



# UNIVERSITY OF DAYTON CAMPUS RECREATION **OUTDOOR EDUCATION PROGRAMS**

## **Raft, Camp and Hike in the New River Gorge New River Gorge WV**

*Overnight: March 29<sup>th</sup>-31<sup>st</sup>*

### **Description**

Kick off spring with an action-packed trip to the New River Gorge, WV for class-IV whitewater rafting, cliff side hiking, and rustic front country camping. Learn more about Adventures on the Gorge at <https://www.adventuresonthegorge.com/>.



**Pre-Trip Meeting and Registration Deadline:** 7pm Tuesday, March 19th in the Outdoor Engagement Center at 438 Stonemill Road. Attendance is mandatory for all participants.

**Start Time and Location:** A departure time, no later than 4pm on March 29<sup>th</sup> will be established at the pre-trip meeting.

**Cost:** \$160 and includes group camping equipment, instruction as needed regarding camping, hiking, and Leave No Trace, transportation, permits, and area use fees, meals, and a rafting trip with Adventures on the Gorge. Participants receive a 50% discount on personal gear rental (backpack, sleeping bag, ground pad, stuff sacks) through the Outdoor Engagement Center.

## **Itinerary:** Subject to Variation

- Friday
  - 4pm Depart OEC
  - Drive to Adventures on the Gorge Campground (4hrs 30min)
  - Stop for quick dinner (participants are expected to pack or bring money for travel day meals).
  - Check in and set up camp
- Saturday:
  - 8am camp breakfast
  - Optional hike
  - Camp Lunch
  - 1:30 gather for Lower New River Trip
  - Return, Shower, Dinner, Evening Bonfire
- Sunday:
  - 8am breakfast
  - 9am camp packed up
  - 10am hike
  - 2pm-depart for Campus.
  - 7pm-return to campus, return group gear, depart.

## **Difficulty**

- This program is ideal for participants looking for a rugged weekend of adventure. Spring conditions can be warm and sunny or cold and even snowing. Participants can expect to camp and hike in the elements whatever they may be and spend Saturday rafting on the ice cold, and huge class IV waves of the New River. The ability to swim and moderate physical fitness (can comfortably walk 3-5 miles with a light daypack/bag) are required.

## **Be Prepared: Packing List**

Spring weather conditions can vary from warm and sunny to cold and snowing and sometimes in the same day! Consult the weather and pack one more layer than you anticipate needing. Items can be packed in a duffel, suitcase, anything. These items will be transported in the van directly to the campsite.

### **Head:**

- Warm Knit hat
- Sun Cap

### **Upper Body:**

- 1-2 Lightweight (T-Shirt)
- 1-2 Midweight (Long Sleeve)  
Warm Layer (heavy fleece, insulated jacket)
- Rain Jacket with Hood

### **Lower Body**

- Underware
- Long Pants
- Shorts
- Warm Layer

- Rain Pants

### **Hands/Feet:**

- 2-3 pair wool socks
- 1-2 pair lightweight socks
- Gloves
- Comfy Camp Shoes or Sandals
- Hiking Boots/Shoes

### **Personal Items:**

- Medications
- Lip Balm
- Sunscreen & Bug Spray
- Sunglasses
- Toothbrush/paste
- Feminine hygiene products

