



Pregnancy and Parenting Resource Guide

Women's Center
(937) 229-5390
206 Alumni Hall
Dayton, OH 45469-0322

Updated 04/2017

The University of Dayton strives to make UD as inclusive and supportive as possible for all in the UD community who are parents. This includes policy recommendations and evaluation of services, among other activities.

While this guide is not all-inclusive, it does provide general information about resources and services for individuals with children and families in the Dayton area and surrounding communities.

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Breastfeeding and Lactation Rooms

The University of Dayton has designated lactation rooms available to breastfeed or privately express breast milk. These rooms are access-controlled through UD ID card readers, so members of the UD community (faculty, staff, and students who need to pump or breastfeed) should contact the Women's Center at 229-5390 with their name and University ID number. Guests of the University will have access through visitor cards, as outlined below.

Alumni Hall

ROOM 100
Key Access-Controlled
Guests can use a key available in 205 Alumni Hall

Fitz Hall

ROOM 216
Card Access-Controlled
Guests can use a visitor card available at the information desk in the main entrance.

St. Mary's Hall

ROOM 418
Card Access-Controlled
Guests can use a visitor card available in Human Resources, 315 St. Mary's Hall

River Campus (1700 Building)

ROOM 1440
(through women's restroom)
Punch Access-Controlled: Punch code is issued by desk receptionist at main entrance of the building.

ROOM 2446
Card Access-Controlled
Guests can use a visitor card available at the information desk in the main entrance.

Refrigerator Use

The Women's Center provides free, personal refrigerators for faculty and staff to keep in their offices to store breast milk. While there are several refrigerators available at any given time, these refrigerators are loaned out on a first-come, first-served basis. To reserve a refrigerator, please call the Center at 229-5390.

Daycare Centers and Preschools

Finding quality child care can be an overwhelming task. Below is a compiled list of potential daycare centers and preschools found through 4C for Children. 4C educates and supports parents to make sure all children reach their full potential. Their website is a one stop shop where you can search for child care, read about the benefits and considerations for different types of child care, and find resources about child development. The costs for daycare services are based on a child's age. Please call or visit the center that may fit your family's needs to inquire more details about the services available and the associated costs.

4C For Children (www.4cforchildren.org)

1000 North Keowee Street, Dayton, Ohio 45404
(937) 220-9660

Beavercreek/Fairborn

Beavercreek Christian Learning Center

Ages Served: 2 ½ years to 11 years
1850 North Fairfield Road, Beavercreek, OH 45432
(937) 426-0079

ChildTime Learning Center

Ages Served: 1 month 2 weeks to 12 years
1000 Rainbow Court, Fairborn, OH 45324
(937) 878-9400

Creative World of Learning

Ages Served: 1 month 2 weeks to 12 years
12 West Goodman Drive, Fairborn, OH 45324
(937) 878-4206

Days of Discovery - Beavercreek

Ages Served: 1 month 2 weeks to 11 years
2122 Beaverpark Drive, Beavercreek, OH 45434
(937) 427-3133

The Women's Center does not endorse any particular service or resource.

Fairborn Primary - Preschool

Ages Served: Preschool to 3rd grade
 4 W Dayton Yellow Springs Road, Fairborn, OH 45324
 (937) 878-8668

Kids Learning Place Fairborn

Ages Served: 1 month 2 weeks to 12 years
 344 North Maple Avenue, Fairborn, OH 45324
 (866) 627-4557

Kinderhaus Beaver Valley

Ages Served: 1 month 2 weeks to 12 years
 2195 Beaver Valley Road, Fairborn, OH 45324
 (937) 879-9565

Rainbow Child Care Center

Ages Served: 1 month 2 weeks to 12 years
 2755 Lillian Lane, Beavercreek, OH 45431
 (937) 429-0472

Dayton**Bombeck Family Learning Center**

Ages Served: 1 month 2 weeks to 5 years
 941 Alberta Street, Dayton, OH 45409
 (937) 229-2158

Creative World of Learning

Ages Served: 1 month 2 weeks to 5 years
 5030 Nebraska Avenue, Dayton, OH 45424
 (937) 236-6116

Ages Served: 3 years to 12 years

5013 Nebraska Avenue, Dayton, OH 45424
 (937) 237-5555

Dayton Christian Center

Ages Served: 1 month 2 weeks to 12 years
 1352 West Riverview Avenue, Dayton, OH 45402
 (937) 275-7174

Early Learning Center at the Downtown YMCA

Ages Served: 1 month 2 weeks to 12 years
 1001 Harvard Blvd., Dayton, OH 45406
 (937) 223-7711

