

## Objective

Allow students to self-reflect on their selves and realize that their peers have encountered similar experiences or truths about themselves

*Risk Level:* Beginner - Intermediate

*Cautions:* Personal information could be shared so remind the group they are in a "safe" space where nothing is shared outside of it

*Description:* Students will be asked to share something that is true about themselves and others that hold the same truth will link arms. This Process repeats until the activity is over.

*SCM:* Citizenship, Collaboration, Consciousness of Self

*MSL Theme:*

*Time:* 10-20 Minutes

*Materials:* I Have a Link Activity Sheet

*Preparation:* Review of the activity and debrief

*Follow Up:* Facilitate the following questions:

Why is this task important in understanding the concept of leadership?

Was there anything about this activity that made you realized something about yourself?

## Instructions

1. The facilitator will explain that they are about to participate in an "active" game.
2. The facilitator will join the group in a circle and ask one member of the group to volunteer (if no one volunteers the facilitator can pick someone) to go first.
3. The facilitator will instruct the first person to say, "I have a link..." and say something that's true about him/herself.
4. After the first person has revealed a truth, another member of the group that this is also true of, will join elbows with the first person.
5. After the first truth is spoken, then the new person will try to gain a link by revealing another truth and the process will repeat itself.
6. When that person can't find a link, you will switch to the other person with an open elbow until the entire group is linked elbows in a circle.
7. Once the entire group has formed a circle and are all linked together, he/she will lead the debrief discussion with the attached questions.

*Notes:*

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### Assessment

*Questions:* How does this activity relate to the highlighted theme?

What new perspective have you taken as it relates to yourself and/or the group(s) in which you are a part?

*Activity Specific:* How does deeply understanding others impact your ability to lead?

### Instructions

Lead students in a dialogue using the assessment questions provided. Track your feedback as an assessment tool for your work, the toolbox, and leadership initiatives within the division.

Please consider sharing some of the feedback with the Standing Committee for Student Leadership Development.

*Notes:*

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