THE ART OF YOGA:
An Intersection of Writing and Body Movement
Tuesday, March 24
ArtStreet Studio C 5:30 - 6:30 p.m.

Join ArtStreet and the Women’s Center as we explore the interconnectedness between mind, body, and spirit through the intersection of yoga and poetry. This experience will be led by Sierra Leone of Oral Funk Poetry Productions and Jennifer Turpin, RYT. No previous yoga experience/writing expertise necessary, but bring a towel or yoga mat if you have one.

Presented by the Women’s Center and ArtStreet, with support from UD’s Faculty/Staff Wellness Program.

WOMEN’S COFFEE & TEA HOUR:
An Afternoon Break with Oral Funk Poetry Productions
Thursday, March 26
ArtStreet Creator Space (Studio E) 12 - 1 p.m.

International UD women students and American UD women are invited to share poetry and enjoy a spoken word performance by Sierra Leone of Oral Funk Poetry Productions and A Slate. Tea and light snacks will be provided, but all are welcome to bring coffee or tea to share.

Presented by the UD Women’s Center and Center for International Programs, with support from ArtStreet.

These events are presented in conjunction with Women’s History Month.