



UNIVERSITY OF DAYTON CAMPUS RECREATION **OUTDOOR EDUCATION PROGRAMS**

Winter Hiking in Hocking Hills State Park

Hocking Hills, OH

Saturday, March 2nd 2019

9am-7pm

Description

Hocking Hills is one of Ohio's most beautiful natural areas with limestone cliffs, waterfalls, and hemlock-shaded gorges. Join us for a six-mile hiking exploration of Old Man's Cave and Cedar Falls. Frozen waterfalls are a special treat this time of year and the forest blanketed in snow is absolutely stunning.

PreTrip Meeting/Registration Deadline: Thursday, February 28th at 7pm in the Outdoor Engagement Center (OEC) 438 Stonemill Road.

Start Time and Location: Check-in at the OEC ready to go by 9am on March 2nd.

Fee: \$15 and includes instruction, transportation, and lunch.

Itinerary: Subject to Variation

- 9am depart from the OEC (drive approximately 1hr)
- Arrive at Old Man's Cave Trailhead by Visitor Center & Hike Old Man's Cave Loop out to Cedar Falls and Back with a picnic lunch along the way.
- 5pm Depart for Campus

Difficulty

- Hiking will be on wide, well-maintained trails with minimal elevation change. Expect winter conditions including ice, snow, mud, and cool temperatures. Approximately 6 miles.



Be Prepared

- Eat/pack breakfast beforehand.
- Closed toed shoes are required.
- Wear comfortable clothing and dress for the weather. You will be outside for an extended time. What you might wear outside for an hour is not the same as a half day. To anticipate inclement weather, please bring a rain jacket.
- Bring a small backpack and be sure to pack:
 - A full water bottle. Minimum, 1 Liter.
 - Snacks
 - Spending money for a possible fast dinner stop

What to Expect

- Experience day hiking in a front country setting.
- Explore nature and Hocking Hills State Park.
- Enjoy nature and community.

Additional Resources

- Trail Maps <http://www.explorehockinghills.com/media/6758/combined-trails-map.pdf>
- Leave No Trace <https://lnt.org/learn/7-principles>

Policy

For a full list of UDCR policies view our [website](#).

Cancellation & Refunds:

- In the event that UDCR deems it necessary to cancel an event for any reason, including hazardous weather, a prorated or full refund will be issued. Registrants will be contacted via email drop in participants may contact the UDCR Welcome Desk for updates at 937-229-2704.
- Participants may drop from a registered fee based program up to 12 hours following the pre-trip meeting and will receive a full refund less a 10% processing fee. Due to the complexity of course logistics and planning, no refunds will be given after this time. Drop deadline:
- To be removed from a course roster email udcroudoor@udayton.edu

Expectations for Participation

To ensure a safe and positive experience, we request that all participants acknowledge and abide by University of Dayton and Department of Campus Recreation rules, policies, and guidelines. Participation, membership, and use of University of Dayton Campus Recreation programs, services, and facilities are a privilege, which comes with responsibilities.

- All participants must fill out the Trip Waiver/Release.
- Attendance of the pre-trip meeting is mandatory. The date/time/location may be found at the top of this sheet. If you have a schedule conflict a makeup session will be arranged.
- Recognize the role of modeling acceptable social behavior and contributing to a positive community in the spirit of our Marianist and Catholic traditions.
- Read, understand, and abide by all Campus Recreation policies and procedures.
- Be considerate to other participants, as well as Campus Recreation employees, and respect their individual rights.
- Take responsibility for personal and community security.
- Be safety conscious at all times.
- Respond to and cooperate with all Campus Recreation and University of Dayton employees.
- Disorderly conduct, abuse, or misuse of the facility, equipment, staff, or disregard for policies will not be tolerated. Violators may be subject to disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Participants who are suspended will not have any portion of their fees refunded.

Questions? Contact us!

- For general inquiry, cancellation, and registration email udcroudoor@udayton.edu
- For sensitive or specific inquiry, questions, or requests for accommodation, contact Amber Dierking, Assistant Director for Outdoor Education via email to adierking1@udayton.edu or phone at 937-229-2397.