

LEVERAGING EMOTIONAL INTELLIGENCE

Feb. 9 & 10, 2016 | 8:30 AM – 12 PM | KU 331

Audience: All Staff

Success in organizational life is dependent upon your ability to work effectively with others. As the pace of change continues to escalate and become more complex, it becomes increasingly critical to understand and manage your own emotions as well as the emotions of others. Increasing your emotional intelligence will help you develop perseverance to achieve your personal goals as well as the empathy necessary to cultivate strong relationships.

PERFORMANCE OBJECTIVES

- Define and understand the four dimensions of Emotional Intelligence.
- Describe how emotions impact the work environment and performance.
- Understand the keys to developing Emotional Intelligence.

COMPETENCIES DEVELOPED

- **University of Dayton:** Personal Character (Develops Professional and Technical Skills), People/Interpersonal (Intentionally builds leadership capacity as central to our values)
- **NASPA/ACPA:** Personal Foundations; Leadership
- **Marianist Administration:** Organizational Processes (Flexibility; Service of Authority)

REGISTRATION

Register online at the Student Development staff page on OrgSync.com.



MATT BECKER

Matt Becker is the owner of Authentic Excellence LLC, a leadership and career coaching business. He is a professional certified coach (PCC) through the International Coaching Federation and has a master's degree in human resource development from Xavier University. He has been working in the field of human resource development for over a decade in both the private and public sectors, with specialties in leadership development, interpersonal skills development, coaching, mentoring, and team building. colleges internationally.

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