



# UNIVERSITY OF DAYTON CAMPUS RECREATION **OUTDOOR EDUCATION PROGRAMS**

## **Winter Hiking at Clifton Gorge Nature Preserve**

### **Yellow Springs, OH**

*Saturday, January 26th, 2019  
1pm-5:30pm*

#### **Description**

Get outside, connect with nature, and enjoy a day in the beautiful Clifton Gorge Nature Preserve. On the trail, hikers will view 400-year-old trees, limestone cliffs, frozen waterfalls, and hike along the Wild and Scenic Little Miami River. Participants are required to wear closed toe shoes and dress for the weather. After the hike, participants will have the chance for brief exploration in the town of Yellow Springs.

**Start Time and Location:** Meet at 1pm at the Outdoor Engagement Center, 438 Stonemill Road

**Fee:** Free and includes transportation and trip leadership.

**Itinerary:** Subject to Variation

- Meet at the Welcome Desk
- Drive in RecVan to Yellow Springs (30min)
- Location & Program Orientation
- Safety Talk
- Day Hike at Clifton Gorge Nature Preserve
- Exploration of the town of Yellow Springs
- Return to RecPlex

## Difficulty

- This program is designed for anyone who would like to spend the afternoon in nature. Mild to moderate physical exertion required. Anticipate 3-5 miles of hiking in winter conditions.



## Be Prepared

- Eat lunch beforehand.
- Closed toed shoes are required.
- Wear comfortable clothing and dress for the weather. Remember, you will be outside for an extended time. What you might wear outside for an hour is not the same as a half day. To anticipate inclement weather, please bring a rain jacket. During warmer months, please bring a sun hat, glasses, and sunscreen.
- Bring a small backpack and be sure to pack:
  - Heavy snacks.
  - A full water bottle. Minimum 1 Liter.
  - Spending money for exploration in Yellow Springs.
  - An extra layer and rain jacket.

## What to Expect

- Experience day hiking in a front country setting.
- Explore nature and the headwaters of the Wild and Scenic Little Miami River.
- Enjoy nature and community.

## Additional Resources

- Area Info and Trail Map <http://naturepreserves.ohiodnr.gov/cliftongorge>
- Leave No Trace <https://lnt.org/learn/7-principles>

## Policy

For a full list of UDCR policies view our [website](#).

### Cancellation & Refunds:

- In the event that UDCR deems it necessary to cancel an event for any reason, including hazardous weather, a prorated or full refund will be issued. Registrants will be contacted via email drop in participants may contact the UDCR Welcome Desk for updates at 937-229-2704.
- Participants may drop from a **registered, no-fee program** with no consequence 48 hours or greater prior to the schedule start time. To encourage commitment to

community, registered participants who drop within 48 hours of a program or do not show will be charged a \$10 No-Show fee.

- To be removed from a course roster email [udcroudoor@udayton.edu](mailto:udcroudoor@udayton.edu)

### **Expectations for Participation**

To ensure a safe and positive experience, we request that all participants acknowledge and abide by University of Dayton and Department of Campus Recreation rules, policies, and guidelines. Participation, membership, and use of University of Dayton Campus Recreation programs, services, and facilities are a privilege, which comes with responsibilities.

- All participants must fill out the Trip Waiver/Release.
- Attendance of the pre-trip meeting is mandatory. The date/time/location may be found at the top of this sheet. If you have a schedule conflict a makeup session will be arranged.
- Recognize the role of modeling acceptable social behavior and contributing to a positive community in the spirit of our Marianist and Catholic traditions.
- Read, understand, and abide by all Campus Recreation policies and procedures.
- Be considerate to other participants, as well as Campus Recreation employees, and respect their individual rights.
- Take responsibility for personal and community security.
- Be safety conscious at all times.
- Respond to and cooperate with all Campus Recreation and University of Dayton employees.
- Disorderly conduct, abuse, or misuse of the facility, equipment, staff, or disregard for policies will not be tolerated. Violators may be subject to disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Participants who are suspended will not have any portion of their fees refunded.

### **Questions? Contact us!**

- For general inquiry, cancellation, and registration email [udcroudoor@udayton.edu](mailto:udcroudoor@udayton.edu)
- For sensitive or specific inquiry, questions, or requests for accommodation, contact Amber Dierking, Assistant Director for Outdoor Education via email to [adierking1@udayton.edu](mailto:adierking1@udayton.edu) or phone at 937-229-2397.