Mad River Early Childhood Center

Ages Served: 3 years to 4 years
 801 Old Harshman Road, Dayton, OH 45431
 (937) 254-1426

KinderCare Learning Center

Ages Served: 1 month 2 weeks to 12 years
 951 East Rahn Road, Dayton, OH 45429
 (937) 435-2353

2221 North Fairfield Road, Dayton, OH 45431
 (937) 426-4412

Miami Valley CDC

Ages Served: 3 years to 5 years
 1241 Blairwood Avenue, Dayton, OH 45418
 (937) 263-9844
 631 Groveland Avenue, Dayton, OH 45417
 (937) 263-5718

2268 South Smithville Road, Dayton, OH 45420
 (937) 259-0967

7505 Bronson Street, Dayton, OH 45417
 (937) 835-3429

801 Old Harshman Road, Dayton, OH 45431
 (937) 254-1426

517 Noel Court, Dayton, OH 45410
 (937) 258-2470

Miami Valley Family Care Center

Ages Served: 2 ½ years to 10 years
 4100 West 3rd Street Bldg #401, Dayton, OH 45428
 (937) 268-0336

Mini University

Ages Served: 1 month 2 weeks to 5 years
 28 Hill Street, Dayton, OH 45409
 (937) 208-4500

40 Vista View Drive, Dayton, OH 45402
 (937) 461-9027

St. Anthony YMCA Early Learning Center

Ages Served: 1 month 2 weeks to 3 years
 830 Bowen Street, Dayton, OH 45410
 (937) 673-2935

Stepping Stones Learning Center

Ages Served: 1 month 2 weeks to 12 years
 215 Burkhardt Road, Dayton, OH 45403
 (937) 252-6226

The Glen Early Learning Center, LLC

Ages Served: 1 month 2 weeks to 8 years
 611 Saint Joseph Avenue, Dayton, OH 45410
 (937) 252-1635

The YMCA Early Learning Center at Stillwater UMC

Ages Served: 3 years to 5 years
 6911 Frederick Pike, Dayton, OH 45414
 (937) 454-9355

Kettering

The Learning Tree Children's Enrichment Center LLC

Ages Served: 1 month 2 weeks to 5 years
2101 East Stroop Road, Kettering, OH 45459
(937) 294-3010

Kettering Early Childhood Education Center

Ages Served: 3 years to 5 years
2600 Holman Street, Moraine, OH 45439
(937) 499-1450

Wenzler Day Care and Learning Center, Inc.

Ages Served: 1 month 2 weeks to 12 years
4535 Presidential Way, Kettering, OH 45429
(937) 435-8200

Centerville

Centerville Child Development Center

Ages Served: 1 month 2 weeks to 12 years
8095 Garnet Drive, Centerville, OH 45458
(937) 434-5949

Cradles to Crayons, LLC

Ages Served: 1 month 2 weeks to 10 years
1489 Old Spring Valley Court, Centerville, OH 45458
(937) 312-0180

ChildTime Learning Center

Ages Served: 1 month 2 weeks to 12 years
6375 Clys Road, Centerville, OH 45459
(937) 312-1500

Goddard School of Centerville

Ages Served: 1 month 2 weeks to 12 years
10685 Dayton Lebanon Pike, Centerville, OH 45458
(937) 886-0800

Pediatricians and OB/GYNS

Pediatricians are medical practitioners that manage the health of children. OB (Obstetricians) are medical practitioners that manage women's health before, during and after giving birth. GYN (Gynecologists) manage the health of female's reproductive systems and breasts.

This collection of pediatricians and OB/GYN's is just a starting point for finding the right physician for your family's needs. Ask for recommendations from friends and colleagues you trust. Most insurance providers have a physician search tool on their website; two are listed below. You can search for physicians by specific criteria like specialty, location, languages spoken, and more. Through these search tools, you have access to practice and contact information of physicians.

CareFinders

1-866-608-3463
www.premierhealthpartners.org

Kettering Physician Network

(937) 558-3267
www.ketteringphysiciannetwork.org

Beavercreek/Fairborn

PriMed Beavercreek Pediatrics

2322 Lakeview Dr, Beavercreek, OH 45431
(937) 426-0106

Wright State Physicians Health Center

725 University Blvd., Fairborn, OH 45324
(937) 245-7000

Pediatrics Associates of Dayton

3140 Dayton Xenia Road, Beavercreek, OH 45432
(937) 320-1950

Beavercreek Family Medicine

111 Harbert Dr, Beavercreek, OH 45440
(937) 208-7575

The Women's Center does not endorse any particular service or resource.

