



Go BLUE Go RED Session ONE

June 2 – 6, 2014

UNIVERSITY OF DAYTON | CAMPUS RECREATION
Inspiring 6 to 12 year-olds to lead healthy, happy lives.

This week we explored what it means to be a Dayton Flyer. Our campers participated in outdoor Field Day and UD Olympic activities, explored various offerings in Campus Recreation, and toured the UD campus. Highlights from week one are:



- Participating in a Field Day on Stuart Field
- Touring Frericks Center with the Volleyball Team
- Participating in CrossFit Kids
- Creating stain glass windows
- Climbing at the Rock Wall
- Decorating our own UD RECKids sheet sign
- Designing spirit team bandannas
- Moving to the Beat Master game
- Decorating the classroom in UD spirit
- Playing noodle hockey
- Canoeing and playing Intramural Battleship
- Practicing yoga
- Competing in Olympic activities on Stuart Field
- Experiencing a glow light fitness class
- And swimming in the pool every day!

Week ONE: Go Blue, Go Red



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REckids Camp
Leading healthy, happy lives