

### Objective

To bridge the gap between students leadership abilities and the application of those abilities to better the community at large through citizenship

*Risk Level:* Beginner

*Cautions:* None

*Description:* Students will fill out a matrix that focuses on their strengths and weaknesses as a leader and allows them to reflect on how this experience can benefit the UD community as well as the Dayton community at large

*SCM:* Citizenship

*MSL Theme:*

*Time:* 20-30 Minutes

*Materials:* What's in ME for IT Activity Sheet, Enough copies of the attachment for each Participant, writing utensils for everyone

*Preparation:* Review of the activity and an understanding of the importance of the introduction and debrief of the activity

*Follow Up:* Facilitate the following questions:

Explain how it feels to be engaged in the activities listed in this quadrant?  
Would it make sense for you to participate in these activities as a service experience? Why or Why not?

### Instructions

1. Explain that within this activity, the students will be looking at “What’s in me: my gifts, talents, abilities, passions, strengths, experiences, interests, that make up who they are.
2. Next explain the second half of the question, what’s in me “for IT”: who or what is the community around me? What is needed? In what ways can I enhance the assets of that community as well as contribute to the particular needs, goals, and hopes of that community.
3. Explain the participants will be filling out a matrix that will help them realize what they can give to both their UD and Dayton community at large.
4. Show an example of a filled in Activity Matrix and explain what each quadrant represents
5. Let students create their own matrix while reflecting on the questions attached to this activity’s debrief section
6. Bring the group together and ask them to process each quadrant briefly around the following questions:
  - a. What does each quadrant tell you about yourself?
  - b. What might it mean for serving in the community?

*Notes:*

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# What is in ME for IT Matrix

**DIRECTIONS:** Fill in each of the following quadrants by describing:

**Quadrant 1:** What you like and don't do well

**Quadrant 2:** What you don't like and don't do well

**Quadrant 3:** What you like and do well

**Quadrant 4:** What you don't like and do well

What I Like

What I Don't Like

What I Don't Do Well

What I Do Well

<p><b>Quadrant 1</b> <i>Areas in which you want to grow</i></p>	<p><b>Quadrant 2</b> <i>Areas where you are easily frustrated or find difficulty</i></p>
<p><b>Quadrant 3</b> <i>"Sweet spot" where strengths and interests come together</i></p>	<p><b>Quadrant 4</b> <i>Strengths and talents you possess, but are underutilized</i></p>