- Trail Snacks
- Camera
- Extra Money
- Change of clothes for the ride home

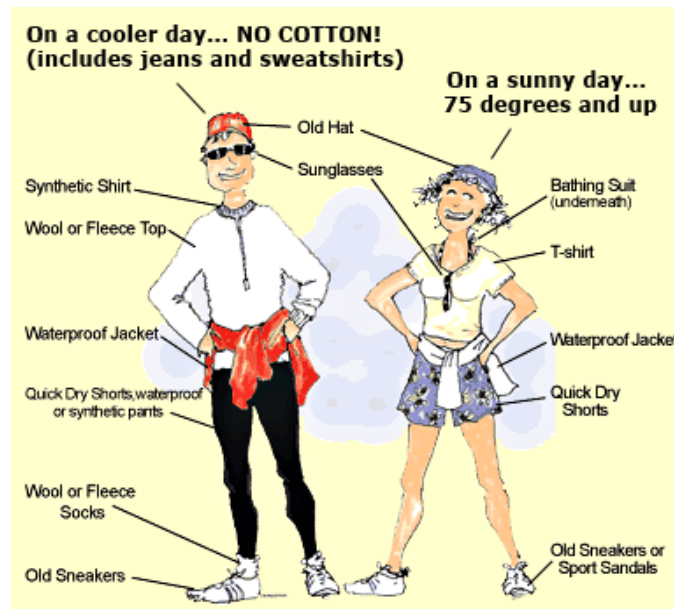
**Do Not Bring:**

- Pets
- Drugs not prescribed to you
- Alcohol
- Electronics
- Firearms/knives over 3"
- Tobacco products or e-cig of any kind.

**Other:**

- Tent, Sleeping Bag, Sleeping Pad, Flashlight/Headlamp-these items are available through the OEC.
- Wet Suits will be provided by Adventures on the Gorge.

Synthetic clothing is required. Synthetic materials dry faster and will better help you maintain body temperature than cotton and cotton blends.



**What to Expect**

- Experience class 4 whitewater rafting on the beautiful Lower New River Gorge.
- Practice early spring (chilly) camping in a front country setting.
- Hike on the scenic mountain trails of Southern West Virginia.
- Enjoy nature and community.

**Additional Resources**

- Learn Paddle Sport Basics before the trip through the American Canoe Association webpage <https://www.americancanoe.org/page/WebTV>.
- Adventures on the Gorge <https://www.adventuresonthegorge.com/>
- View a video of the New River Gorge Rafting Trip <https://www.youtube.com/watch?v=rUC6V11JsnA>
- Leave No Trace <https://lnt.org/learn/7-principles>

## Policy

For a full list of UDCR policy view our [website](#).

### Cancellation & Refunds:

- In the event that UDCR deems it necessary to cancel an event for any reason, including hazardous weather, a prorated or full refund will be issued. Registrants will be contacted via email drop in participants may contact the UDCR Welcome Desk for updates at 937-229-2704.
- Participants may drop from a **registered fee based program** up to 12 hours following the pre-trip meeting and will receive a full refund less a 10% processing fee. Due to the complexity of course logistics and planning, no refunds will be given after this time. **Drop deadline: 9am Wednesday March 20<sup>th</sup>**.
- To be removed from a course roster email [udcroudoor@udayton.edu](mailto:udcroudoor@udayton.edu)

## Expectations for Participation

To ensure a safe and positive experience, we request that all participants acknowledge and abide by University of Dayton and Department of Campus Recreation rules, policies, and guidelines. Participation, membership, and use of University of Dayton Campus Recreation programs, services, and facilities are a privilege, which comes with responsibilities.

- Recognize the role of modeling acceptable social behavior and contributing to a positive community in the spirit of our Marianist and Catholic traditions.
- Read, understand, and abide by all Campus Recreation policies and procedures.
- Be considerate to other participants, as well as Campus Recreation employees, and respect their individual rights.
- Take responsibility for personal and community security.
- Be safety conscious at all times.
- Respond to and cooperate with all Campus Recreation and University of Dayton employees.
- Disorderly conduct, abuse, or misuse of the facility, equipment, staff, or disregard for policies will not be tolerated. Violators may be subject to disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Participants who are suspended will not have any portion of their fees refunded.

## Questions? Contact us!

- For general inquiry, cancellation, and registration email [udcroudoor@udayton.edu](mailto:udcroudoor@udayton.edu)
- For sensitive or specific inquiry, questions, or requests for accommodation, contact Amber Dierking, Assistant Director for Outdoor Education via email to [adierking1@udayton.edu](mailto:adierking1@udayton.edu) or phone at 937-229-2397.