

Objectives

To have students collaborate effectively with one another through the use of proper communication and instill a sense of trust between the two individuals paired with one another

Risk Level: Beginner

Cautions: Make sure you are watching the individuals being led so no one becomes injured during the activity

Description: Students will be led blindfolded by their peers through various obstacles and can only be guided through communication

SCM: Citizenship, Common Purpose, **Collaboration**, Congruence, Commitment

MSL Theme:

Time: 20-30 Minutes

Materials: Trust Walk Activity Sheet

Preparation: Review of the activity, explanation of begin blind-folded, prior room setup

Follow Up: Facilitate the following questions:

How did it feel being led blindfolded?
What importance did communication play in this activity?
How does this relate to communication and collaboration within groups you are a part of?

Instructions

1. Facilitator will explain what the activity is and how it will be conducted
2. Facilitator will pair students in groups of two (with someone they don't already know) and give them blindfolds
3. Explain one person will be the guide and the other the participant and that the only way to get the person being led through the obstacles is through communication
4. This process will repeat with the other partner until all of the pairs have gone through
5. Facilitator will ask the group the debrief questions attached in this Activity sheet.

Notes:
