



# UNIVERSITY OF DAYTON CAMPUS RECREATION **OUTDOOR EDUCATION PROGRAMS**

## **Ice Climbing at Peabody's Fenton, Michigan**

*9am Saturday, February 23<sup>rd</sup> to 6pm Sunday, February 24<sup>th</sup>, 2019*

### **Description**

Engage in a weekend of ice climbing on 45 and 75-foot iced towers. On Saturday, participants will receive training, belay each other, and ice climb using axes and crampons. We will stay overnight in the onsite bunkhouse. Sunday, participants may choose to climb for an additional \$40, hang out at the clubhouse, or embark on a 2-3 mile hike nearby before returning to Dayton. All participants are required to be belay certified at the Campus Recreation Rock Wall prior to registering. Learn more about Peabody Ice Climbing on their website at <https://www.peabodyiceclimbing.com>

**Pre-Trip Meeting and Registration Deadline:** 7pm Thursday, February 7th in the Outdoor Engagement Center at 438 Stonemill Road. Attendance is mandatory for all participants.

**Start Time and Location:** Trip departs at 9:00am on Saturday February 23rd from the Outdoor Engagement Center

**Cost:** The \$95 fee includes transportation, lodging, climbing and equipment on Saturday, and a day hike on Sunday. Food is not included, but cooking equipment and options to eat out are available. Option to climb on Sunday for an additional \$40 payable on site.

**Itinerary:** Subject to Variation

*Saturday*

- Meet at the Outdoor Engagement Center 9am
- Drive to Fenton, Michigan (4 hours)
- Stop for Lunch en route to Peabody Ice Climbing
- Arrive at Peabody by 2pm
- Location & Program Orientation
- Climbing 3-7pm
- Packed Dinner-stove, pots, pans available or dinner out.
- Overnight in bunkhouse



*Sunday*

- Packed Breakfast-stove, pots, pans available or breakfast out. Coffee and tea provided.
- Local Day Hike (Free) or Additional Climbing (+\$35) 10am-2pm.
- Pack a lunch for Sunday. No option to eat out!
- Return to Campus (by 6pm).

**Difficulty**

- This trip is ideal for intermediate climbers who want to learn and practice ice climbing. Moderate physical activity in winter conditions are required. All participants must be belay certified at the RecPlex Rock Wall prior to registering.

**Be Prepared**

- Closed toed shoes are required and boots are recommended.
- Wear comfortable clothing and dress for the weather. Remember, you will be outside for an extended time. What you might wear outside for an hour is not the same as a half day. To anticipate inclement weather, please bring a rain jacket. Gloves, a hat, and layers are required. See the packing list below.
- Bring a small backpack and be sure to pack:
  - Snacks
  - One full water bottles. Minimum, 1 Liter. We will have a jug for refilling
  - Spending money
  - An extra layer
- Nutrition:
  - A cooler, two burner stove, pots and pans will be available for participants to use. You may pack your meals or eat out locally. Lunch will be provided on Sunday.

## Packing List

### Head:

- Knit hat

### Upper Body:

- 1-2 Lightweight (T-Shirt)
- 1-2 Midweight (Long Sleeve)  
Warm Layer (heavy fleece, insulated jacket)
- Winter Coat with Hood

### Lower Body

- Underwear
- Long Pants
- Warm Layer

### Hands/Feet:

- 2-3 pair wool socks
- 1-2 pair lightweight socks
- Ski Gloves
- Comfy Camp Shoes or Sandals
- Hiking Boots/Shoes

### Personal Items:

- Medications (prescription and over the counter)
- Lip Balm & Lotion
- Sunscreen
- Sunglasses
- Toothbrush/paste
- Feminine hygiene products
- Camera
- Spending money for incidentals and meals out
- Fresh change of clothes for the ride home.

- 1 Liter Water Bottle, Mug, Dish & Eating Utensil

### Do Not Bring:

- Pets
- Drugs not prescribed to you
- Alcohol
- Electronics
- Firearms/knives over 3"
- Tobacco products or e-cig of any kind.

### Other:

- Sleeping pad
- Sleeping Bag or Warm Blankets
- Pillow
- Book, cards, camp games
- Flashlight or headlamp
- Food: Snacks, Breakfast Food for Sunday Morning, and 2 packed lunches and 1 dinner if preferred over eating out.

In summary, bring or wear clothing for traveling in the van, sleeping, and for outdoor activity. Pack dishes to eat and drink from and any personal items necessary.

\*Synthetic clothing is required. Synthetic materials dry faster and will better help you maintain body temperature than cotton and cotton blends.

## What to Expect

- Practice fundamental ice climbing skills.
- Gain competency with ice climbing equipment.
- Connect with nature and community in an active way.

## Additional Resources

- Vendor Website\_ <https://www.peabodyiceclimbing.com>
- Leave No Trace <https://lnt.org/learn/7-principles>

## Policy

For a full list of UDCR policy view our [website](#).

### Cancellation & Refunds:

- In the event that UDCR deems it necessary to cancel an event for any reason, including hazardous weather, a prorated or full refund will be issued. Registrants will be contacted via email drop in participants may contact the UDCR Welcome Desk for updates at 937-229-2704.

- Participants may drop from a **registered, fee based program** up to 12 hours following the pre-trip meeting and/or registration deadline and will receive a full refund less a 10% processing fee. Due to the complexity of course logistics and planning, no refunds will be given after this time. **Drop deadline: 9am February 8<sup>th</sup>.**
- To be removed from a course roster email [udcroudoor@udayton.edu](mailto:udcroudoor@udayton.edu)

### **Expectations for Participation**

To ensure a safe and positive experience, we request that all participants acknowledge and abide by University of Dayton and Department of Campus Recreation rules, policies, and guidelines. Participation, membership, and use of University of Dayton Campus Recreation programs, services, and facilities are a privilege, which comes with responsibilities.

- All participants must fill out the Trip Waiver/Release.
- Attendance of the pre-trip meeting is mandatory. The date/time/location may be found at the top of this sheet. If you have a schedule conflict a makeup session will be arranged.
- Recognize the role of modeling acceptable social behavior and contributing to a positive community in the spirit of our Marianist and Catholic traditions.
- Read, understand, and abide by all Campus Recreation policies and procedures.
- Be considerate to other participants, as well as Campus Recreation employees, and respect their individual rights.
- Take responsibility for personal and community security.
- Be safety conscious at all times.
- Respond to and cooperate with all Campus Recreation and University of Dayton employees.
- Disorderly conduct, abuse, or misuse of the facility, equipment, staff, or disregard for policies will not be tolerated. Violators may be subject to disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Participants who are suspended will not have any portion of their fees refunded.

### **Questions? Contact us!**

- For general inquiry, cancellation, and registration email [udcroudoor@udayton.edu](mailto:udcroudoor@udayton.edu)
- For sensitive or specific inquiry, questions, or requests for accommodation, contact Amber Dierking, Assistant Director for Outdoor Education via email to [adierking1@udayton.edu](mailto:adierking1@udayton.edu) or phone at 937-229-2397.