



Paddle at Old River Park

Friday, April 6th
4:30-7pm

Program Start Time and Location: Check-in at the Outdoor Engagement Center ready to go prior to the scheduled program start time.

Pre-Trip Meeting/Time: N/A

Program Cost: \$0

Description

Experience paddling a kayak or canoe around the scenic Old River Park lagoon. During this session, participants will build confidence on the water by learning safety skills, and the basics of boat control including posture, balance, and simple strokes.

Transportation, boats, paddling equipment are provided. Please bring a water bottle, dress for the weather, and be prepared to get wet! Preregister at the RecPlex Welcome Desk to reserve your choice kayak or canoe. Transportation from the Outdoor Engagement Center is provided.

Learning Outcomes

- Build paddling skills by learning maneuverability and strokes.
- Practice river safety and how to mitigate risks.
- Learn about local waterways and access.

Difficulty

- This program is designed for those new to paddling, looking to enhance their paddling skills, or seeking a leisurely paddling experience. Mild to moderate physical exertion is required.

Trip Price Includes

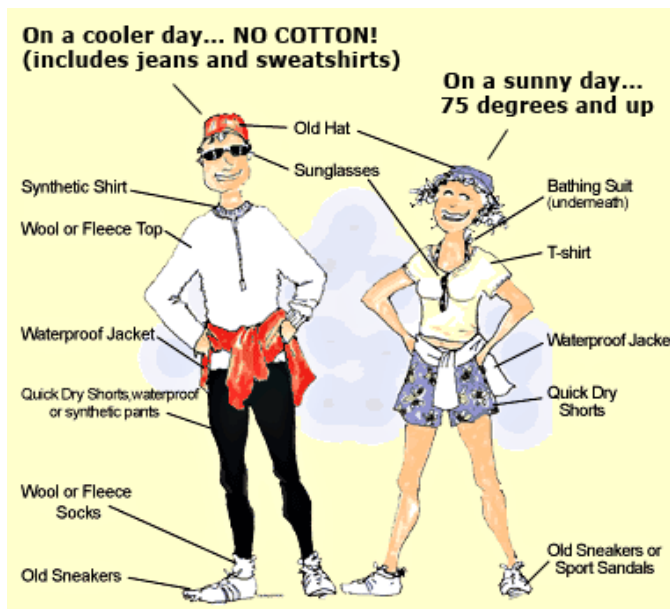
- Equipment
- Instruction
- Transportation

Planned Itinerary: Subject to Variation

- Meet at the Outdoor Engagement Center
- Drive in RecVan to Old River Park (10min)
- Location & Program Orientation
- Safety Talk
- Paddle the lagoon as a group.
- Return Gear
- Return to RecPlex

Be Prepared:

- Dress for the weather and prepare to get wet.
- Eat before the program so you don't get hangry.
- Bring a full water bottle.
- Belongings may be left in the boathouse. Paddle with belongings at your own risk.



Additional Resources

- Learn Paddle Sport Basics before the trip through the [American Canoe Association webpage](#).
- View historic [pictures of Old River Park](#) in its prime.

Policy

For a full list of UDCR policy view our [website](#).

Cancellation & Refunds:

- In the event that UDCR deems it necessary to cancel an event for any reason, including hazardous weather, a prorated or full refund will be issued. Registrants will be contacted via email drop in participants may contact the UDCR welcome desk for updates at 937-229-2704.
- Participants may drop from a **registered no-fee program** with no consequence 48 hours or greater prior to the schedule start time. To encourage commitment to community, registered participants who drop within 48 hours of a program or do not show will be charged a \$10 No-Show fee.
- To be removed from a course roster email udcroudoor@udayton.edu

Expectations for Participation

To ensure a safe and positive experience, we request that all participants acknowledge and abide by University of Dayton and Department of Campus Recreation rules, policies, and guidelines. Participation, membership, and use of University of Dayton Campus Recreation programs, services, and facilities are a privilege, which comes with responsibilities.

- Recognize the role of modeling acceptable social behavior and contributing to a positive community in the spirit of our Marianist and Catholic traditions.
- Read, understand, and abide by all Campus Recreation policies and procedures.
- Be considerate to other participants, as well as Campus Recreation employees, and respect their individual rights.
- Take responsibility for personal and community security.
- Be safety conscious at all times.
- Respond to and cooperate with all Campus Recreation and University of Dayton employees.
- Disorderly conduct, abuse, or misuse of the facility, equipment, staff, or disregard for policies will not be tolerated. Violators may be subject to disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Participants who are suspended will not have any portion of their fees refunded.

Questions? Contact us!

- For general inquiry, cancellation, and registration email udcroudoor@udayton.edu
- For sensitive or specific inquiry, questions, or requests for accommodation, contact Amber Dierking, Assistant Director for Outdoor Education via email to

adierking1@udayton.edu or phone at 937-229-2397.