



Center for Alcohol and
Other Drugs Resources
and Education

University of Dayton

Alcohol and Other Drugs Prevention Education Options

Alcohol 101

There are many influences that can affect your decision to use alcohol. In this program we will discuss alcohol on a continuum from abstaining to responsible drinking behaviors, binge drinking, and the signs of risky drinking practices including addiction.

Rethinking Drinking

Trends in alcohol use may impact the way we think about drinking. In this program we will discuss how the media and social influence plays a role in alcohol use. We will also talk about how alcohol affects your health.

Other Drugs: Molly to Marijuana

This program discusses substances and the impact on your body. We will also discuss drug use trends and how these trends effect our community.

Standard Servings and BAC – What does it all mean?

This presentation will discuss how Blood Alcohol Content (BAC) is measured and the symptoms associated with different levels of BAC. Learn more about tolerance and how standard serving sizes allow you to better control your BAC and stay at a low-risk level on consumption.

Alcohol and Your Health

Do you know how many calories are in some common drinks? This program will inform your group about the ways that alcohol can impact your health including, nutrition, sleep, and physical health.

Alcohol and Other Drugs Jeopardy

Quiz your group with this popular game! We'll ask you questions about BAC, substance use and your health, policies and laws, and risk reduction techniques. Great for use in classroom presentations!

Factors that Impact Intoxication

Why do some people get intoxicated after one drink while others can drink two or three before feeling any effects? Let's talk about what factors can impact someone's level of intoxication.

Please browse presentation topics and let us know if you would like a presentation customized to fit your needs. Presentations typically last for 1 hour and require A/V access. For more information, please contact:

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