

FINALS

OUTDOOR PROGRAMS

2019
MAY 4-8

PADDLE @ OLD RIVER PARK

**Saturday, May 4
1:00PM-3:00PM**

Paddle around the one-mile scenic Old River Park lagoon! Participants can expect basic instruction on paddle sports safety and a leisurely paddle in a beautiful outdoor space.

Transportation, boats, and paddling equipment provided. Please bring a water bottle, dress for the weather, and be prepared to get wet!

Pre-register at the RecPlex Welcome Desk to reserve your choice kayak or canoe.

BIKE RIDE TO MIAMISBURG

**Sunday, May 5
1:00PM-3:30PM**

Join a leisurely 12-mile group bicycle ride along the beautiful Great Miami Riverway from campus to Miamisburg where you can treat yourself at one of the downtown shops or bakeries.

For return to campus, take a Campus Recreation shuttle or extend your workout with a group ride back to campus. Borrow a RecBike or bring your own.

Pre-register at the RecPlex Welcome Desk to reserve a RecBike. All participants should meet at the Welcome Desk prior to 1:00pm to check in.

LATE NIGHT ROCK CLIMBING

**Wednesday, May 8
8:00PM-11:00PM**

Climbing exercises your mind *and* body, making this a productive study break that increases your focus! All are welcome — drop-in anytime during this session to recharge.

ALL PROGRAMS ARE FREE. PRE-REGISTRATION IS ENCOURAGED TO RESERVE YOUR SPOT AND NECESSARY EQUIPMENT. TO REGISTER, CONTACT THE RECPLIX WELCOME DESK AT 937.229.2704. CONTACT UDCROUTDOOR@UDAYTON.EDU WITH ADDITIONAL QUESTIONS.



University of Dayton
**Campus
Recreation**