Centerville

Contemporary Pediatrics

1516 Yankee Road Pl, Dayton, OH 45458
(937) 438-1115

Contemporary OB/GYN

7740 Washington Village Dr., Suite 100 Centerville, OH
(937) 433-4325

Internal Medicine and Pediatrics

6611 Clys Rd., Suite A, Centerville, OH 45429
(937) 208-7300

PriMed Centerville Pediatrics

6520 Acro Ct, Centerville, OH
(937)-291-6850

Pediatric Associates of Dayton

3140 Dayton-Xenia Rd, Suite C, Centerville, OH 45458
(937) 320-1950

Springboro Health Center

825 N. Main Street, Suite 220, Springboro, OH 45066
(937) 886-2705

Dayton

Advance OB/GYN Care of South Dayton

2591 Miamisburg Centerville Rd, Suite 201, Dayton, OH
(937) 439-5252

Five Rivers Health Center

Miami Valley Hospital, 1 Wyoming St., Dayton, OH 45409
Center for Women's Health (937) 208-2007
Family Health Center (937) 743-4141
Pediatrics (937) 208-2781

Ohio Pediatrics, Inc.

7200 Poe Avenue, Suite 201, Dayton, OH 45414
(937) 236-5396

PriMed Wright Dunbar

1152 W. Third St, Dayton, OH 45402
(937) 268-3483

Paragon Women's Care Inc.- OB/GYN

5335 Far Hills Ave., Suite 112, Dayton OH 45429
937-433-8212

Pediatric Associates of Dayton

9000 N. Main St., Suite 332, Englewood, OH 45414
(937) 832-7337

South Dayton Pediatrics, Inc

617 Shroyer Road, Dayton, OH 45419
(937) 296-1126

Victor J Cassano Sr. Health Center OB/GYN

165 S Edwin C Moses Blvd., Dayton, OH 45402
(937) 558-0200

Kettering

Far Hills OB/GYN Inc.

5701 Far Hills Avenue, Kettering, OH 45429
(937) 435-6222

Genesis Obstetrics & Gynecology

3075 Governors Place Blvd. Suite 210, Kettering, OH 45409
(937) 293-5200

Kettering Pediatric & Family Care

5250 Far Hills Ave, Suite 260, Dayton, OH 45429
(937) 293-4168

Ohio Pediatrics, Inc.

1775 Delco Park Drive, Kettering, OH 45420
(937) 299-2339

Pediatric Associates of Dayton

5450 Far Hills Ave., Suite 110, Kettering, OH 45429
(937) 436-2866

Obstetrics & Gynecology South

3533 Southern Blvd., Suite 4600, Kettering, OH 45429
(937) 296-0167

Hospitals & Urgent Care Centers

Hospitals provide medical and surgical treatment and nursing care for sick or injured people. Urgent Care Centers provide short-term medical care for problems such as flu, fever, earaches, nausea, rashes, animal and insect bites, minor bone fractures and cuts. **For life-threatening emergencies, report to a hospital emergency room.**

Dayton Children's Hospital

One Children's Plaza, Dayton, Ohio 45404
(937) 641-3000

Good Samaritan North Health Center

9000 North Main St., Dayton, Ohio 45415
(937) 734-6784

Good Samaritan Hospital

2222 Philadelphia Dr., Dayton, OH 45406
(937) 734-2612

Grandview Medical Center

405 W Grand Ave., Dayton, OH 45405
(937) 723-3200

Greene Memorial Hospital

1141 N Monroe Dr., Xenia, OH 45385
(937) 352-2000

Kettering Medical Center

3535 Southern Blvd Kettering, OH 45429
(937) 298-4331

Miami Valley Hospital

One Wyoming St. Dayton, OH 45409
(937) 208-8000

Miami Valley Hospital South

2400 Miami Valley Dr. Centerville, Ohio 45459
(937) 438-2400

Southview Medical Center

1997 Miamisburg-Centerville Rd., Centerville, OH 45459
(937) 401-6000

Urgent Care-Dayton Children's Hospital

3333 West Tech Rd., Miamisburg 45342
937-641-5725

Urgent Care-Kettering Hospital

3371 Kemp Rd., Beavercreek, OH 45431
(937) 458-4200

Urgent Care-Xenia

50 N Progress Dr. Xenia, OH 45385
(937) 352-2850

Local Health Departments

Health departments offer a variety of services to increase community awareness and support the health of men, women and children.

