat out!
- Return to Campus (by 6pm).

### **Additional Resources**

- Trail Map <https://www.peabodyiceclimbing.com>
- Leave No Trace <https://lnt.org/learn/7-principles>

### **Policy**

For a full list of UDCR policy view our [website](#).

#### **Cancellation & Refunds:**

- In the event that UDCR deems it necessary to cancel an event for any reason, including hazardous weather, a prorated or full refund will be issued. Registrants will be contacted via email drop in participants may contact the UDCR welcome desk for updates at 937-229-2704.
- Participants may drop from a **registered fee-based program** up to the registration deadline with no consequence. No refunds are available after that time.
- To be removed from a course roster email [udcroudoor@udayton.edu](mailto:udcroudoor@udayton.edu)

### **Expectations for Participation**

To ensure a safe and positive experience, we request that all participants acknowledge and abide by University of Dayton and Department of Campus Recreation rules, policies, and guidelines. Participation, membership, and use of University of Dayton Campus Recreation programs, services, and facilities are a privilege, which comes with responsibilities.

- All participants must fill out the UDCR Trip Waiver/Release and [Medical Form](#) and the [Peabody Ice Climbing Waiver](#).

- Attendance of the pre-trip meeting is mandatory. The date/time/location may be found at the top of this sheet. If you have a schedule conflict a makeup session will be arranged.
- Recognize the role of modeling acceptable social behavior and contributing to a positive community in the spirit of our Marianist and Catholic traditions.
- Read, understand, and abide by all Campus Recreation policies and procedures.
- Be considerate to other participants, as well as Campus Recreation employees, and respect their individual rights.
- Take responsibility for personal and community security.
- Be safety conscious at all times.
- Respond to and cooperate with all Campus Recreation and University of Dayton employees.
- Disorderly conduct, abuse, or misuse of the facility, equipment, staff, or disregard for policies will not be tolerated. Violators may be subject to disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Participants who are suspended will not have any portion of their fees refunded.

**Questions? Contact us!**

- For general inquiry, cancellation, and registration email [udcroudoor@udayton.edu](mailto:udcroudoor@udayton.edu)
- For sensitive or specific inquiry, questions, or requests for accommodation, contact Amber Dierking, Assistant Director for Outdoor Education via email to [adierking1@udayton.edu](mailto:adierking1@udayton.edu) or phone at 937-229-2397.

# Packing List

## Head:

- Knit hat

## Upper Body:

- 1-2 Lightweight (T-Shirt)
- 1-2 Midweight (Long Sleeve)
- Warm Layer (heavy fleece, insulated jacket)
- Winter Coat with Hood

## Lower Body

- Underwear
- Long Pants
- Warm Layer

## Hands/Feet:

- 2-3 pair wool socks
- 1-2 pair lightweight socks
- Ski Gloves
- Comfy Camp Shoes or Sandals
- Hiking Boots/Shoes

## Personal Items:

- Medications (prescription and over the counter)
- Lip Balm & Lotion
- Sunscreen
- Sunglasses
- Toothbrush/paste
- Feminine hygiene products
- Camera
- Extra Money
- Fresh change of clothes for the ride home.
- 1 Liter Water Bottle, Mug, Dish & Eating Utensil

## Do Not Bring:

- Pets
- Drugs not prescribed to you
- Alcohol
- Electronics
- Firearms/knives over 3"
- Tobacco products or e-cig of any kind.

## Other:

- Sleeping pad
- Sleeping Bag or Warm Blankets
- Pillow
- Book, cards, camp games
- Flashlight or headlamp
- Food: Snacks, Breakfast Food for Sunday Morning, and 2 packed lunches and 1 dinner if preferred over eating out.
- Spending money for incidentals and meals out.



In summary, bring or wear clothing for traveling in the van, synthetic clothing and layers to keep you warm and dry outdoors while climbing or hiking, clothes for sleeping, and dishes to eat and drink from.

Synthetic clothing is required. Synthetic materials dry faster and will better help you maintain body temperature than cotton and cotton blends.