

Habits for Healthy Computing

Course length: 1 Hour

Course type: Instructor led, hands-on learning

Course Details

During this one hour session, you will learn several best practices for keeping your computer healthy:

- Avoiding tech support scams
- Best practices for software installation
- Backups and available options
- Updates and best options for running updates
- Understanding your computers specs
- Learn how and when to upgrade or replace your computer
- Reduce chances of malware infection
- Troubleshooting and solving problems

Bring your own laptop if you have one. This session covers both Mac and Windows systems.