Public Health- Dayton & Montgomery County

117 S Main Street, Dayton, OH 45422
(937) 225-5700

Healthy Mommy-Healthy Baby

(937) 224-3696

Women, Infants, and Children (WIC) Supplemental Nutrition Program

1323 W. Third Street, Dayton, OH 45402
(937) 225-4491

1320 E 5th Street, Dayton, OH 45402
(937) 225-6166

Immunization Clinic

(937) 225-4550

Greene County Combined Health District

360 Wilson Drive, Xenia, OH 45385
(937) 374-5600 (Main Line)

Prenatal Clinic

(937) 374-5621

Women, Infants, and Children (WIC) Supplemental Nutrition Program

360 Wilson Drive, Xenia, OH 45385
(937) 374-5641

600 Pierce Drive, Fairborn, OH 45324
(937) 879-4093

Immunization Clinic

(937) 374-5600

Transportation

The Miami Valley has many options for transportation if you do not own a car. The public transportation in the Dayton area is reliable, safe, and cost-effective, but if you prefer the convenience of local taxi services, a few of the companies are listed below.

Public Transit

Greater Dayton RTA- Public Transportation
www.i-riderta.org
937-425-8300

Greene CATS- Public Transportation
www.co.greene.oh.us/DocumentCenter/View/542
1-877-227-2287

Taxi Services

All Miami Valley Transportation Services
(937) 401-8365

Clean Cab- Taxi & Airport Transportation
www.taxidayton.com
(937) 242-8779

Dayton Cab Companies
www.daytoncab.com

Liberty Cab (937) 222-2822
Dayton Checker Cab (937)-222-4011
Airport Yellow Cab (937)-222-2220

Child Car Safety Laws

Car seats are required by law in Ohio for children under 4 years old and under 40 pounds. Booster seats are required by law in Ohio for children 4-8 years old and under 4'9" tall. Children and teens 8-15 years old are required by law to wear adult seat belts. Below is a list of inspection stations that can help you better understand how to use your child's car seat.

AAA Miami Valley
825 South Ludlow Street, Dayton, OH 45401
(937) 224-2826

Beavercreek Police Department
1388 Research Park Dr., Beavercreek, OH 45432
(937) 426-1225

Beavercreek Township Fire Department
851 Orchard Lane, Beavercreek, OH 45432
(937) 426-1213

Centerville Police Department
155 W. Spring Valley Road, Centerville, OH 45458
(937) 433-7661

Children's Medical Center
One Children's Plaza, Dayton, OH 45404
(937) 641-3700

Goodwill Easter Seals Miami Valley
660 South Main Street, Dayton, OH 45402
(937) 461-4800

Kettering Fire Department
2329 Wilmington Pike, Kettering, OH 45420
(937) 296-2489

Washington Township Fire Department
8320 McEwen Road, Dayton, OH 45458
(937) 433-3083

Social Services

Help Me Grow

www.helpmegrow.ohio.gov

Help Me Grow is a program that provides health and developmental services for expectant parents, newborns, infants, and toddlers up to age three. Services are designed with the family's concerns and goals in mind so that children start school healthy and ready to learn.

Dayton & Montgomery County Public Health

117 S Main Street, Dayton, OH 45422
(937) 208-4769

Greene County Combined Health District

360 Wilson Drive, Xenia, OH 45385
(937) 562-5600

Ohio Department of Job and Family Services

www.jfs.ohio.gov

The Montgomery and Greene County Departments of Job and Family Services are comprehensive agencies that provide benefits and services to individuals and families in the areas of children services, child support, public assistance (including cash and food assistance), social services, and workforce development.

Greene County ODJFS

541 Ledbetter Rd. Xenia, Ohio 45385
(937) 562-6000

Montgomery County ODJFS

1111 S. Edwin C. Moses Blvd. Dayton, Ohio 45422
(937) 225-4148

Catholic Social Services

www.cssmv.org

Catholic Social Services provides services to individuals and families including pregnancy and parenting educational programs, food pantry, and counseling services, regardless of faith of their clients.

Miami Valley CSS

922 West Riverview Avenue, Dayton, OH 45402
(937) 223-7217

1046 Brown Street, Dayton, OH 45409
(937) 296-1007

Hannah's Treasure Chest

www.hannahstreasure.org

Hannah's Treasure Chest provides clothing, furniture, toys, books and other essential items for children under the age of 18.

Please visit the Women's Center on the 2nd floor of Alumni Hall or call (937) 229-5490 to take advantage this service.

United Way

www.dayton-unitedway.org

United Way provides resources for the community around education, promoting financial stability and independence, helping children reach their full potential, and community health and wellness.

United Way of the Greater Dayton Area

33 W. 1st Street, Suite 500, Dayton, OH 45402
(937) 225-3000